

Partners

North Dakota Growers

North Dakota Department of Agriculture

Lutheran Social Services
Great Plains Food Bank

North Dakota State University
Extension Service

North Dakota Farmers Market
and Growers Association

Dakota College at Bottineau
Entrepreneurial Center for Horticulture

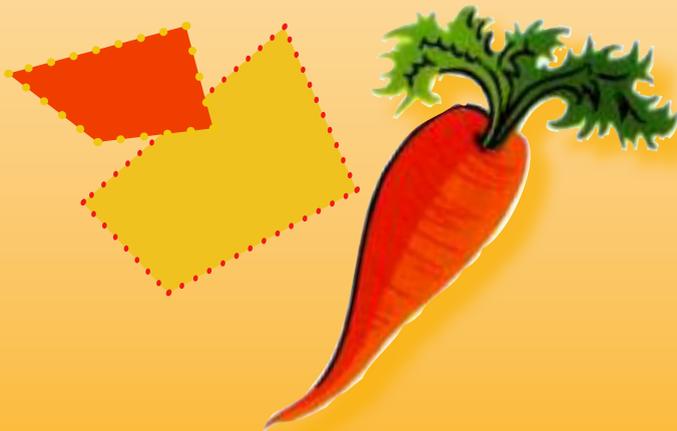
Creating a Hunger Free ND Coalition

Healthy North Dakota

Northern Plains Sustainable Ag Society

Pride of Dakota Companies

North Dakota FFA Foundation



One in 11 people
in North Dakota
are served by
charitable
feeding programs
such as food pantries,
soup kitchens and
shelters.

**Help Grow a
Hunger Free North Dakota!**



The Hunger Free North Dakota Garden Project



Hunger Free North Dakota Garden Goals

The North Dakota Department of Agriculture is committed to curbing hunger in our state through the local foods initiative. We encourage farmers and gardeners to plant an extra acre or plot this summer and donate their fresh fruits and vegetables to food pantries or other charitable community programs. Everyone in the state, as an individual or a community, is invited to be part of the Hunger Free North Dakota Garden project and to help your neighbors in need.

This project will accomplish the following goals:

1. **Grow** and distribute a minimum of 500,000 pounds of fresh produce to North Dakota's 244 food pantries, shelters and charitable organizations.
2. **Build** a distribution system to supply North Dakota with fresh and healthy produce.
3. **Recognize** the quantities of fruits and vegetables grown in the state.
4. Improve local diets through **donation** and **education** of local foods.
5. Connect local produce to communities through **farmers** and **gardeners**.

FOR MORE INFORMATION CONTACT:
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North Dakota Department of Agriculture
Doug Goehring, Commissioner



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Project Information

Hunger Free ND Garden Project

MAY - NOVEMBER

- Individual farmers, gardeners and community groups are invited to participate by using their fields, gardens, plots, talents and community contacts to provide donations during the harvest season.
- Growers are encouraged to dedicate produce from a portion of a field, a home garden, a community garden or a school garden to be solely donated to the local food pantry, church, shelter or organization.
- If you are not a farmer or gardener, we still need your help. Volunteers are needed to help with fundraising, harvesting or working at a food pantry. Ask your local organization how you can get involved.
- Each active pantry, shelter or organization will receive a sheet to "weigh-in" produce as it is delivered.
- For large donations, make contact with the Department of Agriculture, the Great Plains Food Bank or the local pantry or organization to make arrangements for delivery.
- All edible such as onions, lettuce, radishes, carrots, herbs, potatoes, tomatoes, sweet corn, peas, greens, beans, cucumbers, squash, pumpkins and apples - are eligible.
- Donation drop sites, hours and needs will vary. Please contact the food pantry or charitable organizations in your community or e-mail jgood@nd.gov for assistance locating a donation site.
- For more information or if you have ideas or suggestions for this project, contact the North Dakota Department of Agriculture.

GOAL: **500,000** pounds donated!

