

MAY 16-18

2022

Fargo, ND





GREETINGS FROM THE OFFICE OF THE GOVERNOR!

Welcome to the 2022 Midwest Summit for Women in Law Enforcement in Fargo, North Dakota. We are honored to host some of the finest law enforcement officers from North Dakota, Minnesota, Montana, South Dakota and Colorado.

At the State of North Dakota, we are united in a shared purpose to Empower People, Improve Lives and Inspire Success. We can only achieve this goal when our citizens enjoy safety in their homes and communities. Women in law enforcement in North Dakota and across the nation play a crucial role in ensuring public safety and protecting our citizens.

The high level of interest in this sold-out conference speaks to the increasingly important and significant impact of women in our law enforcement ranks. The North Dakota Highway Patrol recently signed a pledge to strive to increase the number of women troopers within its ranks, and our administration fully supports this goal.

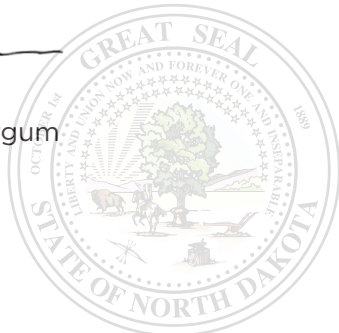
We're thankful to the many women officers - and all of law enforcement - serving on the front lines of our cities, towns and rural areas across the Midwest - keeping our citizens safe, bringing lawbreakers to justice, building relationships with community members and creating a safe environment for people to thrive. Please accept our deepest gratitude for your selfless devotion and unwavering courage.

On behalf of First Lady Kathryn and Lt. Gov. Sanford, thank you for allowing us to share our beautiful state with you. Best wishes for a successful conference, as you continue to build relationships, develop valuable skills and learn alongside your colleagues.

Regards,



Governor Doug Burgum



GOVERNOR DOUG BURGUM

took office as the 33rd governor of North Dakota on December 15, 2016. Doug brings a business leader's approach to diversifying the economy, creating 21st century jobs, and revitalizing our main streets.

Burgum led Great Plains as CEO through its initial public offering in 1997 and acquisition by Microsoft Corp. in 2001. He remained at Microsoft as senior vice president through

2007, helping the company stake a leading position in the global business applications software industry.

In 2009, then-Gov. John Hoeven awarded Burgum the Theodore Roosevelt Rough Rider Award, North Dakota's highest citizen honor. The award recognized Burgum for his business leadership and numerous philanthropic efforts, including the Doug Burgum Family Fund, which focuses its charitable giving on youth and education.

Burgum graduated with a bachelors degree in university studies from North Dakota State University in 1978. He earned a master's of business administration from the Stanford University Graduate School of Business in 1980.

He was elected governor on Nov 8, 2016, in his first run for political office. Burgum is married to Kathryn Helgaas Burgum and has two sons, Joe and Tom, and a daughter, Jesse.





COLONEL BRANDON SOLBERG

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began his career with the North Dakota Highway Patrol in 1999 as a trooper stationed in Grafton before transferring to Grand Forks. In 2005 he was promoted to a regional sergeant in Fargo. In 2007 he was promoted to the rank of lieutenant and served as the planning and property officer in Bismarck. In 2011 he was promoted to the rank of captain and served as the support services director. In 2014 he was promoted to the rank of major and served as the chief of staff. On July 1, 2018, he was appointed superintendent by Governor Doug Burtrum.

Solberg received an associates degree in law enforcement from Alexandria (MN) Technical College and a bachelor's degree in social science from the University of North Dakota. He is a 2006 graduate of Northwestern University's School of Police Staff and Command.

GREETINGS FROM COLONEL BRANDON SOLBERG

Welcome to the first Midwest Summit for Women in Law Enforcement! The North Dakota Highway Patrol is excited to host this gathering of law enforcement women and those who supervise and support them.

Law enforcement is one of the most noble and rewarding professions because officers face dangers that others avoid while protecting our citizens and preserving human life.

One key theme for this summit is Evolve. The law enforcement profession must continue to transform with a strong focus on diversity and inclusion to more closely represent the communities we serve.

We must enhance our recruitment efforts and appropriately train community members who possess the right knowledge, skills, and abilities to prepare them for a successful career as a peace officer.

For those of you who are honorably serving your communities, this summit will allow the opportunity to celebrate progress, listen to proven leaders, learn from each other, and grow your network of connections.

Thank you for your interest and participation in this summit. I hope it continues to expand in the future with attendees finding value in the content and a high return on their investment of time.

The North Dakota Highway Patrol is a proud partner and will do all that it can to continue supporting the law enforcement evolution.

Regards,

A handwritten signature in black ink that reads "B. Solberg". The signature is stylized and cursive.

Colonel Brandon Solberg
North Dakota Highway Patrol



WELCOME OUR SPEAKERS



**LT. GOVERNOR
BRENT SANFORD**

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KEYNOTE SPEAKER

Brent Sanford was elected North Dakota's 38th lieutenant governor on November 8, 2016, and took office on December 15, 2016.

A Watford City native and third-generation business owner, Sanford served as mayor of his hometown from 2010 to 2016 and as a city councilman for four years before that.

Under his leadership as mayor, Watford City experienced a period of rapid expansion that saw its population skyrocket from about 1,500 to 7,000 amid the state's oil boom. Major investments were made in community infrastructure, **including a new law enforcement center**, all while limiting property tax increases. Sanford earned a degree in accounting from the University of North Dakota in 1994 and is a certified public accountant. He worked at Eide Bailly in Fargo for eight years before being hired as chief financial officer for Transwest Trucks.

In November 2004, Sanford became owner and president of S & S Motors in Watford City, an auto dealership founded by his grandfather in 1946. He steered the stagnant former Ford dealership to 10 consecutive years of sales increases.

As lieutenant governor, Sanford serves as president of the state Senate, leads the North Dakota Trade Office and chairs the State Investment Board, the Capitol Grounds Planning Commission, the Clean Sustainable Energy Authority, the Higher Education Challenge Fund Commission, the Early Childhood Education Council, the Northern Plains Unmanned Systems Authority and the State Board of Equalization. Sanford also serves as an ex-officio member on the EmPower Commission.

Sanford and his wife, Sandi, have three children, Sydney, Nicolas and Erin.



BARBARA RUBEL

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Barbara Rubel is a leading authority and award-winning author on managing occupational burnout, secondary traumatic stress, compassion fatigue and vicarious trauma. As a nationally recognized keynote speaker, Barbara motivates audiences to build career resilience through the lens of traumatic grief-informed and vicarious trauma-informed care. Her programs help first responders, health-care leaders, and victim service providers in trauma-informed organizations, manage workplace chronic stressors. Barbara has presented to over 1,000 organizations since 1991, including corporations, state and national associations, and non-profits. As a Board-Certified Expert in Traumatic Stress and Diplomate with the American Academy of Experts in Traumatic Stress, she helps leaders retain employees who struggling with empathic distress and gives audiences practical wellness strategies.

Barbara received a Bachelor of Science in psychology and a Master of Arts degree in community health, with a concentration in thanatology, both from Brooklyn College. She is the author of, *But I Didn't Say Goodbye: Helping Families After a Suicide* (3ed). (2020), and the 30-hour CE course for Nurses, *Loss, Grief, and Bereavement: Helping Individuals Cope* (4ed). Barbara wrote the CE course, *COVID-19 Loss, Grief, and Bereavement* (2020), sold through Elite. Barbara co-authored the Department of Justice, Office for Victims of Crime Training Curriculum, *Compassion Fatigue*.

She is a contributing writer to several books. You have seen her work in *Newsweek*, *Family Circle*, *Health*, and *Shape* magazine, *FOX Business*, and *TODAY*. Barbara's story was featured in the Emmy award winning documentary, *Fatal Mistakes, Families Shattered by Suicide* narrated by Mariette Hartley. Her website: www.barbararubel.com



**OFFICER
ANN CARRIZALES**

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Officer Ann Marie Carrizales was born in San Clemente, California. Upon graduation, Carrizales enlisted in the United States Marine Corps as a Military Police Officer. She was assigned to various billets such as Patrol, Vehicle Registration, and the Criminal Investigation Division's (CID) Juvenile/Gang Enforcement Team (J.E.T.).

While enlisted, Officer Carrizales made Marine Corps history when she became the first woman to represent the Marine Corps in the sport of amateur boxing. In 1999, Carrizales became the U.S. Women's National Champion in her weight division and was ranked #1 in the country. She would once again become a part of history by being selected to compete on the first Women's U.S. International Boxing Team representing the United States in Turku, Finland. While there, she earned one of two silver medals for the U.S. and a #2 world ranking. In November 2000, she won her professional boxing debut before placing her career on hold to move back to Texas. She continued to serve her community as a Police Dispatcher with various police agencies before earning her Texas Peace Officer License and re-entering her law enforcement career.

In August of 2010, Officer Carrizales began employment with the Stafford (TX) Police Department. She played a vital role within her department serving as a Field Training Officer, R.A.D. (Rape Aggression Defense) Instructor and Police Instructor. Officer Carrizales also served on the East Fort Bend County Regional SWAT Team as a Crisis Negotiator. She was voted Officer of The Year two years in a row, an unprecedented achievement within the department.



STEPHANIE N. STIEL

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Stephanie N. Stiel serves as a District Court Judge for North Dakota's East Central Judicial District. Judge Stiel received her Juris Doctor, from the University of North Dakota School of Law in 2003. She then clerked for Justice Dale V. Sandstrom of the North Dakota Supreme Court. Her first child was born during her clerkship and was minutes away from being born at the courthouse. After serving clients in private practice for fifteen years, during which her three other children were born, she was appointed to the bench by Governor Doug Burgum in 2017.

Judge Stiel has maintained substantial involvement and leadership in several professional and community organizations throughout her career, including involvement in the Ronald N. Davies Inn of Court as a member and past president, the Cass County (ND) Bar Association as a member and past president, the Board of Governors of the North Dakota Association for Justice, the Bismarck (ND) chapter of Habitat for Humanity as a former board member and the Lake Agassiz Habitat for Humanity chapter in Moorhead, MN as a former member of the Resource Development Committee. She is the Co-founder, past-president and past board member of North Dakota Hands & Voices serving from 2011-2016.

Judge Stiel continues to be involved by participating in committee work and giving presentations. She is currently serving on the Executive Committee of the Judicial Conference, the Pattern Jury Instruction Commission and the Court Services Administration Committee.

WELCOME OUR SPEAKERS (CONTINUED)



MARIAH PRUSSIA
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Define the Fight founder Mariah Prussia is a professional boxer, self-defense expert, and Fargo's first sanctioned professional female MMA fighter. She is a certified IBNFC nutrition coach and an ACE certified personal trainer, and was named one of the PFP top 15 personal trainers in the U.S. for 2015. She is a single mother, and was named the 2020 North Dakota Mother of the Year.



The professional fighter's motivational speaking centers on her trademark brand, Define the Fight. As a survivor of domestic violence, Mariah emphasizes the importance of developing a Warrior Mindset. With Define the Fight, she shares her past experiences and encourages people to define the "what" and the "why" of the challenges they are facing, so they can define what they're fighting for, or fighting against.

Mariah also partners with the Fargo, North Dakota, Police Department youth programs, teaching self-defense and kickboxing classes, while providing positive mentorship within their "Badges of Unity" program. She was also recently hired as an OnDemand Fitness Trainer for a new equipment line through OxeFit, and could be in your home soon!

Born and raised in Hendrum, Minnesota, Mariah lives with her family in Fargo, North Dakota. She enjoys anything involving personal growth - writing, reading, physical challenges, listening to motivational speakers - and spending quality time with her kids.



**BRIGADIER GENERAL
JACKIE HUBER**
jackieahuber@nd.gov

Brigadier General Jackie Huber of Bismarck, ND has served in the North Dakota Army National Guard since enlisting in 1989. In 1990 she deployed in support of Operations Desert Shield and Desert Storm with the Mandan-based 191st Military Police Company. Huber earned her commission as a second lieutenant through the University of North Dakota's Reserve Officer Training Corps (ROTC) program in 1992. In 2003, she mobilized again overseas in support of Operation Iraqi Freedom, serving as the personnel officer for the 142nd Engineer Battalion. During Huber's traditional Army National Guard career, she has held many key positions including command of the 129th Mobile Public Affairs Detachment, the 164th Engineer Battalion and the 164th Regional Training Institute. She also served as the operations officer for the Joint Force Headquarters' Domestic Operations Section.



Brigadier General Huber holds a bachelor's degree in criminal justice from the University of North Dakota. She earned a master's degree in human resource management from the University of Mary and a master's degree in Strategic Studies from the U.S. Army War College. Brigadier General Jackie Huber is the deputy adjutant general for the North Dakota National Guard. She is the first female to hold this position in the North Dakota National Guard. Her service is further distinguished by a multitude of military awards and decorations, including the Legion of Merit and a Bronze Star Medal.



**JODI BJORNSON,
GENERAL COUNSEL, WSI**
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Jodi Bjornson is General Counsel with Workforce Safety and Insurance. Prior to accepting a position with WSI, she practiced law with a private law firm primarily specializing in insurance defense litigation. While in private practice, she represented WSI in the administrative appeal process.

She first served as Claims Litigation Counsel at WSI, where her main role was to oversee and manage WSI litigation. She was promoted to Vice President of Legal Services and ultimately to General Counsel. As General Counsel, she is a member of the WSI Executive Team and responsible for the Legal Department and the Special Investigations Unit.

Jodi received undergraduate degrees in Political Science and Business Administration from North Dakota State University, and a Juris Doctorate from the University of North Dakota.

She has served as an officer or committee member in national, state, and local trade and organizations, and currently carries the designation of Special Assistant Attorney General for the State of North Dakota. She has a special interest in leadership and provides leadership training at WSI and other government entities.



KERRI GORTMAKER
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BREAKOUT SESSION

Kerri Gortmaker has been in law enforcement for 11 years. Kerri recently left full-time law enforcement and is now the Account Development Representative for Galls, covering ND, SD, and MN. She is also the State Secretary of the ND Fraternal Order of Police, a part-time deputy for Cass County, a gym owner, a breast cancer fighter and survivor, and recently completed her master's degree. She is originally from Northeast ND and currently lives in Walcott, ND. She enjoys riding and collecting motorcycles, and taking care of her 2 mini-goats, 1 dog, and husband. Kerri is passionate not only about law enforcement, but women's uniform options and is constantly pushing for better options. She also works to understand why companies have so few women uniform options.



LT. DEREK ARNDT
djarndt@nd.gov

BREAKOUT SESSION

Derek Arndt was born and raised near LaMoure, North Dakota. Derek now lives with his family in Bismarck, North Dakota where he is a Lieutenant with the North Dakota Highway Patrol. He joined the ND Highway Patrol in 2007, after receiving a Bachelor of Science degree in Criminal Justice from North Dakota State University in 2006. Derek has served in a variety of roles to include traffic trooper, regional sergeant, field training sergeant, criminal interdiction sergeant, and regional commander. In addition to over 15 years of experience, he is an instructor in several areas of law enforcement tactics to include defensive tactics, firearms, taser, OC, baton, reality-based training, active threat, and more. Derek also created and formalized the Use of Force Program for the ND Highway Patrol. He spent several years of his career instructing a multitude of trainings at the Law Enforcement Training Academy and preparing individuals to serve as North Dakota Highway Patrol Troopers.



WELCOME OUR SPEAKERS (CONTINUED)



STACEY SCHAFFER

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BREAKOUT SESSION

Stacy Schaffer is the Founder and Executive Director of 31:8 Project. She has based her work in advocacy on the ideal that no one person can do everything, but everyone can do something. Stacy is the coordinator for the Demand Reduction Program and an adjunct professor at the University of Mary in Bismarck, ND. She currently serves as the Rotary District 5580 Human Trafficking Committee Chair, member of the Farwest Rotary Club, and board member of the North Dakota Association of Nonprofit Organizations. She's a regular contributor to organizations such as the ND Human Trafficking Task Force and Tipi Wakan Ministries. Stacy graduated with a master's degree in Public Administration from Hamline University in St. Paul, MN. Prior, she received her bachelor's degree in Social Behavioral Sciences from the University of Mary. Stacy often credits her motivation, work ethic, and determination from growing up on a farm near the town of Wishek, ND.



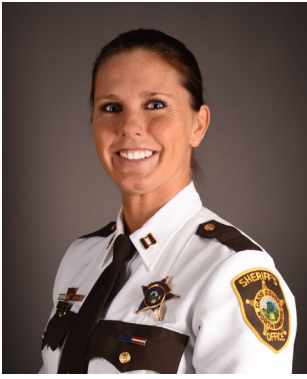
**CASS COUNTY SHERIFF
JESSE F. JAHNER**

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PANEL DISCUSSION

Jesse began his employment with the Cass County Sheriff's Office in May of 1998 as a Correctional Officer. During his time at the Cass County Sheriff's Office, he has worked as a Patrol Deputy, Narcotics Detective assigned to the Narcotics Drug Task Force, Sergeant overseeing Patrol and Investigations, Department Training Sergeant, and has supervised the Metro Area Street Crimes Unit. In 2008 and 2009 Jesse worked for the Sturgis Police Department during the Sturgis Motorcycle Rally. Jesse was promoted to Captain in August 2016 and supervised the Field Services Division, which included patrol, emergency preparedness, school resource program, street crimes, fugitive recovery, public information officer, department training, and special operations. Jesse also served with the Red River Valley SWAT Team for 17 years as an operator, team leader, and assistant commander. Jesse is both a State and National Certified Police Instructor and has provided over 2200 hours of Peace Officer Standards and Training Board (POST) hours to officers in the states of North Dakota, Minnesota, and South Dakota. In addition, he has received over 3000 hours of specialized training. In 2017 Jesse was appointed to the North Dakota Peace Officer Standards and Training Board and serves as a board member overseeing Peace Officer Standards and Training for the State of North Dakota. In 2020 Jesse was selected to serve on the crime victim services board and acts as vice-chair for the Dakota Territories Sheriff's Association. In January 2019, Jesse was elected to the Office of Cass County Sheriff.





CAPTAIN KATIE FULLER
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PANEL DISCUSSION

Captain Katie Fuller is a graduate of Minnesota State University Moorhead where she earned her bachelor’s degree in Criminal Justice in 2006. Captain Fuller started her law enforcement career with the Cass County Sheriff’s Office as a part-time Juvenile Detention Deputy in 2007 and later began working at the Cass County Jail as a full-time Correctional Officer in 2009. Captain Fuller was selected as Deputy of the Year by her peers in 2010, which provided her the opportunity to attend the North Dakota Police Officer Basic Training in September of 2011. She graduated as the valedictorian of her class and became a Licensed Law Enforcement Officer in November 2011. In 2012, Captain Fuller was promoted to the rank of Jail Corporal and in 2013, was promoted to the rank of Jail Sergeant, overseeing booking operations. In 2015, Captain Fuller was reassigned to the Cass County District Courthouse as the Court Transport/ Services Sergeant. In 2016, Captain Fuller was promoted to Lieutenant and returned to the Jail as the Assistant Jail Administrator. In May of 2019, Captain Fuller graduated from the Command Staff and Leadership course through the National Command and Staff College, earning the President’s Award and Top Research Award. In June 2021, Captain Fuller returned to the courthouse as the Division Commander of the Court Transport/ Services and Civil/Warrants Divisions. In February 2022, Captain Fuller was promoted to Captain where she continues to serve as the Division Commander at the Courthouse.



LAIKEN AUNE
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PANEL DISCUSSION

Laiken Aune, program director for the North Dakota Women’s Business Center, is a servant leader, a community builder, and an advocate for women-owned small businesses. She has a passion for progress and enjoys challenging people to grow and develop their business ideas and leadership skills through each of her professional and volunteer roles. She specializes in leadership development, event production, and marketing and fosters a strong dedication to helping others maximize their success. Laiken’s heart beats for service, and she is proud to represent the rodeo community as Vice President on the Mandan Rodeo Days Board of Directors. Laiken resides in Bismarck and enjoys time with her horses and geriatric Golden Retriever, Jake.



Dr. Ciciley Littlewolf is from Northern Cheyenne Indian Reservation, a small reservation in southeastern Montana. She proudly serves in the North Dakota Army National Guard and has always had a desire for community service. She has always maintained her love for medicine, first joining the ARNG as a medic and later she graduated from The University of North Dakota (UND) School of Medicine and Health Sciences in 2019. She is currently completing Internal Medicine (IM) Residency with the UND. Dr. Littlewolf is the first Native American Medical Doctor to serve in the North Dakota Army National Guard



**CAPTAIN
CICILEY LITTLEWOLF**

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PANEL DISCUSSION

Her successes include being a co-founder of the Health Equity Committee at UND IM Residency. The aim of the committee is to educate physicians who work within diverse communities and provide a curriculum that explores intersectionalities that exist with the FM community and identify ways in which we can foster healthcare equity. She plans to stay in North Dakota to work as a Hospitalist at Sanford Hospital in Fargo.

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SOUND ENGAGEMENT



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EVOLVE: MIDWEST SUMMIT FOR WOMEN IN LAW ENFORCEMENT

MONDAY, MAY 16

4:30pm-6:30pm: Registration

6:30pm: Social & Networking-hotel lobby, sponsored by BRITE.

TUESDAY, MAY 17

7:00am-8:00am: Breakfast and Registration

8:00am-8:30am: **NDHP Honor Guard; Colonel Brandon Solberg:** Welcome

8:30am-10:30am: **Barbara Rubel, Griefwork Center Founder and Author:**
Managing Burnout and Vicarious Trauma

10:30am-11:00am: **Snack Break - Exhibitors**

11:00am-12:00noon: **Judge Stephannie Stiel:** Work/Life Integration in Criminal Justice

11:00am-12:00noon: *Leadership Only Session: **Barbara Rubel, Griefwork Center Founder and Author:** Police Retention, Turnover, and What To Do About It

12:00noon-1:00pm: **Lunch - Exhibitors**

1:00pm-2:30pm: Panel Discussion: **Captain Ciciley Littlewolf-ND National Guard; Sheriff Jesse Jahner-Cass County SO; Captain Katie Fuller-Cass County SO; and Laiken Aune-CTB**

2:30pm-3:00pm: **Snack Break - Exhibitors**

3:00pm-5:00pm: **Mariah Prussia:** Physical and Mental Preparation for Success

5:30pm-7:00pm: Dinner and keynote address: **Lt. Governor Brent Sanford**

7:00pm: Social & Networking-hotel lobby, sponsored by BRITE

WEDNESDAY, MAY 18

7:15am-8:00am: **Breakfast**

8:00am-10:00am: **Officer Ann Carrizales:** Fight after the Fight (Part 1)

10:00am-10:15am: **Snack Break - Exhibitors**

10:15am-12:15pm: **Officer Ann Carrizales:** Fight after the Fight (Part 2)

12:15pm-1:00pm: **Lunch - Exhibitors**

1:00pm: **Group Photo**

1:15pm-2:00pm: **Brigadier General Jackie Huber:** Leading and Promoting in a Male Dominated Profession

2:00pm-3:00pm: **Breakout Session *attendee's choice**

***Kerri Gortmaker,** Galls: Equipment Considerations for Women

***Lt. Derek Arndt,** NDHP: Training Considerations for Small Statured Officers

***Stacy Schaffer,** 31:8 Project: Human & Labor Trafficking on Patrol

3:00pm-3:15pm: **Snack Break**

3:15pm-4:15pm: **Jodi Bjornson,** WSI General Counsel: Send-off Address

4:15pm-4:30pm: **Announcements/Closing**

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