

MEDICAID WAIVER ELIGIBILITY

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STEP 1: SEE IF YOU MAY QUALIFY

- Are you age 65 or older? Or are you between ages 18 and 64 and have a physical disability?
- Do you need help with daily activities like bathing, dressing, eating, or moving around?
- Would you like to receive services at home or in your home community instead of in a facility?

If **yes** to all questions, go to Step 2.

If **no** to any question, go to Step 4.

STEP 2: FIND THE PROGRAM THAT BEST FITS YOUR NEEDS

- Do you need services because of aging or physical disability?
- Do you need services because of an intellectual or developmental disability (IDD)?

If **yes** to the first question, the Aged & Disabled (A&D) Waiver may be an option for you.

If **yes** to the second question, the IDD Waiver may be an option for you.

Go to Step 3.

STEP 3: LEARN ABOUT THE HELP YOU MAY BE ABLE TO GET

Waiver services may help with:

- Personal care and daily living activities
- Housekeeping and meal preparation
- Community activities and day services
- Finding and keeping a job
- Short breaks for family caregivers
- Changes that make your home safer and easier to use

After reviewing the services that may be available, go to Step 4.

STEP 4: GET SERVICES & PLAN AHEAD

If you answered **yes** to the questions that apply to you, you may qualify for Medicaid Waiver Services. **Next Steps:**

- Contact the Aging and Disability Resource Link (ADRL) to learn about your options.
- Find out which waiver program may be the best fit for your needs.
- Complete an application and any required assessments.
- Learn what services and supports are available in your community.
- Work with providers to create a plan that meets your needs and goals.
- Review your services regularly and make changes as your needs change.

RESOURCES

- Aging and Disability Resource Link of North Dakota (ADRL): <https://ndcarechoice.hhs.nd.gov/>
- Email CareChoice@nd.gov
- Learn more: www.hhs.nd.gov/medicaid-waivers