



INFORMED CONSENT FOR PSYCHOTROPIC MEDICATIONS

NORTH DAKOTA DEPARTMENT OF HUMAN SERVICES

STATE HOSPITAL

SFN 62155 (04-2022)

Client Name	Client Date of Birth	Client Medical Record Number
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At the North Dakota State Hospital, all psychotropic medications that we prescribe clients are discussed with the client and/or the client's legal guardian to ensure the client and/or the client's legal guardian have appropriate knowledge of the recommended medications, including the risks, benefits and alternatives. By signing this document, you consent to the use of the written medications in the treatment of the above named client.

Below is a list of important side effects to understand regarding psychotropic medications. This is not a comprehensive list of all side effects.

Antipsychotic Medication(s)

Potential side effects include increased blood sugar, diabetes, weight gain, increased cholesterol and gynecomastia (swelling of breast tissue).

Potential side effects also include dystonia (involuntary muscle contraction), akathisia (restlessness), parkinsonism and Tardive dyskinesia (TD). TD is involuntary tic-like movements which may persist even after treatment is stopped.

A rare but life-threatening side effect is neuroleptic malignant syndrome (NMS). Symptoms include confusion, fever and muscle rigidity.

There is a black box warning for increased risk of mortality in elderly patients with major neurocognitive disorder.

Clozapine can cause agranulocytosis (a rare life-threatening decrease in cells that fight infection). Therefore, use of this medication requires frequent blood monitoring.

Mood Stabilizer Medication(s)

Some (particularly valproic acid, lithium and carbamazepine/oxcarbazepine) can cause birth defects if taken while pregnant.

Lamotrigine and carbamazepine/oxcarbazepine have the rare side effect of a potentially life-threatening rash called Stevens-Johnson Syndrome.

Valproic acid can affect liver function and cause a decrease in platelets (blood clotting factors). Carbamazepine/oxcarbazepine can cause hyponatremia (low sodium) and agranulocytosis (a rare life-threatening decrease in cells that fight infection). Lithium can affect kidney function and thyroid function. Therefore, it is important to monitor for these side effects as recommended by your provider.

Antidepressant Medication(s)

Rare potential side effects include increased suicidal thoughts, mania and increased risk of seizure.

In high doses, a dangerous side effect is serotonin syndrome. Symptoms include fever, confusion, tremors and increased reflexes.

There is a black box warning for increased risk of suicidal thoughts and behaviors in individuals 24 years old and younger.

Benzodiazepine Medication(s)

Potential side effects include increased risk of falls, problems with coordination and memory problems. Addiction and dependence are possible. Do not consume with alcohol or drive while drowsy. Must work closely with prescriber while using in conjunction with opioids due to risk of overdose.

Other Medication(s)

Client or Guardian Signature	Date	Provider Signature	Date
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