



**NORTH DAKOTA  
CLASS DESCRIPTION**

ND Human Resource Management Services  
Phone: (701) 328-3290

Class Code(s): 3120

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**PHYSICAL THERAPY AIDE-DEVELOPMENTAL CENTER**

GRADE F

**SCOPE OF WORK:**

Work activities consist of performing a variety of physical therapy or related technical procedures not requiring a professional background or certification in physical therapy treatment. Work is performed at the direction of a licensed Physical Therapist.

**DUTIES PERFORMED:**

- Observe individuals' status and prepare them for programs by performance of correct transfer procedure, removal of adaptive equipment, and correct positioning for the activity; perform or facilitate activities to promote individual's optimal functioning body alignment and comfort.
- Document individuals' performance or status through data sheets, log, notes, etc; communicate results to the physical therapist.
- Observe basic problems or changes in individuals; take necessary precautions and report findings and/or actions to the physical therapist.
- Serve as liaison/representative between the physical therapy service area and assigned individuals and unit staff.
- Provide follow-up training on specific physical therapy related techniques to direct care staff after the physical therapist has provided general overview training.
- Observe and report, if necessary, responses to treatment techniques, the use of adaptive equipment, and status after medical interventions and treatments.
- Provide documentation of all scheduled sessions to physical therapist and physician.
- Motivate direct care staff to follow through on home programs for motor activities, adaptive equipment use, positioning schedules, etc.
- Promote assigned individuals access to consistent positioning, handling, skin care, and mobility techniques.
- Facilitate individuals' safety, function, and comfort when using adaptive equipment.
- Assist assigned individuals in post surgery/injury recovery, healing, and/or skill acquisition through the use of orthopedic/modality services designated and monitored by a physical therapist.
- Contribute to individuals' overall development by practicing an individual-centered multidisciplinary approach.
- Practice and promote safe techniques with individuals and others throughout work assignments.

**NOTE:** The duties listed are not intended to be all-inclusive. Duties assigned any individual employee are at the discretion of the appointing authority.

MINIMUM QUALIFICATIONS:

Requires a high school diploma or GED and two years of work experience providing care for persons with physical, mental, or developmental disabilities.

Eff. Date: 10/74

Rev: 12/82 – Revised minimum qualifications and duties

Rev: 05/83 – Included Grafton State School in title

Rev: 04/99 – Added working condition factor and updated to current format

Rev: 02/02 – Updated duties, minimum qualifications, factoring, and grade

Rev: 07/12 – Conversion to Hay System