

Name: *John Q. Public, Maintenance Buildings and Grounds*

Reviewer: *WorkWell Therapist*

Date: *August 28, 2019*

Work Site Conditions	Never	Occasional 1-33% of time	Frequent 34-66% of time	Constant 67-100% of time
Environment				
<i>Temperature</i>				
a. Cold		X		
b. Hot			X	
c. Indoor			X	
d. Outdoor		X		
<i>Air</i>				
a. Fumes or airborne particles		X		
b. Odors		X		
b. Required to wear breathing protection		<i>dust mask</i>		
c. Wet, Humid conditions		X		
<i>Noise Level</i>				
a. Quiet		X		
b. Moderate Noise (office with copier, printers)		X		
c. Loud		X <i>power tool</i>		
<i>Lighting</i>				
a. Bright		X		
b. Average			X	
c. Dim		X		
d. Florescent		X		
e. Incandescent		<i>task light</i>		
<i>Working Space</i>				
a. Shared work space			X	
b. Working within 3 ft. of co-workers		X		
c. Organized and neat			X	
<i>Vibration</i>				
a. Operate Vehicle		<i>Golf cart</i>		

Work Site Conditions	Never	Occasional 1-33% of time	Frequent 34-66% of time	Constant 67-100% of time
b. Use of Hand, or Power Tools				X
c. Operate Machinery			X	
Physical Effort				
a. Time at a work task		X		
b. Sustained Positions			X	
c. Is the physical effort appropriate to the task – Too Light	X			
d. Is the physical effort appropriate to the task – Too Heavy		X		
Work Pace				
a. Relaxed		X		
b. Rapid		X		
Work Type				
a. Routine		X		
b. Varied			X	
c. Multi-Task		X		

Recommendations:

1. Trial relief, modification strategies

- a. Sight: portable task lighting e.g. when repairing production machines
- b. Touch/Tactile: don task specific gloves e.g. cut resistant when unable to see hands during work task
- c. Smell/Taste
- d. Hearing
- e. Proprioception/Pressure
- f. Vestibular: sit on a stool verses kneeling or crouching when performing a low level task; or press into stable object in work area to provide orientation input

2. Referral to Other Professionals

3. Comments

