

# Partners

North Dakota Growers

North Dakota Department of Agriculture

Lutheran Social Services  
Great Plains Food Bank

North Dakota State University  
Extension Service

North Dakota Farmers Market  
and Growers Association

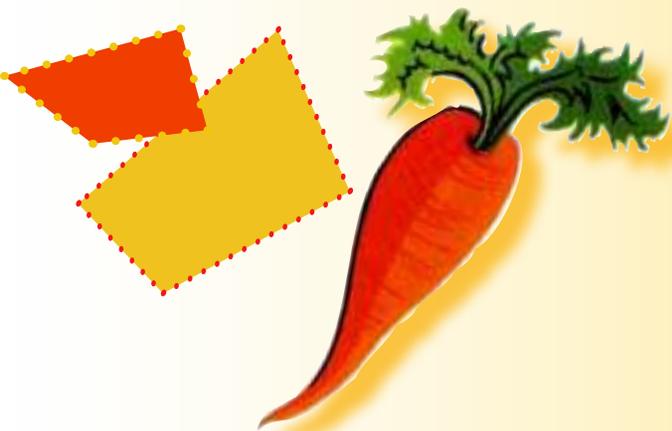
Dakota College at Bottineau  
Entrepreneurial Center for Horticulture

Creating a Hunger Free ND Coalition

Healthy North Dakota

Northern Plains Sustainable Ag Society

Pride of Dakota Companies



One in 11 people  
in North Dakota  
are served by  
charitable  
feeding programs  
such as food pantries,  
soup kitchens and  
shelters.

**Help Grow a  
Hunger Free North Dakota!**



**The  
Hunger Free  
North Dakota  
Garden  
Project**



# Hunger Free North Dakota Garden Goals

The North Dakota Department of Agriculture is committed to address the hunger issue in our state through the local foods initiative. We are encouraging farmers and gardeners to plant an extra acre or plot this summer and donate their fresh fruits and vegetables to food pantries or other charitable community programs. Everyone in the state, as an individual or a community, is invited to become a part of the Hunger Free North Dakota Garden project and help your neighbors in need.

This project will accomplish the following goals:

1. **Grow** and distribute a minimum of 500,000 pounds of fresh produce to North Dakota's 244 food pantries, shelters and charitable organizations.
2. **Build** a distribution system to supply North Dakota with fresh and healthy produce.
3. **Recognize** the quantities of fruits and vegetables grown in the state.
4. Improve local diets through **donation** and **education** of local foods.
5. Connect local produce to communities through **farmers** and **gardeners**.

**FOR MORE INFORMATION CONTACT:**  
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**Agriculture Commissioner Doug Goehring**



## Project Information

Hunger Free ND Garden Project

MAY - NOVEMBER

- Individual farmers, gardeners and community groups are invited to participate.
- **IF YOU DON'T FARM OR GARDEN?** Don't worry, you can help with raising funds, community gardening or volunteering to help the food pantry. Ask your local organization how you can get involved.
- Growers are encouraged to dedicate produce from a portion of a field, a home garden, a community garden or a school garden to be solely donated to the local food pantry, church, shelter or organization.
- Farmers and gardeners are encouraged to utilize their gardens, acres, plots, talents and community contacts to provide donations during the harvest season.
- Each active pantry, shelter or organization will receive a sheet to "weigh-in" produce as it is delivered. The donations will be officially recorded when the produce is dropped off.
- For large donations, make contact with the Department of Agriculture, the Great Plains Food Bank or the local pantry or organization to make arrangements for delivery.
- All edible crops are eligible - such as onions, lettuce, radishes, carrots, herbs, potatoes, tomatoes, sweet corn, peas, greens, beans, cucumbers, squash, pumpkins and apples.
- Donation drop sites, hours and needs will vary across the state. Please contact the food pantry or charitable organizations in your community or e-mail pritschet@nd.gov for assistance locating a donation site.
- **For more information or if you have ideas or suggestions for this project, contact the North Dakota Department of Agriculture.**

**GOAL: 500,000 pounds donated!**