



# FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Chicken Nuggets with ISP

CODE NUMBER: 612100 Case Wt: 30# Donated Food/Case: 20.27# Standard Yield: 148%

SERVING SIZE: 3.04 oz Servings/Case 158 Contribution: 2 M/MA Serving 1 Grain Serving\*  
5 - .608oz nuggets = 1 - 3.04 oz Serving \*Calculation for grains based on 16 grams creditable per ounce.

UPC Code: 100 77013-12100-0 Gr. Wt. 31.87 Case Cube: 1.48 Case Dim: 17.1L x13.1W x11.44H Pallet: 8T x 7H Cases/Pallet:56 Shelf Life 365 days

## BID DESCRIPTIONS

Whole grain fully cooked CN labeled chicken nuggets produced from USDA natural proportion white and dark meat commodity Chilled Chicken with Isolated Soy Protein. No other types of TVP permitted. Nuggets to be batter breaded with a crunchy textured whole grain modified crumb style breading system for optimum oven performance and extended holding times. 5 - .608 oz CN nuggets to provide 2 oz. of meat/meat alternative and one grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats and have allergens identified on label.

## NUTRIENT INFORMATION -

### Basic Components

Calories (kcal)	184	Carbohydrates (g)	12
Fat (g)	8	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	35	Whole Grain (g)	8

### Vitamins

Vitamin A-IU (IU)	153
Vitamin C (mg)	95

### Minerals

Sodium (mg)	400
Calcium (mg)	31
Iron (mg)	2

Jack Crawford - Director of School Foodservice

6/30/2016

Date

Primary Production Plant Waco, TX CN #093000



Fully Cooked

# 612100

## Whole Grain Breaded Chicken Nuggets

Nugget Shaped Chicken Patties

**Ingredients:** Chicken, Water, Isolated Soy Protein, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono and Diglycerides, Soybean Oil, Extractives of Paprika. **Battered With:** Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean Oil (As a Processing Aid), Garlic Powder, Xanthan Gum, Extractives of Paprika, Breading Set In Vegetable Oil.  
**CONTAINS: MILK, SOY, WHEAT**

Five 0.608 oz Fully Cooked Whole Grain Breaded Chicken Nuggets, Nugget Shaped Chicken Patties provides 2.00 oz equivalent meat/meat alternative and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Services, USDA 06/15.)

"Copy not for documenting Federal Meal Requirements"

Distributed By: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com  
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**HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 8 to 10 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.



(01)1 00 75632 12100 0