

TRANSITION PLANNING

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STEP 1: LEARN ABOUT WORK AND JOB SERVICES

- Is the student between ages 14 and 21?
- Does the student have a disability?
- Does the student want to work after high school?

If **yes** to all three questions, go to Step 2. The student may be able to get help from Vocational Rehabilitation (VR) services.

If **no** to any question, go to Step 3 and continue planning for life after high school.

STEP 2: CHECK THE STUDENT'S SCHOOL TRANSITION PLAN

- Does the IEP include goals for life after high school?
- Does the IEP include activities that help the student prepare for work, education, and adult life?
- Has the IEP team talked about what happens when the student turns 18?

If **yes** to all three questions, go to Step 3.

If **no** to any question, talk with the IEP team about updating the transition plan, then go to Step 3.

STEP 3: THINK ABOUT LIFE AFTER HIGH SCHOOL

- Does the student want to go to college, training, or another educational program?
- Does the student want a job after high school?
- Does the student want to live on their own?

After answering these questions, go to Step 4 to make a plan based on the student's goals.

STEP 4: MAKE A PLAN

- Is there a written plan for education, work, and living after high school?
- Have referrals been made to adult service providers, if needed?
- Is there a plan to check how the student is doing after graduation?

If **yes** to all questions, go to Step 5.

If **no** to any question, complete the missing planning activities, then go to Step 5.

STEP 5: GET SERVICES & PLAN AHEAD

If you answered **Yes** to all questions in the roadmap, the students plan for life after high school is complete and follows recommended practices. To continue planning for adulthood. **next steps:**

- Contact Vocational Rehabilitation (VR) to learn about available services.
- If planning to attend college or training, contact the school's.
- Complete any needed referrals and connect with adult service providers before graduation.
- Review and update plans as goals and needs change.

RESOURCES

- North Dakota Department of Public Instruction: www.nd.gov/dpi
- Pathfinder Family Center: www.pathfinder-nd.org
- North Dakota Vocational Rehab: 701-328-8950 | email dhsvr@nd.gov
- Launch My Life: www.launchmylifend.com