



NORTH DAKOTA DEPARTMENT OF
PUBLIC INSTRUCTION

Child Nutrition & Food Distribution Programs



2014

ANNUAL
REPORT

www.dpi.state.nd.us/child

CNFD Mission Statement

To promote relationships and enhance partnerships that provide quality nutrition education and nutrition services for the people of North Dakota.



A Message from the Superintendent of Public Instruction

The Child Nutrition and Food Distribution Programs (CNFD) unit of DPI administers eleven US Department of Agriculture (USDA) programs for the state of North Dakota. These programs provide nutritious foods to schools, childcare facilities and low-income households through community action agencies and food assistance programs on Indian reservations.

The 2014 Annual Report for CNFD presents participation and funding details that illustrate the important contributions these programs administer. Eating habits have a direct effect on health; and quality nutrition practices contribute to student academic success as well as personal health and wellness. These programs provide a healthy school and childcare environment, which assists children in developing life-long healthy behaviors.

Thousands of North Dakotans currently benefit from the nutrition programs administered through health and wellness activities. We are committed to continuing our leadership efforts to improve the quality of life for all citizens.

Sincerely,

A handwritten signature in black ink that reads "Kirsten Baesler". The signature is written in a cursive, flowing style.

Kirsten Baesler
State Superintendent

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Acronyms

CACFP - Child and Adult Care Food Program	NSLP - National School Lunch Program
CNFD - Child Nutrition and Food Distribution	SBP - School Breakfast Program
CSFP - Commodity Supplemental Food Program	SFSP - Summer Food Service Program
FDPIR - Food Distribution Program on Indian Reservations	SMP - Special Milk Program
FFVP - Fresh Fruit and Vegetable Program	TEFAP - The Emergency Food Assistance Program
	UDSA - United States Department of Agriculture

The Department of Public Instruction does not discriminate on the basis of race, color, religion, sex, national origin, disability, age, sex (wages) or genetics in its programs and activities.

For inquiries regarding nondiscrimination policies, please contact:

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CHILD NUTRITION AND USDA FOODS DISTRIBUTION PROGRAMS IN NORTH DAKOTA

The North Dakota Department of Public Instruction, in accordance with the Food and Nutrition Service of the United States Department of Agriculture (USDA), administers child nutrition and food distribution programs. A partnership of federal, state, and local agencies provides nutrition services and food assistance to students, young children, and adults.

Agencies that participate in the USDA Programs include:

- 🍏 Public and Private schools
- 🍏 Child care centers and homes
- 🍏 Private, non-profit agencies
- 🍏 Residential facilities
- 🍏 Local food assistance programs
- 🍏 Indian reservations

The focus of the Child Nutrition and Food Distribution (CNFD) office is to foster positive partnerships with local program staff and provide excellent customer service.

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CUSTOMERS AND PROGRAMS

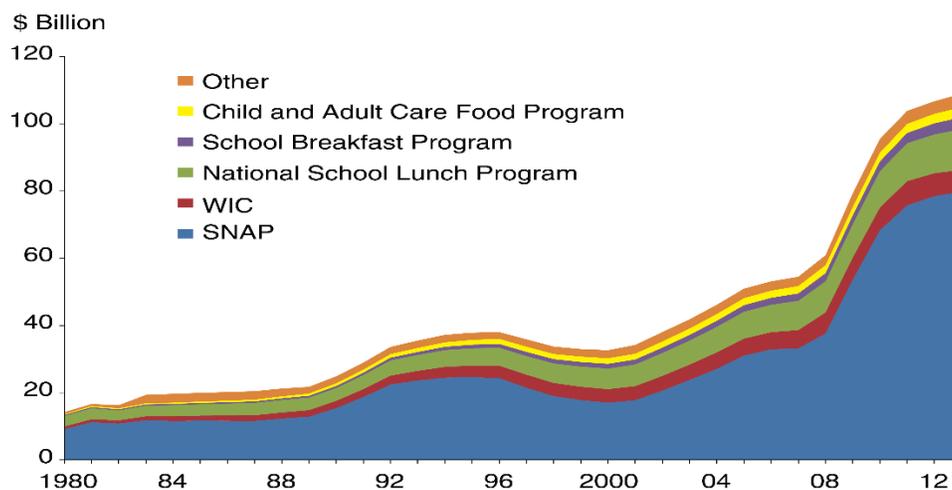
The delivery of quality service to our customers is essential. Thousands of North Dakotans benefit from nutrition and education services through the USDA programs administered by this office. Major customer groups include:

- 🍏 Students
- 🍏 Infants and young children
- 🍏 Households
- 🍏 Nutrition professional
- 🍏 School and program administrators

The USDA programs and initiatives administered by the CNFD include:

- 🍏 National School Lunch Program (NSLP)
- 🍏 School Breakfast Program (SBP)
- 🍏 Special Milk Program (SMP)
- 🍏 Afterschool Snacks Program (AS)
- 🍏 Fresh Fruit and Vegetable Program (FFVP)
- 🍏 Summer Food Service Program (SFSP)
- 🍏 Child and Adult Care Food Program (CACFP)
- 🍏 Food Distribution to Indian Reservations Program (FDPIR)
- 🍏 The Emergency Food Assistance Program (TEFAP)
- 🍏 Commodity Supplement Foods Program (CSFP)
- 🍏 USDA Foods for Schools (SCH)
- 🍏 Team Nutrition (TN)

USDA expenditures for food and nutrition assistance, FY 1980-2013



Source: USDA, Economic Research Service using data from USDA, Food and Nutrition Service.

STUDENTS

Nutrition plays an important role in a child's readiness to learn, social behavior, and physical performance. The National School Lunch Program offers parents a convenient way to provide a nutritious lunch for their children at the lowest possible price. Studies show that proper nutrition improves a child's behavior, school performance, and overall cognitive development.

The School Breakfast Program helps ensure that children have the energy needed to start the school day. Many children are not ready to eat breakfast when they first wake up. Other children may have long commutes to school or long periods between breakfast at home and school lunch, making breakfast at school an important option. Research shows that children who have school breakfast eat more fruits, drink more milk, and consume a wider variety of foods than those who don't eat breakfast or have breakfast at home.

Afterschool snacks, served in conjunction with supervised education or enrichment activities after school, satisfy students' afternoon hunger with nutritious foods. Healthy snacks help children learn the importance of good nutrition all day and contribute to lifelong healthy eating patterns.

School nutrition programs provide a measure of food security for students whose homes have inadequate food supplies. Students meeting income eligibility guidelines may participate in the nutrition programs for free or at a reduced price.

Our office is committed to continually improving children's access to nutrition programs. Students in K-12 public and private schools, and those in residential facilities, are served by these programs:

- 🍏 National School Lunch
- 🍏 School Breakfast
- 🍏 Special Milk
- 🍏 Afterschool Snacks
- 🍏 Summer Food Service



SCHOOL NUTRITION PROGRAMS

Number of Participating Sites

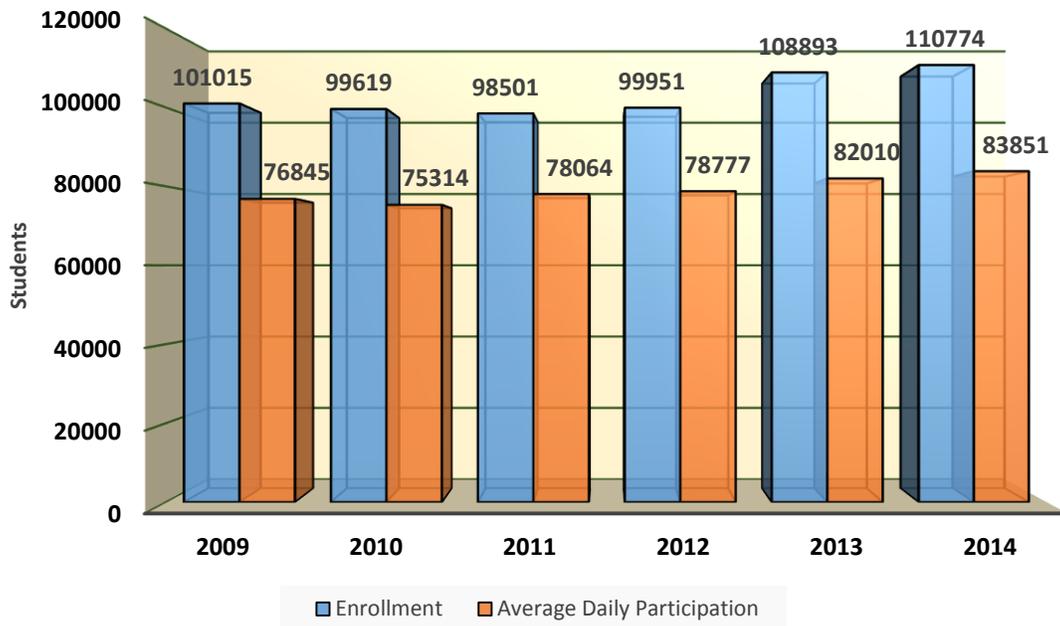
Local Agency Type	NSLP	SBP	SMP	Afterschool Snack
Public School Site	358	324	13	88
Private	30	16	0	1
Residential Child Care	18	19	0	11
Summer Camp	0	0	10	0
TOTAL	406	359	23	100

Student Participation

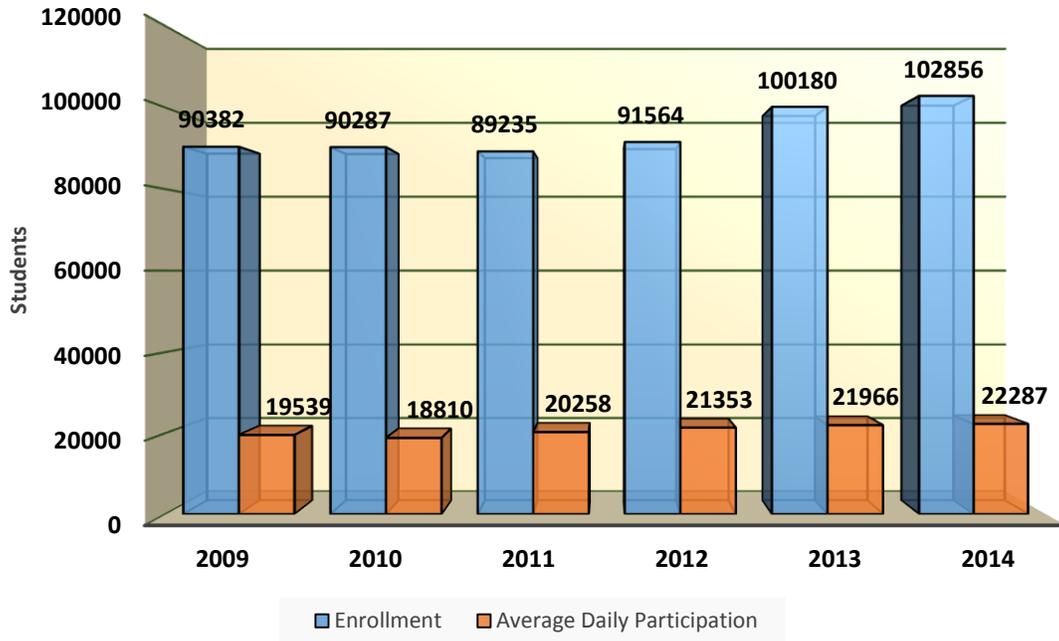
	NSLP	SBP	Afterschool Snack
Enrollment	110774	102856	11053
Average Daily Participation	83851	22287	3301
Participation Factor	75.7%	21.7%	29.9%

Average Daily Participation

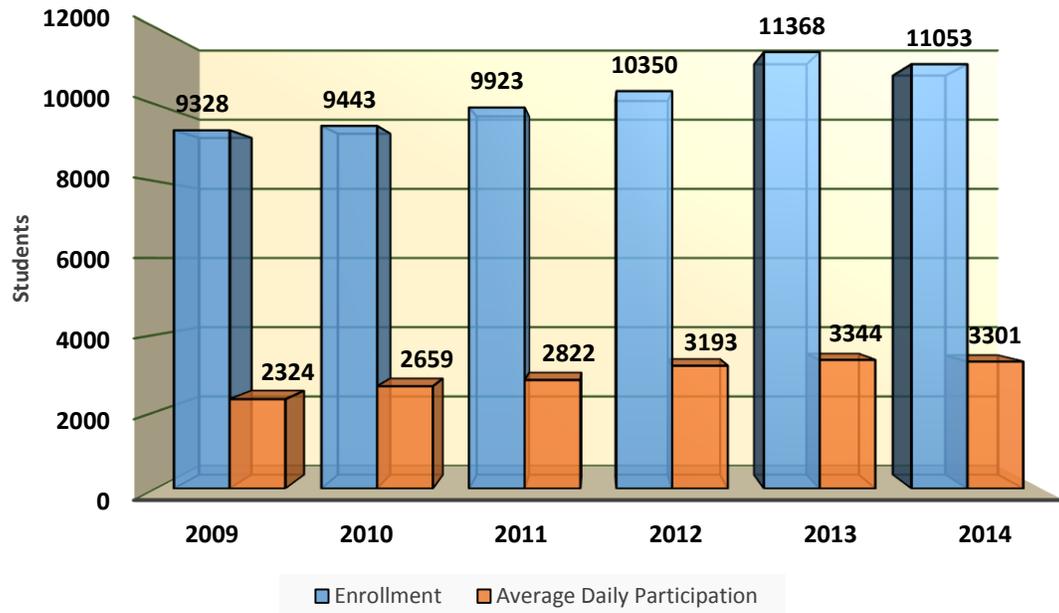
National School Lunch Program



School Breakfast Program



After School Snack Program



NSLP Program 2013-2014

Breakfast

	Meals Served	% Meals Served	Eligibility	% Eligibility
Paid	1,536,407	39%	73,657	72%
Free	2,055,221	53%	22,574	22%
Reduced	312,112	8%	6,625	6%
TOTAL	3,903,740	100%	102,856	100%

Reimbursement \$4,555,143.39

Lunch

	Meals Served	% Meals Served	Eligibility	% Eligibility
Paid	9,281,375	65%	80,112	72%
Free	4,119,256	28%	23,622	21%
Reduced	976,315	7%	7,040	6%
TOTAL	14,376,946	100%	110,774	100%

Reimbursement \$19,009,941.33

Snack

	Snacks Served	% Snacks Served	Eligibility	% Eligibility
Paid	208,410	38%	5,971	54%
Free	308,047	58%	4,603	42%
Reduced	19,581	4%	479	4%
TOTAL	536,038	100%	11,053	100%

Reimbursement \$ Included in School Lunch Program

School Special Milk

Paid	35,849	96%
Free	1,648	4%
Reduced	0	0%
TOTAL	37,497	100%

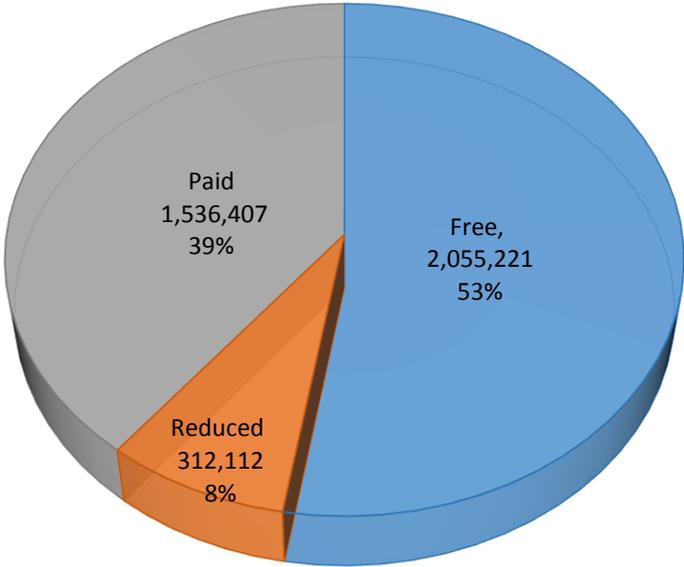
Reimbursement \$7,708.54

Summer Camp Milk

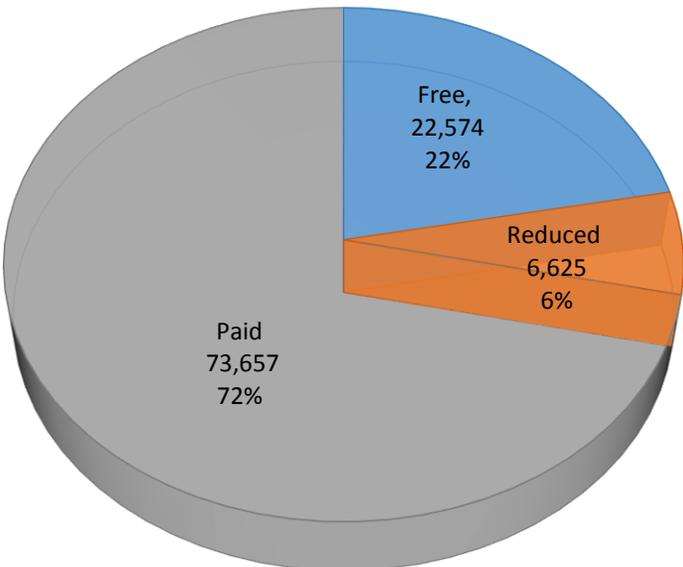
Paid	68,681	100%
Free	2	0%
Reduced	N/A	N/A
TOTAL	68,683	100%

Reimbursement \$14,953

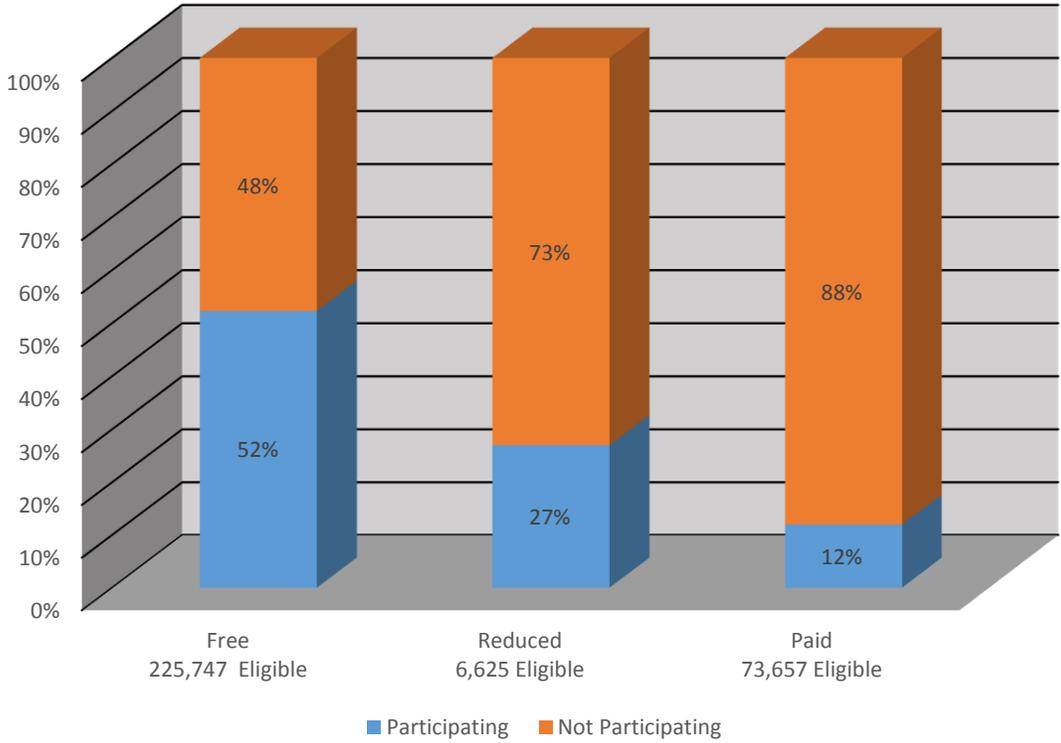
School Breakfast Program- Meals Served



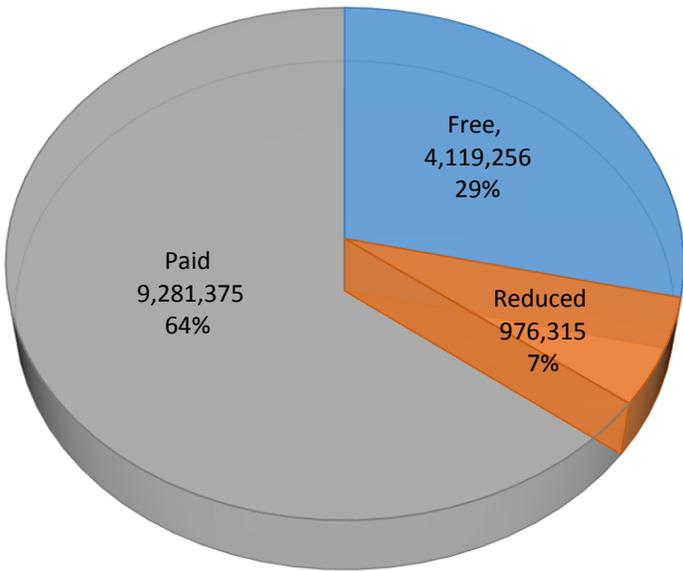
School Breakfast Program- Eligibility



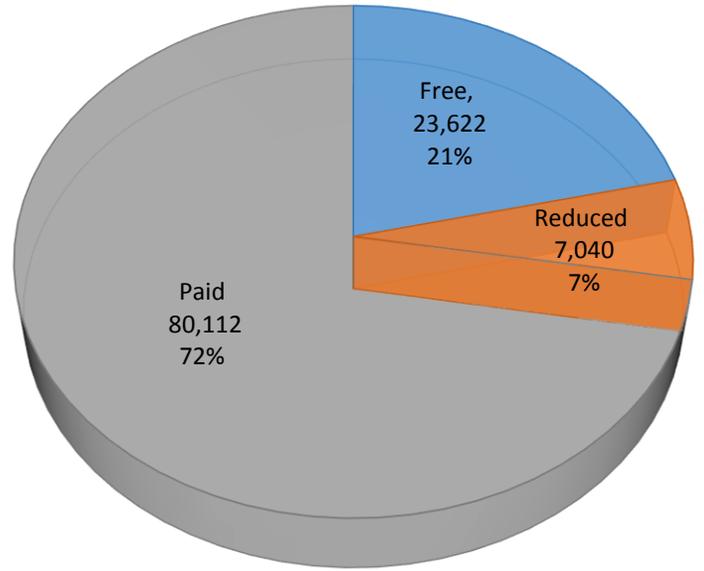
School Breakfast Program - ND Participation of Eligible Students



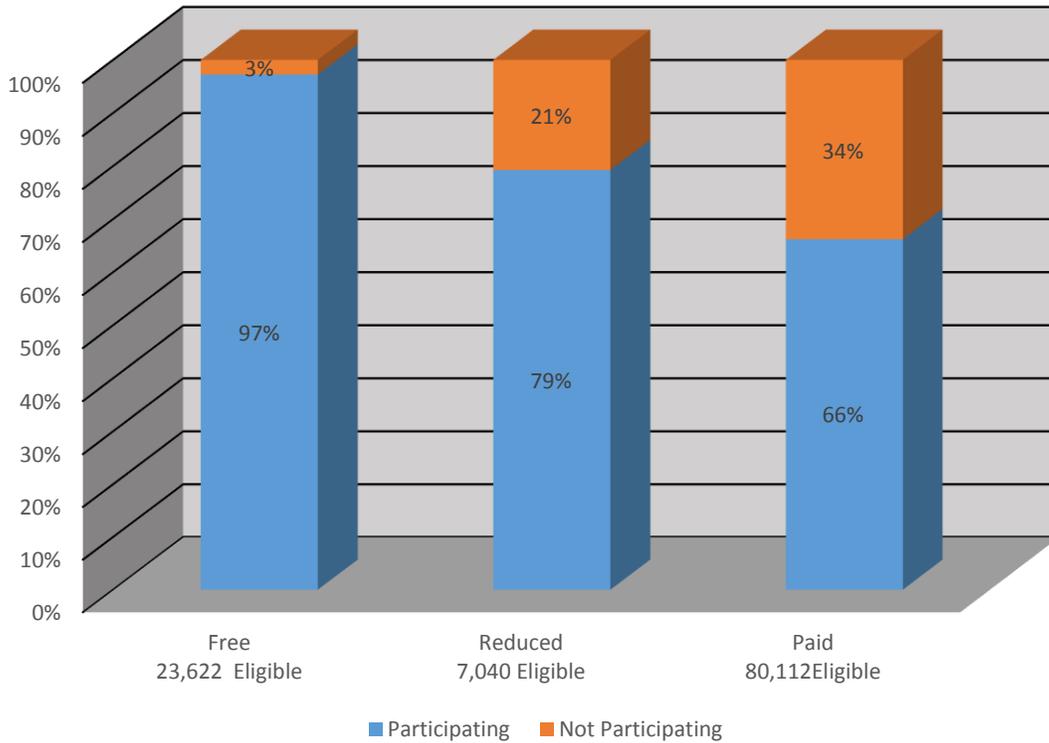
School Lunch Program- Meals Served



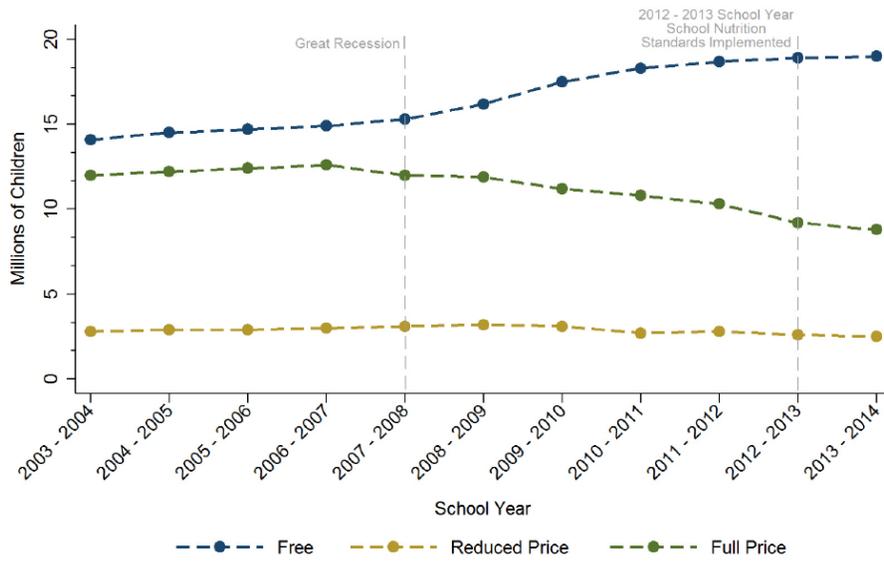
School Lunch Program- Eligibility



School Lunch Program - ND Participation of Eligible Students



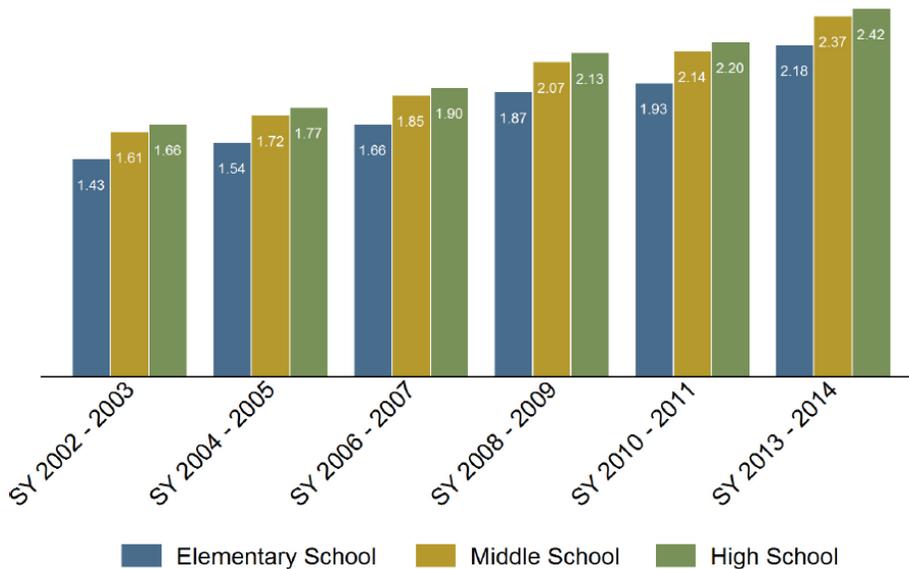
Average Daily Participation in the National School Lunch Program (NSLP)



Prepared by the Food Research and Action Center (FRAC)
Data source: U.S. Department of Agriculture

Factors Increasing Free and Reduced-Price Student Participation (3.7 million more children from SY 2007-2008 to SY 2013-2014)	Factors Known to Decrease Paid Student Participation (3.2 million less children from SY 2007-2008 to SY 2013-2014)
Recession—increase in children from low-income households	Recession—decrease in children from higher income households
Community Eligibility Provision	Increased charges for paid meals
Improved direct certification of categorically eligible children	Sales of competitive foods

Average Price of Paid Lunch by School Type



Source: "School Nutrition Operations Report 2014: The State of School Nutrition"

State Level Funding To Support School Nutrition

The Department of Public Instruction receives federal administrative funding for state level activities in the NSLP, CACFP, SMP and USDA Foods Distribution for schools. The state is also required to match the federal reimbursement with state general funds.

STATE ADMINISTRATIVE EXPENSE (SAE)

	2010	2011	2012	2013	2014
Federal SAE Funds expended	\$648,544	\$648,367	\$669,7000	\$732,919	\$737,233
State funds for administration	\$72,591	\$85,895	\$72,556	\$72,591	\$72,791
State funds for meals	\$598,906	\$636,906	\$642,364	\$690,186	\$690,000
Federal SAE (Special Projects)	\$0	\$0	\$99,014	\$91,868	\$250,000

Nutrition Quality In School Meals

North Dakota students benefit from high quality meals prepared by dedicated school foodservice professionals. Federal regulations require that reimbursable meals adhere to the *Dietary Guidelines for Americans* and provide adequate protein, vitamins, minerals, and calories. The *2010 Dietary Guidelines for Americans* recommend eating more fiber from foods like fresh fruits and vegetables, whole grains, and legumes. School nutrition programs have begun implementing changes to meals and serving lines in order to offer more fiber. Many schools are offering salad bars with fresh fruits and vegetables every day. Fruits and vegetables have also been moved to the front of the serving lines. This practice encourages students to take more fruits and vegetables before their trays are full of other items.

Schools are required to offer whole grain foods including brown rice, whole grain tortillas, whole grain pancakes, and whole grain pasta. Many schools are incorporating whole wheat flour and oats into their baked goods. Schools are also offering legumes once a week.

In response to the obesity epidemic, the *2010 Dietary Guidelines* also recommended offering food in age-appropriate serving sizes. Schools that previously offered seconds and thirds on the main entrée and milk are now encouraging students to take more fruits and vegetables instead. This practice will help increase the fiber in the menus and decrease fat and saturated fat.



New Meal Pattern 2013/2014

The Healthy Hunger-Free Kids Act of 2010 included a requirement for USDA to revise the school meal patterns to align with the Dietary Guidelines for Americans. Effective July 1, 2012, the New Meal Pattern, (NMP) requires the following:

- 🍏 Schools must serve larger portions of fruits and vegetables, and
- 🍏 Offer five different vegetable subgroups each week. The vegetable subgroups are dark green, orange/red, starchy, legumes and other.
- 🍏 All students are required to take a fruit or vegetable at lunch.
- 🍏 Half the bread/grain items offered each week must be whole grain rich at breakfast and lunch.
- 🍏 Milk must be 1% or skim or flavored skim.
- 🍏 Program compliance is monitored every three years.

Nutrients Monitored for Compliance in New Meal Pattern.

Calories at Breakfast

K-5	350-500
6-8	400-550
9-12	450-600

Calories at Lunch

K-5	550-650
6-8	600-700
9-12	750-850

Saturated Fat < 10%

Trans Fats = 0%

Sodium Phased In

Healthy School Meal Comparison



Item	2010	2014
Cheese Pizza	310 kcals 629 mg sodium 4.5 g sat fat	280 kcals 560 mg sodium 3.8 g sat fat
Shredded Beef Sandwich	317 kcals 1481 mg sodium 1.37 g sat fat	245 kcals 890 mg sodium 0.5 g sat fat
Cheesy Bread	320 kcals 610 mg sodium 7 g sat fat	290 kcals 530 mg sodium 5 g sat fat
Chocolate Skim Milk	160 kcals 210 mg sodium 28 g sugar	120 kcals 180 mg sodium 18 g sugar



HEALTHIER US SCHOOL CHALLENGE, (HUSSC)

The Healthier US School Challenge (HUSSC) was established by USDA to recognize schools with exemplary nutrition programs that promote nutrition education and physical activity. Four levels of superior performance are awarded: Bronze, Silver, Gold and Gold of Distinction. Forty-two North Dakota schools have received the prestigious HUSSC award:

Bronze

- 🏆 Lidgerwood Public Schools
- 🏆 Richland Public Schools
 - Elementary
 - Junior/Senior High
- 🏆 Medina Elementary
- 🏆 Emerado Public School
- 🏆 Jamestown Public Schools
 - Lincoln Elementary
 - Louis L' Amour Elementary
 - Roosevelt Elementary
 - Washington Elementary
- 🏆 West Fargo School District
 - Cheney Middle School

Silver

- 🏆 Hettinger Public Schools
- 🏆 Adams-Edmore Public Schools
 - Elementary School
 - Senior High School
- 🏆 Valley City Public Schools
 - Jefferson Elementary
 - Washington Elementary
- 🏆 Elgin Public School
- 🏆 Oakes Elementary School
- 🏆 Valley-Edinburg
 - K-4 Elementary School

Gold

- 🏆 Wahpeton Indian School
 - Circle of Nations
- 🏆 Grand Forks Public
 - Elroy Schroeder Middle School
 - Nathan Twinning Elementary/Middle Sch.
 - South Middle School
 - Valley Middle School
- 🏆 Milnor Public School

Gold of Distinction

- 🏆 Burlington-Des Lac Elementary
- 🏆 Golva Elementary
- 🏆 Nече Elementary
- 🏆 ND Youth Correctional Center
- 🏆 Grand Forks Elementary Schools
 - Ben Franklin
 - Carl Ben Eielson
 - Century
 - Kelly
 - Lake Agassiz
 - Lewis & Clark
 - Phoenix
 - Viking
 - West
 - Wilder
 - Winship
- 🏆 Carrington Public School
- 🏆 Elgin-New Leipzig
- 🏆 Midway Public School

FRESH FRUIT AND VEGETABLE PROGRAM

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to students in participating elementary schools during the school day.

The FFVP began in 2004 and is administered at the state level by the Child Nutrition & Food Distribution programs-the same agency that administers the National School Lunch Program. Legislation in 2008 expanded the program to schools not previously authorized to participate in the program.

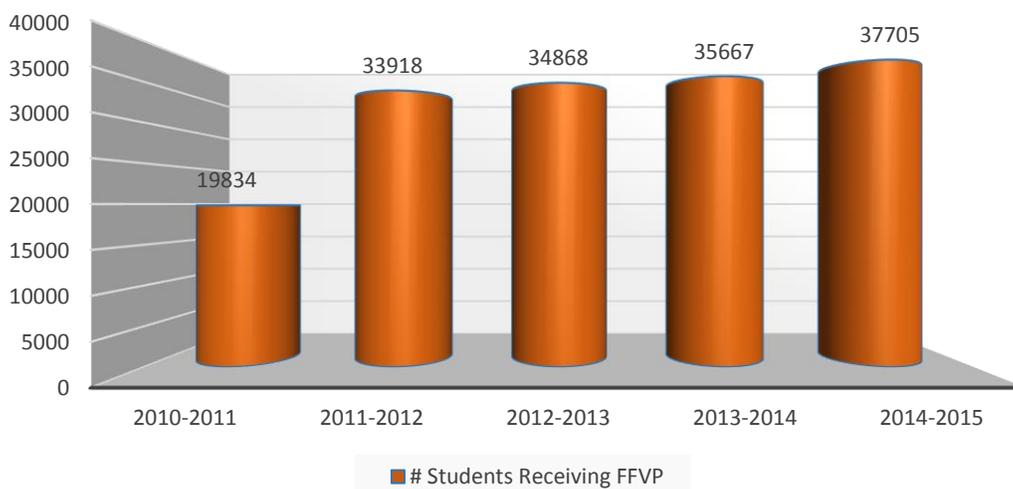
The program is geared towards elementary school with the highest proportion of free and reduced lunch enrollment, especially those at 50 percent and higher. A \$50 allocation per-student is awarded to schools that are selected to participate in the FFVP program.

The goal of the FFVP is to improve children’s overall diet and create healthier eating habits to impact their present and future health. The FFVP will help schools create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, and increasing children’s fruit and vegetable consumption.

The program runs from July 1 to June 30 each year. Applications to participate in the program must be completed yearly.

	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Grant Funds	\$1,153,165	\$1,695,900	\$1,743,400	\$1,783,350	\$1,885,250
# Schools Participating	111	172	170	175	180
#Students Receiving FFVP	19,834	33,918	34,868	35,667	37,705

Students Receiving FFVP



SUMMER FOOD SERVICE PROGRAM

When school lets out, millions of low-income children lose access to the school breakfast, lunches and afterschool snacks they receive during the regular school year. The Summer Food Service Program fills in this gap and provides free meals and snacks to children who might otherwise go hungry.

The Summer Food Service Program (SFSP) provides free meals and snacks to low-income children through age 18 when school is not in session. Most SFSP sites are open to all the children in the community. Open sites are eligible if the site is located in an area where at least 50 percent of the children are from households that would be eligible for free or reduced priced school meals.

Other SFSP sites serve free meals and snacks only to those children enrolled in their programs. Enrolled sites are eligible for federal funds to serve all the children enrolled in the program if at least 50 percent of the children enrolled qualify for free or reduced-price schools meals.

Meals served through the SFSP must meet federal nutrition standards. In addition, many SFSP sites provide not just meals, but educational enrichment and recreational activities that help children continue to learn and stay safe when school is not in session. The meals provided through the Summer Food Service Program act as a magnet to draw children to these activities.

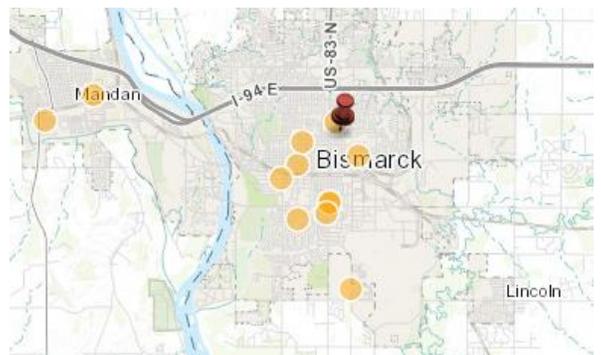
At most sites in North Dakota, children receive either one or two meals per day. Residential camps and sites that serve children from migrant households may be approved to serve up to three meals or two meals and one snack per day.

Total Program Expenditures 2013-2014

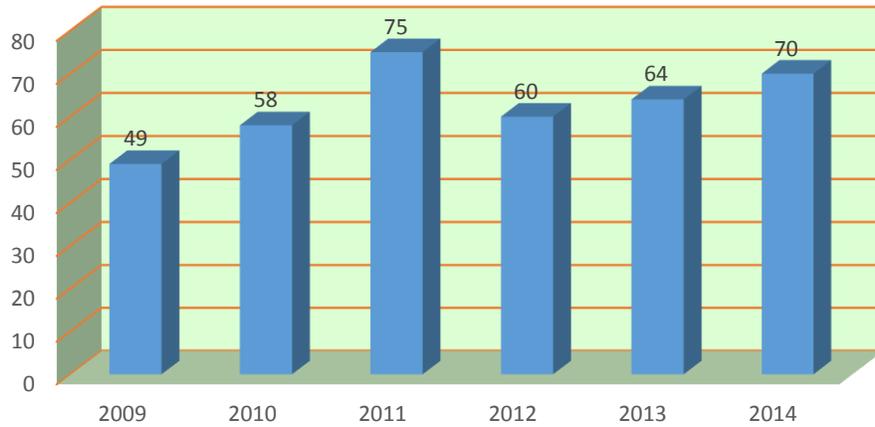
Administrative Funding (local agency)	\$ 36,602
Meal Reimbursement	\$554,290

SFSP Sponsor Types

Migrant	3
Government	1
School	26
Private Non-Profit	8
Upward Bound	2
Total	40



Number Of Participating Sites



SFSP Statistics

Breakfast

	2013-2014		2014-2015	
	ADP	Meals Served	ADP	Meals Served
May	163	1407	244	3168
June	1247	26107	1408	28892
July	760	14981	887	19155
August	328	4819	562	8063

Lunch

	2013-2014		2014-2015	
	ADP	Meals Served	ADP	Meals Served
May	196	1508	372	4209
June	2677	59519	2882	68264
July	1742	32909	1799	39164
August	753	8746	1151	19185

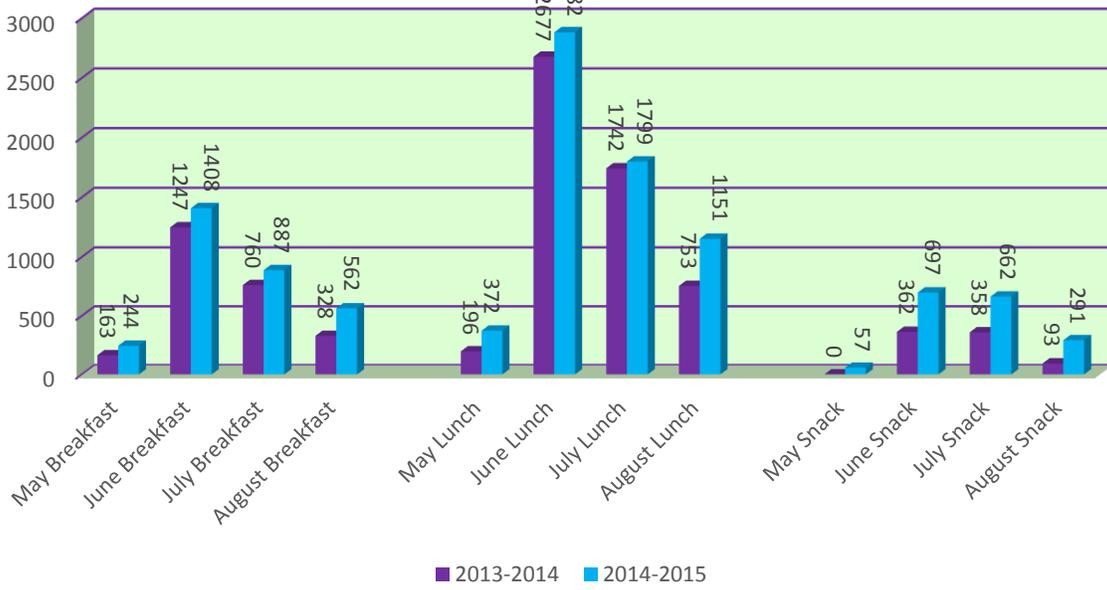
Snack

	2013-2014		2014-2015	
	ADP	Meals Served	ADP	Meals Served
May	0	0	57	285
June	362	6673	697	10465
July	358	6957	662	13316
August	93	1370	291	3893

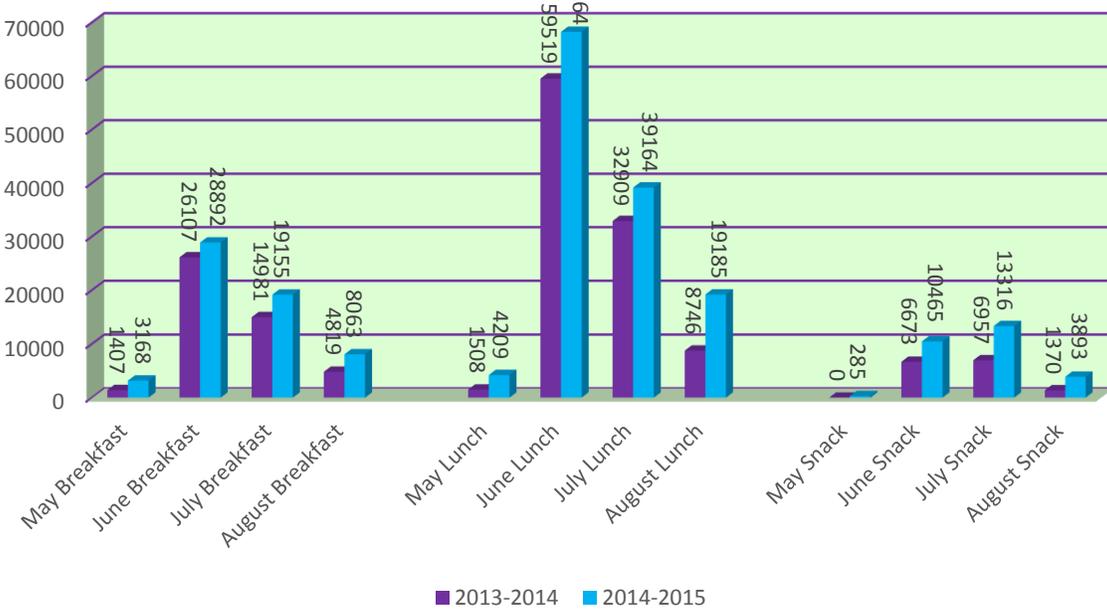
Supper

	2013-2014		2014-2015	
	ADP	Meals Served	ADP	Meals Served
May	0	0	0	0
June	44	1401	37	1343
July	0	0	0	0
August	0	0	0	0

SFSP Average Daily Participation



SFSP Number of Meals Served



INFANTS AND YOUNG CHILDREN

Child and Adult Care Food Programs

Infants and young children are served primarily through the Child and Adult Care Food Program. The Child and Adult Care Food Program (CACFP) plays a vital role in improving the quality of child care and making it more affordable for many low-income families. The CACFP provides nutritious meals and snacks to children and adults being cared for at family child care homes, child care centers, Head Start programs, school-age child care sites, and adult care centers.

The CACFP benefits children and adults in many ways:

- 🍏 Participating programs provide meals according to the nutrition standards set by USDA, ensuring that children and adults receive balanced, nutritious meals and snacks.
- 🍏 Studies show that children in the CACFP receive meals that are nutritionally superior to those served to children in child care centers without the CACFP.
- 🍏 The CACFP can help start good nutrition habits early in life.
- 🍏 The CACFP resources and training support communities by supporting child care.
- 🍏 Research cites participation in the CACFP as one of the major factors influencing quality care.
- 🍏 The CACFP is key to good nutrition and quality, affordable child care, which allows children to develop fully, prepares children to enter school ready to learn, and helps working families work.

The CACFP is operated by public or private non-profit and private for-profit child care centers, afterschool programs, childcare homes, school programs, and other agencies. Public and private non-profit sponsoring organizations provide direct administration services for child care providers and are reimbursed for their administrative expenses.

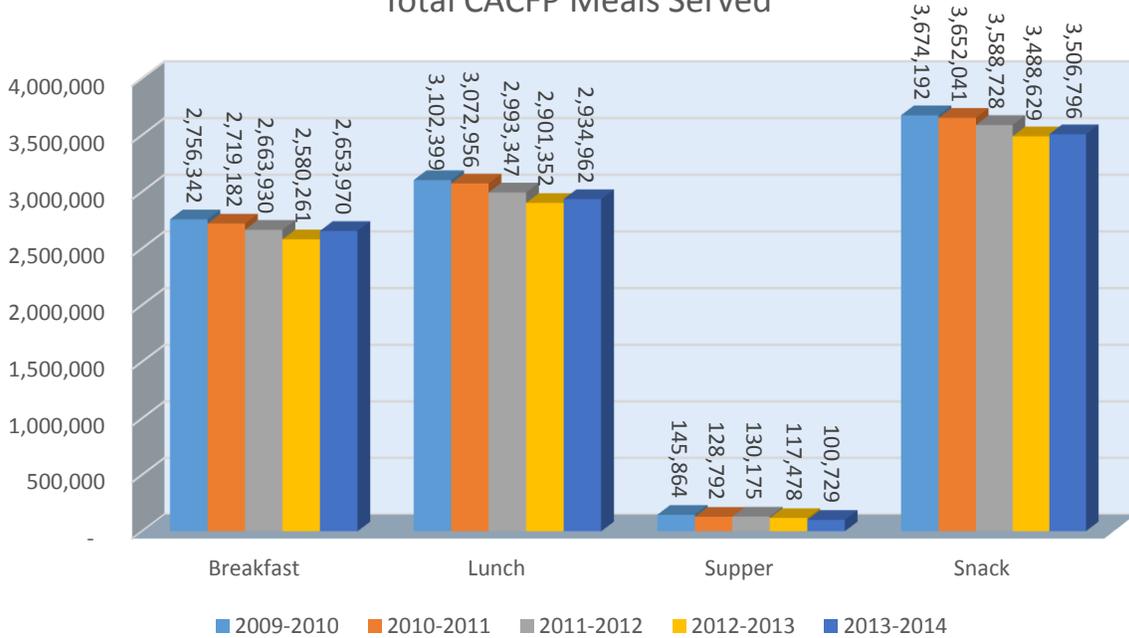
Number of CACFP Meals Served Annually - Centers

	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014
Breakfast	1,030,880	1,013,876	1,017,897	1,020,127	1,069,086
Lunch	1,266,135	1,257,292	1,246,721	1,249,856	1,274,624
Supper	43,959	36,020	50,935	51,282	37,647
Snacks	1,506,077	1,527,736	1,562,852	1,581,174	1,617,520
Total	3,847,747	3,834,924	3,878,378	3,902,439	3,998,877

Number of CACFP Meals Served Annually – Family Child Care Homes

	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014
Breakfast	1,725,462	1,705,306	1,646,033	1,560,134	1,584,884
Lunch	1,836,264	1,815,664	1,746,626	1,651,496	1,660,338
Supper	101,905	92,772	79,240	66,196	63,082
Snacks	2,168,115	2,124,305	2,025,876	1,907,455	1,899,638
Total	5,831,746	5,738,047	5,497,775	5,185,254	5,207,942

Total CACFP Meals Served



Number of Agencies Participating in CACFP

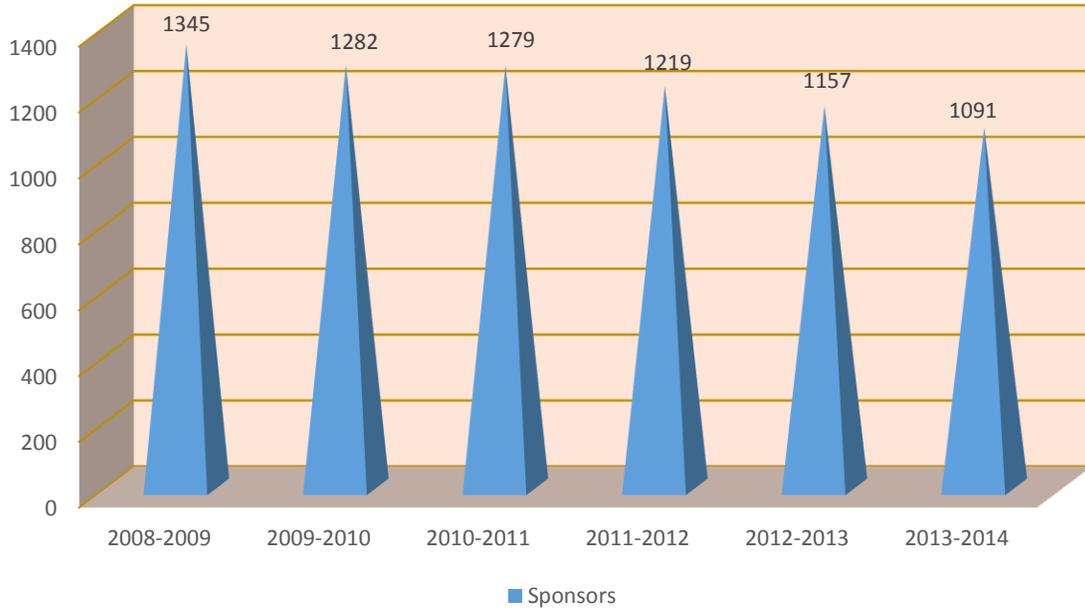
	Public	Private
Military	2	2
Tribal	1	3
Center	19	63
Head Start	9	5
Family Child Care Sponsors	2	3

Family Child Care Sponsors

Private	Homes
Heartland Child Nutrition, Inc. (Bismarck)	496
Southeast ND Community Action Agency (Fargo)	323
Dakota Prairie Community Action Agency (Devils Lake)	36
Private	
NDC, Inc. (Minot)	209
ABC Child Care (Minot & Grand Forks Air Force Bases)	27

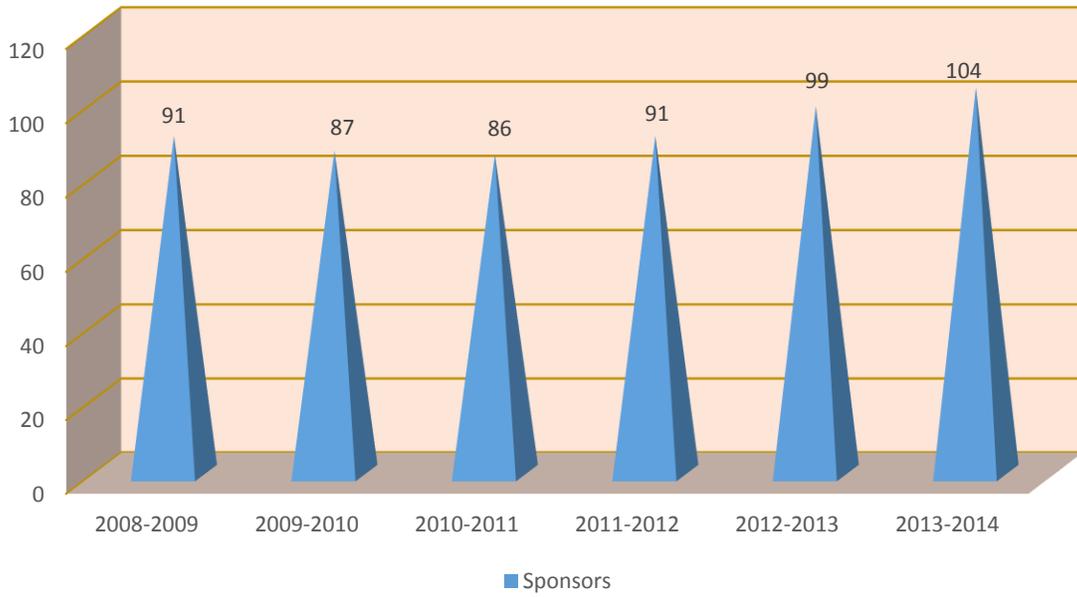


Number of Participating Homes



Total reimbursement for meals FY 2013-2014 **\$7,060,271**

Number of Participating Child Care Center Sponsors



Total reimbursement for meals FY 2013-2014 **\$3,785,020**

USDA FOOD DISTRIBUTION PROGRAMS

The distribution of USDA foods serves two purposes:

- 🍏 To strengthen the nutrition health of participating persons
- 🍏 To strengthen American agriculture

The household food distribution programs play a significant role in improving the nutritional status and food security of low income individuals. USDA foods are provided in household-sized packages and include vegetables and fruits, grains and cereals, meat and meat alternates, milk products, and staple foods. USDA foods are intended to supplement the foods purchased by individuals and households.

Three USDA food assistance programs are available to income-eligible households:

- 🍏 The Emergency Food Assistance Program (TEFAP)
- 🍏 Food Distribution Program on Indian Reservations (FDPIR)
- 🍏 Commodity Supplemental Food Program (CSFP)

In addition to households receiving USDA foods through the FDPIR, TEFAP, and CSFP, children from infancy through teen years are also participants through school, child care, and summer programs that receive USDA food assistance.

- 🍏 School USDA Food Distribution Program (SCH)
- 🍏 Child and Adult Care Food Program (CACFP)
- 🍏 Charitable Institution Food Program (CI)
- 🍏 Summer Food Service Program (SFSP)

The Emergency Food Assistance Program (TEFAP)

USDA foods are distributed to food pantries across the state under TEFAP. Great Plains Food Bank of Fargo is responsible for local administration of the program.

TEFAP provides financial assistance for the statewide distribution of non-USDA food items to food pantries. The CNFD office also has a cooperative arrangement with Great Plains Food Bank of Fargo to support the distribution of non-USDA food donated by the food industry.

Agency	Office	Sites Served 2013-2014
Great Plains Food Bank	Fargo	159

Food Distribution Program on Indian Reservations (FDPIR)

Participants in the FDPIR receive foods that are available as a monthly package. In fiscal year - 2013-2014, an average of 4,974 people participated in the FDPIR each month in North Dakota. Previously known as the Needy Family Program, this is the oldest of the USDA Food and Nutrition Service programs, going back to the Great Depression of the 1930s.

Commodity Supplemental Food Program (CSFP)

The CSFP provides a monthly food package to elderly persons with limited income. The program serves seniors age 60 and older who are at or below 130 percent of the poverty level. The program works to improve the health of seniors by supplementing their diets with nutritious USDA foods. It provides food and administrative funds to states to supplement the diets of these groups. Attention must be given to the nutritional needs of the growing number of elderly citizens in North Dakota.

On average, 1,923 seniors participated monthly in the CSFP in fiscal year 2013-2014. The average USDA value of a CSFP food package is \$20 per month per person. The USDA value is generally one half of retail value.

School USDA Food Distribution Program (SCH)

Schools participating in the National School Lunch Program receive a variety of USDA foods in institutional sizes. USDA foods must be of domestic origin, and nearly 60 percent of the food purchased for the Child Nutrition Programs by USDA must be determined by the Department to be in surplus at the time of purchase. USDA foods are intended to supplement the foods purchased by foodservice personnel.

Each school receives an entitlement amount which is based on the current per meal rate from USDA multiplied by 180 days multiplied by each school's average daily participation (ADP) from October of the previous year. Schools use their entitlement to purchase USDA foods that are offered by CNFD.

During Fiscal year 2013-2014, the USDA per meal rate was \$0.2325 cents, which gave North Dakota an entitlement of \$4,355,545.

Child and Adult Care Food Program (CACFP)

Like the school USDA food distribution program, child care centers who participate in the Child and Adult Care Food Program are eligible to receive institutional-sized USDA foods. Unlike schools, child care centers who participate have the option of accepting USDA foods or cash-in-lieu of USDA foods. Entitlement for fiscal year 2013-2014 was \$6746.00 with one North Dakota child care center participating in the program. The total amount of cash-in-lieu paid to CACFP centers in 2013-2014 was \$287,457.42.

Summer Food Service Program (SFSP)

Twenty participants were eligible to receive USDA Foods under this program. Initiated at the federal level and in partnership with the states, this program provides assistance to the state through grants-in-aid and other means to conduct nonprofit food service programs for children during the summer months. The primary purpose of the programs is to provide food service to children from needy areas during periods when area schools are closed for vacation.

Charitable Institution Food Program (CI)

Participants that are eligible to receive USDA food under this program must be public institutions or non-profit organizations that provide meal service on a regular basis and operate in the same place without marked changes such as emergency shelters, soup kitchens, hospitals, retirement homes, elderly nutrition projects, and adult correctional institutions that conduct rehabilitation programs for a majority of inmates. USDA foods available for this program are bonus items from USDA.



USDA Foods Online Resources:

A Harvest of Recipes with USDA Foods

<http://whatscooking.fns.usda.gov/sites/default/files/featuredlinks/HarvestofRecipes.pdf>

USDA Food Fact Sheets for NSLP

<http://www.fns.usda.gov/fdd/nslp-usda-foods-fact-sheets>

What's Cooking – USDA Mixing Bowl

<http://whatscooking.fns.usda.gov/>

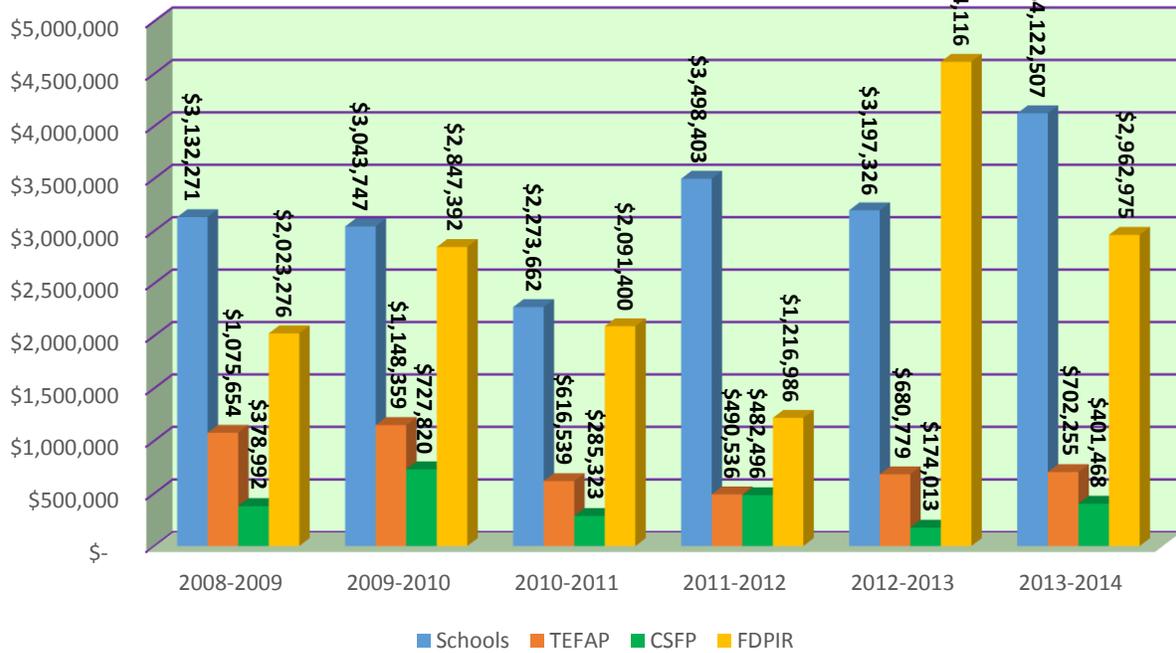
USDA Foods Processing: Frequently Asked Questions

<http://www.fns.usda.gov/fdd/usda-foods-processing-frequently-asked-questions>

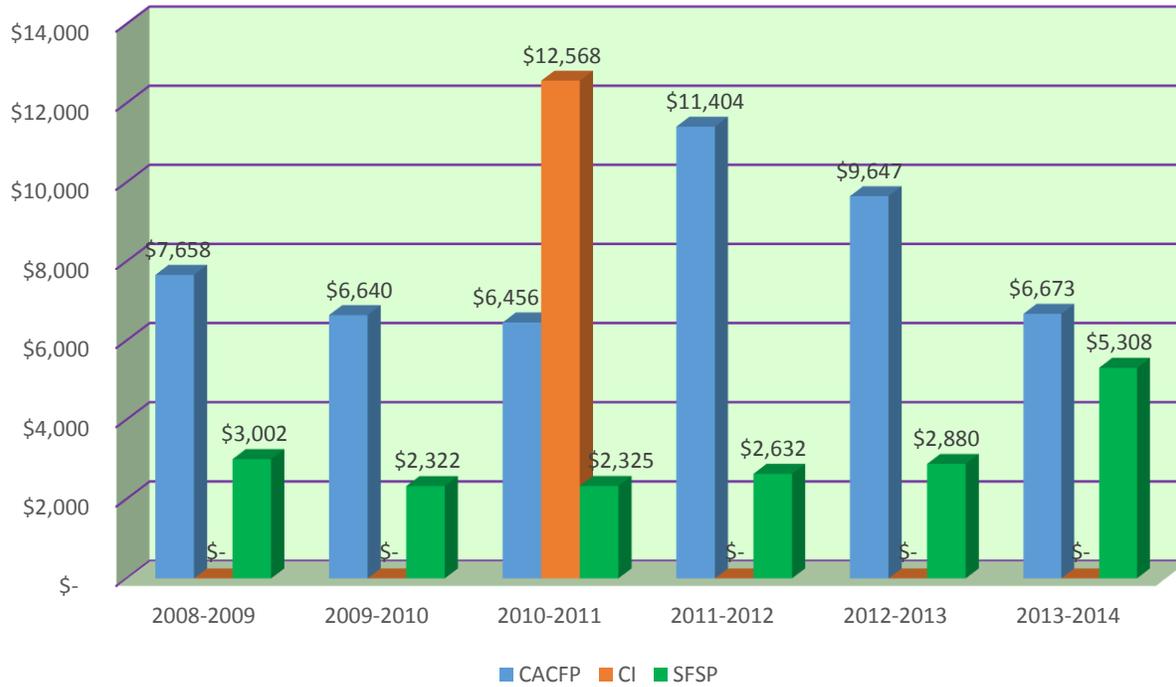
North Dakota Department of Public Instruction USDA Foods for Schools

<http://www.dpi.state.nd.us/child/fdp/resource.shtm>

USDA Food Purchases Over \$100,000



USDA Food Purchases Under \$100,000



Value of Food Distributed in Fiscal Year 2013-2014

(Includes Bonus USDA foods)

Local Agency Type	Value
CACFP	\$16,639
Charitable Institutions	\$0
CSFP	\$525,633
FDPIR	\$3,214,595
Schools	\$2,624,249
SFSP	\$5,562
TEFAP	\$376,992

Warehouse and Distribution Costs

The CNFD office contracts with a privately owned North Dakota business to warehouse and transport USDA foods. Warehousing and transportation costs are supported by local and federal funds. During fiscal year 2013-2014, the cost to warehouse and distribute food statewide was:

 Warehousing	\$214,840
 Transporting (includes fuel surcharge)	\$358,417

North Dakota USDA Foods

USDA purchases various North Dakota products for nationwide distribution in the USDA food distribution programs. In fiscal year 2013-2014, these products were:

Product	Pack Size	Quantity Purchased (lbs.)	Value
POTATO FOR PROCESS FRZ	BULK	3,200,000.00	\$ 359,504.00
PASTA MACARONI PLAIN ELBOW	PKG-24/1 LB	326,400.00	\$ 137,989.68
WHOLE GRAIN PASTA ROTINI MAC	CTN-20 LB	280,000.00	\$ 113,638.00
WHOLE GRAIN PASTA ROTINI MAC	PKG-20/1 LB	850,000.00	\$ 377,825.00
WHOLE GRAIN PASTA MACARONI	CTN-20 LB	520,000.00	\$ 204,956.00
WHOLE GRAIN PASTA MACARONI	PKG-24/1 LB	408,000.00	\$ 167,961.36
MACARONI & CHEESE 1404	PKG-48/7.25 OZ	152,685.00	\$ 123,674.85
MACARONI & CHEESE 1404	PKG-48/7.25 OZ	152,685.00	\$ 137,416.50
PASTA SPAGHETTI	PKG-12/2 LB	2,733,600.00	\$1,113,799.20
WHOLE GRAIN SPAGHETTI	CTN-20 LB	1,160,000.00	\$ 425,463.00
EGGNOODLE 1/2 INCH WIDE	PKG-12/1 LB	506,880.00	\$ 349,374.02
WHOLE GRAIN SPAGHETTI	PKG-12/2 LB	1,795,200.00	\$ 673,656.98
PASTA SPAGHETTI	BOX-20/1 LB	809,600.00	\$ 356,919.52
SUNFLOWER SEED BUTTER	6-5#S	517,440.00	\$1,063,733.74
SUNFLOWER SEED BUTTER	BARREL-500 LB	43,500.00	\$ 87,600.30
SUNFLOWER SEED BUTTER	6-5#S	36,960.00	\$ 75,734.74
TOTAL		13,492,950.00	\$5,769,246.89

How *USDA Foods* Have Improved to Support the National School Lunch and School Breakfast Program Meal Pattern Requirements



	USDA Food	Serving	Calories	Sodium (mg)
Old	Beans, Canned, Kidney, #10	1/2 Cup	109	436
New	Beans, Canned, Kidney, Low-sodium #10	1/2 Cup	104	140
				-296
Old	Beans, Canned, Black, #10	1/2 Cup	109	461
New	Beans, Canned, Black, Low Sodium, #10	1/2 Cup	120	140
				-321
Old	Corn, Whole Kernel, Canned, #10	1/2 Cup	66	175
New	Corn, Whole Kernel, Canned, Low Sodium, #10	1/2 Cup	65	15
				-160
Old	Beans, Green, Canned #10	1/2 Cup	14	177
New	Beans, Green, Canned, Low Sodium, #10	1/2 Cup	16	140
				-37
Old	Tomatoes, Diced, Canned, #10	1/2 Cup	25	220
New	Tomatoes, Diced, Canned, No Salt Added, #10	1/2 Cup	25	15
				-205

Nutrients	Requirements	How USDA Foods Supports Requirements
Sodium	Target I: SY 2014-15	
	Lunch ≤1230mg (K-5) ≤1360mg (6-8) ≤1420mg (9-12)	Breakfast ≤540mg (K-5) ≤600mg (6-8) ≤640mg (9-12)
		USDA offers fresh, frozen, and dried vegetable and meat options with no salt added. Canned vegetables and beans are all low-sodium. Meats and cheeses have been reformulated to lower sodium levels where possible to help schools meet the SY 2014-2015 sodium targets.

How *USDA Foods* Have Improved to Support the National School Lunch and School Breakfast Program Meal Pattern Requirements



	USDA Food	Serving	Calories	Sugar (g)
Old	Applesauce, Canned, Sweetened, #10	1/2 Cup	97	21
New	Applesauce, Canned, Unsweetened, #10	1/2 Cup	51	13
				-8
Old	Peaches, Canned, Sliced, #10	1/2 Cup	68	17
New	Peaches, Canned, Sliced, Extra Light Syrup, #10	1/2 Cup	53	13
				-15
Old	Peaches, Frozen, Diced, Single Serve, 4.4 oz.	1/2 Cup	118	28
New	Peaches, Frozen, Diced, Single Serve, 4.4 oz.	1/2 Cup	80	16
				-38
Old	Strawberry, Frozen, Diced, Single Serve, 4.5 oz.	1/2 Cup	122	31
New	Strawberry, Frozen, Diced, Single Serve, 4.5 oz.	1/2 Cup	80	16
				-42

	Requirements	How USDA Foods Supports Requirements
Calorie Content	Target I: SY 2014-15	
	Lunch ≤550-650 (K-5) ≤600-700 (6-8) ≤750-850 (9-12)	Breakfast ≤350-500 (K-5) ≤400-550 (6-8) ≤450-600 (9-12)
		USDA offers a variety of nutrient-dense foods with minimal added ingredients. Product formulations are low in solid fat and added sugar, thus providing fewer discretionary calories.

NUTRITION PROFESSIONALS

The professionals who plan and prepare nutritious meals and snacks have a profound impact on the children they serve. The CNFD office supports these individuals by providing training for the multitude of skills needed to manage a nutrition program. Professional development activities include:

- 🍏 Sanitation Update in person or online
- 🍏 Directions newsletter for school nutrition personnel
- 🍏 Round Up newsletter for child care personnel
- 🍏 One-on-one consultations and technical assistance
- 🍏 Mentoring program
- 🍏 Site visits
- 🍏 Back-to-School workshops
- 🍏 CACFP mandatory training

In 2013-2014: **546** nutrition professionals attended training

Online Training Offered

- 🍏 Sanitation (SAN)
- 🍏 SAN Update
- 🍏 SFSP
- 🍏 FFVP
- 🍏 Direct Certification

The Healthy Hunger-Free Kids Act of 2010 required USDA to update the school meal nutrition standards to reflect the most current dietary science. CNFD and our allied partners are committed to teaching from scratch cooking skills to achieve the nutrition standards for saturated fat and sodium. Culinary classes were conducted by a chef and dietitian team. A two day Culinary Boot Camp was offered in Fargo, where **26** nutrition professionals attended.



Additional 6 Cent Reimbursement

The Healthy Hunger Free Kids Act of 2010 provides schools participating in the NSLP an additional reimbursement of 6 cents per lunch for School Food Authorities who are in compliance with the new meal pattern.

On-site technical assistance visits were provided to **13** school districts to assist them in becoming 6 cent certified.

In the 2013-2014 school year, **all 209** districts participating in the NSLP were certified to receive the additional 6 cents.

SCHOOL AND PROGRAM ADMINISTRATORS

Our office strives to provide the best possible customer service to local school program administrators. Assistance is available through:

- 🍏 Site visits
- 🍏 Formal training
- 🍏 Administrative Update newsletter
- 🍏 Interactive web site
- 🍏 Telephone and email consultation

Our staff works hard to provide leadership and new ideas in program administration, nutrition, and other areas. This is done in order to expand and improve operations at all levels. We take this leadership role very seriously.

HEALTHY SCHOOLS

Team Nutrition

Team Nutrition (TN) is a USDA initiative to support Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for teachers, children and their caregivers, and school and community support for healthy eating and physical activity. Team Nutrition's goal is to improve children's lifelong eating and physical activity habits by using the principals of the *Dietary Guidelines for Americans* and *My Plate*. More information on TN and several resources are available on the TN website at www.teamnutrition.usda.gov.

Team Nutrition funding to states is received through competitive USDA grants. North Dakota Child Nutrition Programs has a long history of receiving TN grants since they were first offered in 1995. Twelve grants totaling over 2.9 million dollars from 1995 through 2014 have supported the development of extensive services in nutrition education and foodservice training.

The USDA TN grant awarded to North Dakota for 2012-2013 will be completed in September 2014 and had three major goals:

1. Provide training for NSLP or CACFP foodservice staff on implementing the 2010 *Dietary Guidelines for Americans* (DGAs), applying for the Healthier US School Challenge (HUSC), maximizing the use of USDA Foods, and meeting the requirements for the new meal patterns for school meals mandated by the Healthy Hunger Free Kids Act of 2010 (HHFKA).
2. Provide fun and interactive nutrition education and/or physical activity for children, teachers, parents, and other caregivers.

3. Provide schools or child care centers with technical assistance to create and maintain a healthier school or child care environment, as well as implement and review their wellness policies to align with the requirements set forth in the Healthy Hunger Free Kids Act of 2010. Policies included were school or child care meals, competitive foods, nutrition education, nutrition promotion, physical education, physical activity, and other school or child care programs.

To achieve the goals and objectives for the TN 2013-2014 grant the following activities were implemented during the 2013-2014 grant year:

- A nutrient analysis of 39 CACFP breakfast, lunch, and snack menus was conducted. These menus were analyzed for calories, total fat, saturated fat and sodium.
- 40 CACFP centers completed a self-assessment on menu variety, feeding practices, vegetable subgroups and whole grains.
- 20 school and childcare personnel attended a skills based culinary boot camp in Fargo in May 2014.
- A Healthy School Summit was held in Bismarck in October 2013.
- Two state staff members attended the Smarter Lunchroom training in Denver in May 2014.
- Sessions on breakfast in the classroom, farm to school and Smart Snacks were presented in June at the North Dakota School Nutrition Association meeting. 153 school food service personnel attended that meeting.
- Back to school workshops were held in Bismarck, Fargo, Minot and Grand Forks. 323 school food service personnel attended one of these trainings.
- Two Team Nutrition grants were awarded for local wellness policy evaluation.
- Team Nutrition grants were awarded to schools and child care facilities to conduct nutrition education activities.



REIMBURSEMENT RATES 2013-2014

SCHOOL NUTRITION PROGRAM REIMBURSEMENTS

	NSLP + .06	SBP	ASP	SN
Free	\$3.04	\$1.62	\$0.82	\$1.93
Reduced Price	\$2.64	\$1.32	\$0.41	\$1.63
Full Price	\$0.34	\$0.28	\$0.07	\$0.28

SUMMER FOOD SERVICE PROGRAM REIMBURSEMENTS

Breakfast	\$1.89
Lunch/Supper	\$3.30
Snacks	\$0.77

ADMINISTRATIVE REIMBURSEMENTS

Rural Self- Preparation Site		Other Sites	
Breakfast	\$0.1875	Breakfast	\$0.1475
Lunch/Supper	\$0.3450	Lunch/Supper	\$0.2875
Snacks	\$0.0950	Snacks	\$0.0750

CHILD AND ADULT CARE CENTER REIMBURSEMENTS

	Paid	Reduced	Free
Breakfast	\$0.28	\$1.32	\$1.62
Lunch/Supper	\$0.28	\$2.58	\$2.98
Snacks	\$0.07	\$0.41	\$0.82

FAMILY CHILD CARE HOME REIMBURSEMENTS

	Tier I	Tier II
Breakfast	\$1.31	\$0.48
Lunch/Supper	\$2.47	\$1.49
Snacks	\$0.73	\$0.20

FCCH Sponsor Administrative Reimbursements - per home, per month

1-50 Homes	\$111
Next 150 Homes	\$ 85
Next 800 Homes	\$ 66
Additional Homes	\$ 58

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