



**NORTH DAKOTA
CLASS DESCRIPTION**

ND Human Resource Management Services
Phone: (701) 328-3290

Class Code(s): 3123

PHYSICAL THERAPIST

GRADE N

SCOPE OF WORK:

Work involves administering medically prescribed physical therapy treatment programs for individuals to restore function, relieve pain, and prevent disability following disease, injury, loss of body parts, or conditions related to neurologic damage.

DUTIES PERFORMED:

- Perform clinical tests, measurements, and evaluations such as range of motion and manual muscle tests, gait and functional analysis, and body measurements.
- Record and evaluate findings to aid in establishing or revising specifics of treatment programs.
- Plan and prepare written treatment programs based on the evaluation of available patient data.
- Administer manual therapeutic exercises to improve or maintain muscle function by applying precise amounts of manual force and guiding patient's body through selective patterns and degrees of movement.
- Instruct, motivate, and assist individuals in non-manual exercises and in functional activities such as ambulation, transfer, and daily living activities by using weights, pulleys, exercise machines, and assistive and supportive devices such as crutches, canes, and parallel bars.
- Administer treatments involving application of physical agents such as light, heat, water and electricity.
- Evaluate effects of treatment at various intensities and duration and adjust treatments to achieve maximum benefit.
- Administer massage and apply deep and superficial massage techniques.
- Record treatment, response, and progress of individuals.
- Instruct individuals and their families on physical therapy procedures to be continued at home.
- Instruct and direct work activities of physical therapy assistants and aides.

NOTE: The duties listed are not intended to be all-inclusive. Duties assigned any individual employee are at the discretion of the appointing authority.

MINIMUM QUALIFICATIONS:

Requires licensure as a Physical Therapist in the State of North Dakota.

Eff. Date: 10/74

Rev: 07/76 – Changed from two-level to three-level series

*Rev: 09/83 – Pay grade exception

Rev: 07/84 – Updated class description

Rev: 11/98 - Update and change to one level; reviewed pay grade exception

Rev: 06/03 – Change pay grade exception from Grade 15 to Grade 14

Rev: 08/08 – Review pay grade exception – no change

Rev: 07/12 – Conversion to Hay System; Removed Pay Grade Exception