

RURAL TRANSPORTATION SERVICES

This work is supported by funding from the North Dakota State Council on Developmental Disabilities and by the National Association of Councils on Developmental Disabilities with assistance from the North Dakota Center for Persons with Disabilities at Minot State University.

Dated 2026



STEP 1: FIND OUT IF TRANSPORTATION SERVICES MAY BE AVAILABLE

- Find the transportation provider that serves your community.
- Are you 60 years old or older?
- Do you have a disability that makes it hard to use public transportation?
- Do you live in a rural area and need a ride?

If **yes** to any question, go to Step 2.

If **no** to all questions, transportation services may still be available. Go to Step 2.

STEP 2: FIND TRANSPORTATION SERVICES IN YOUR AREA

- If you live in Bismarck/Mandan, call West River Transit, 701-224-1876
- If you live in Grand Forks / East Grand Forks, call Cities Area Transit, 701-746-4636
- If you live in Fargo/West Fargo/Moorhead, call MATBUS, call 701-232-7500
- If you live in Minot, call 701-581-1049
- If you live in Southwest ND (Adams, Bowman, Hettinger, Slope), call SW Transportation Services, 701-523-3241 or 701-567-2476
- If you live in Lisbon or Western Morton County, call Aging in Community Project, 701-683-8346
- If you live a rural area not listed above, email dottransit@nd.gov

STEP 3: THINK ABOUT WHAT TYPE OF TRANSPORTATION YOU NEED

- Do you need door-to-door transportation?
- Do you need help scheduling rides?
- Do you need help paying for transportation?
- Do you need rides to medical appointments?
- Do you need rides for work, school, errands, or social activities?
- Are you interested in volunteer driver or rideshare programs?

Use your answers to identify the transportation services that best fit your needs. Then go to Step 4.

STEP 4: GET SERVICES & PLAN AHEAD

If you answered **yes** to any of the questions, transportation services may be available to help you get where you need to go. **Next Steps:**

- Contact the transportation provider in your area.
- Ask about available routes, ride scheduling, and service hours.
- Find out if door-to-door transportation is available.
- Ask about transportation for medical appointments, work, school, shopping, and community activities.
- Learn about programs that may help pay for transportation costs.
- Explore volunteer driver and rideshare options if they are available in your community.
- Make a transportation plan for your regular appointments, work, school, and other activities.