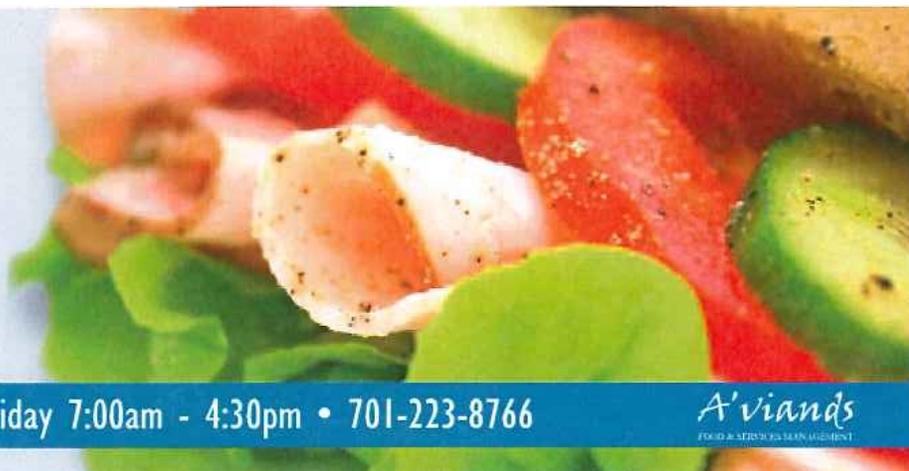
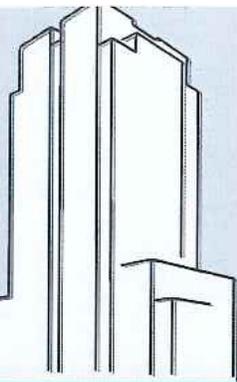


# Capitol Café



North Dakota State Capitol Cafe • Monday - Friday 7:00am - 4:30pm • 701-223-8766

*A'viands*  
FOOD & SERVICES MANAGEMENT

# Now Available!

## Fresh, Delicious & Healthy Box lunches for your next meeting and catering needs!

### **Mandarin Spinach Salad with 1/2 Turkey Wrap**

Baby spinach, mandarin orange slices, toasted almonds, slices of red onion with an Asian vinaigrette dressing. Served with a 1/2 a turkey wrap. Lite mayo and mustard served on the side.

### **Turkey Wrap with Baked Chips and Fresh Veggies**

Half a Turkey Wrap served with baked chips and fresh veggies. Lite mayo and mustard served on the side.

### **Grilled Chicken Salad**

Grilled chicken on romaine with fresh vegetables and your choice of dressing.. Served with wheat crackers.

### **Vegetarian California Veggie Wrap**

California Veggie Wrap filled with fresh lettuce, shredded carrots, avocado slices, red bell pepper, and shredded cheese. Served with raw veggies, humus and pretzel chips. Lite mayo and mustard served on the side.

### **Vegetarian Mandarin Orange Spinach Salad**

Baby spinach, mandarin orange slices, walnuts, slices of red onion with feta cheese and citrus dressing. Served with whole wheat crackers..

**Fresh fruit cups or melon slices - \$1.49**

**Pieces of fresh fruit - \$0.75**

**Fruited low-fat yogurt parfaits - \$1.99**

**Additional food and beverage items available**

**To Order Contact Anthony at 701-223-8766  
(Orders to be placed 1 week in advance!)**

**\$6.99  
each**



**Mandarin Orange Salad with  
1/2 Turkey Wrap**



**Grilled Chicken Salad**

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