

ND Early Childhood Outcomes Process

Age Expectation Developmental Milestones

Quick Reference

<p>Outcome 1: Social Emotional Skills Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Fixating on the human face and tracking or following movements • Being comforted and appearing to enjoy touch and being held by a familiar adult. • Smiling spontaneously to human contact, smiling in play, and smiling at self in mirror. • Vocalizing in response to vocalizations and speech produced by an adult 	<p>Outcome 2: Acquiring Skills and Knowledge Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Trying to cause things to happen such as kicking a mobile and smiling. • Developing more precise imitation skills of facial movements and speech sounds. • Securing an object that is partially hidden with a cloth. • Demonstrating exploratory behaviors with objects • Pitch and intonation vary 	<p>Outcome 3: Taking Appropriate Action to Meet Needs Children demonstrate age appropriate functioning by.....</p> <p>Birth - 6 Months</p> <ul style="list-style-type: none"> • Beginning to reach for objects. • Bringing hands together at midline. • Walking reflex; when held upright with feet resting on flat surface, lifts feet alternately in walking-like motion • Holding small objects or toys
<p>7 - 12 Months</p> <ul style="list-style-type: none"> • Imitating familiar words in turn-taking • Exhibiting anxious behavior around unfamiliar adults • Repeating a behavior (shows off) to maintain adult attention • Briefly stopping behavior when told “no” 	<p>7 - 12 Months</p> <ul style="list-style-type: none"> • Transferring objects from one hand to another • Demonstrating a refined neat-pincer grasp with thumb opposition • Demonstrating emerging problem solving skills • Maintaining attention to speaker • Imitating consonant and vowel combinations • Vocalizing with intent • Identifying two body parts on self 	<p>7 - 12 Months</p> <ul style="list-style-type: none"> • Pulling self up to standing posture next to furniture • Drinking from a cup. • Beginning to feed self finger food • Beginning to grab for spoon when being fed. • Pointing with index finger • Pulling off own socks • Beginning to cooperate when being dressed
<p>13 - 24 Months</p> <ul style="list-style-type: none"> • Demonstrating more complex exploration and play skills with toys and objects • Initiating familiar turn-taking routines • Discriminating between familiar and unfamiliar people • “Checking in” with familiar adults while playing • Gaining enjoyment from peer play and joint exploration 	<p>13 - 24 Months</p> <ul style="list-style-type: none"> • Looking at, pointing and naming pictures in book • Using 2-3 word phrases • Following a 2 or 3 step direction • Referring to self by name • Using sentence-like intonations • Stacking 5 or 6 blocks 	<p>13 - 24 Months</p> <ul style="list-style-type: none"> • Beginning to explore the environment independently • Demonstrating more advanced movement and motor skills such as running and climbing • Picking up small items (food or toys) with ends of thumb and index finger (neat pincer grasp) • Trying to wash own hands and face

<p>25 - 30 Months</p> <ul style="list-style-type: none"> • Having difficulty sharing with peers • Obeying adult request approximately half of the time • Continuing to try difficult tasks for brief periods of time • Seeking and accepting assistance when encountering difficulty • Wanting to do favorite activities over and over • Separating from parent in familiar surroundings without crying 	<p>25 30 Months</p> <ul style="list-style-type: none"> • Understanding approximately 500 words and says 200 words • Speaking in 2-3 word sentences, jargon and echolalia almost gone • Answering and asking simple “who,” “what,” and “where,” questions • Naming at least one color • Matching simple shapes such as circle, square and triangle • Understanding size differences (big, little) 	<p>25 - 30 Months</p> <ul style="list-style-type: none"> • Independently eating with spoon • Taking off own shoes, socks, and some pants • Imitating circular, vertical and horizontal strokes • Walking up steps, alternating feet in adult fashion while holding rail or hand • Snipping paper with scissors • Catching ball (by trapping against body) when playing with adult or peer
<p>31-36 Months</p> <ul style="list-style-type: none"> • Associative play predominates • Separating easily from parent in familiar environment • Throwing tantrums when thwarted or unable to express urgent needs • Following simple rules • Taking turns in games • Listening and participating in group activities with adult supervision • Pretending and using imagination during play • 	<p>31-36 Months</p> <ul style="list-style-type: none"> • Giving first and last name when asked • Using 4-6 word phrases or sentences • Beginning to use contractions • Using past tense • Drawing a face from a model • Matching three colors • Matching objects by color, shape and size • Stating whether they are a boy or girl 	<p>31 - 36 Months</p> <ul style="list-style-type: none"> • Using a fork to spear bite size chunks of food • Hopping in one place on one foot 3 times • Verbalizing toileting needs fairly consistently • Washing and drying hands, brushing teeth • Copying a circle • Unbuttoning buttons
<p>37 - 48 Months</p> <ul style="list-style-type: none"> • Responding to and making a verbal greeting • Beginning to show cooperative play without adult supervision • Demonstrating fears (mechanical toys, vacuum cleaner, thunder, dark) • Wanting to be “big girl,” “big boy,” and acquire new skills • Accepting suggestions and follows simple directions • Accepting the consequences of one’s own actions • Following routines independently and completes familiar routines • Showing persistence when completing difficult tasks 	<p>37 - 48 Months</p> <ul style="list-style-type: none"> • Drawing a person with head and 1-3 additional features • Following 3 step commands in a complex sentence • Listening attentively to short stories; enjoying familiar stories told without any changes in words • Responding to questions with appropriate answers • Speaking clearly enough so that 75-80 percent of speech is understandable to an unfamiliar listener • Names four colors • Telling own age and gender • Matching objects that have the same function • Understanding the concept of the number 3 	<p>37 - 48 Months</p> <ul style="list-style-type: none"> • Using the toilet with some help • Performing more refined tasks (buttoning, zipping, attempts at tying shoes) • Walking upstairs and downstairs alternating feet without holding on to rail or hand • Feeding self with fork, spoon and buttering bread with knife • Putting on boots and mittens • Wiping nose, unassisted • Brushing teeth independently • Using vertical, horizontal, and circular motions when drawing • Copying drawing a cross

<p>49 - 60 Months</p> <ul style="list-style-type: none"> • Recognizing other’s needs and giving assistance • Preferring to play with other children to playing alone, except when involved in a project • Engaging in cooperative play • Attending during large group for 10 minutes • Waiting in turn for adult attention • Having a best friend of the same gender 	<p>49 - 60 Months</p> <ul style="list-style-type: none"> • Drawing a person with at least five parts • Matching sounds in familiar songs • Clapping syllables in name • Articulating the difference between beginning and ending sounds • Substituting sounds in words • Identifying letters in first and last name • Using print in imaginary play • Copying symbols and letters of first name • Giving 3, 5, 7 objects upon request • Rote counting to 10 • Recognizing symbols 1-10 • Counting objects to five • Telling age, middle name, last name, parent’s name, address/town, telephone number, birthday, days of week • Naming 6-8 colors 	<p>49 - 60 Months</p> <ul style="list-style-type: none"> • Wiping nose independently • Demonstrating hand dominance • Holding a pencil with 3 finger grasp • Zipping zippers • Lacing shoes • Dressing and undressing independently, including front fasteners, requiring assistance with ties and back fasteners • Cutting a circle with scissors
<p>61-72 Months</p> <ul style="list-style-type: none"> • Recognizing that there are “good” and “bad” touches • Responding verbally and positively to good fortunes of others • Demonstrating tenderness and protectiveness toward younger children and pets • Working alone at chore for 20 to 30 minutes • Predicting classroom routines and guiding other children in routines • Expressing anger with non-aggressive words rather than with physical actions • Comforting friends in distress 	<p>61-72 Months</p> <ul style="list-style-type: none"> • Telling similarities and differences • Predicting what will happen next • Pointing out common words in stories • Discriminating and articulating middle sounds in words • Identifying beginning sound of name and finding another word with same sound • Identifying most letter sounds • Recognizing and naming most letters • Printing name independently • Matching numbers with objects • Pointing to and naming hip, waist, toenails, chest, eyebrows, jaw, stomach, fingernails, back, wrist, cheek • Telling own city, state, months of year, current year • Drawing a person with 6 parts 	<p>61-72 Months</p> <ul style="list-style-type: none"> • Obeying traffic lights and signs • Covering mouth and nose when coughing and sneezing • Understanding that it is unsafe to accept rides, food, or money from strangers • Cutting soft food with knife • Making simple breakfast and lunch • Bathing without assistance • Selects clothing appropriate for temperature and occasion • Making own bed when asked • Being responsible for one household chore • Skipping on alternating feet, maintaining balance • Running smoothly with changes in speed

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