

North Dakota Department of Public Instruction

Child Nutrition and Food Distribution Programs

2013 Annual Report

www.dpi.state.nd.us/child



CNFD Mission Statement

To promote relationships and enhance partnerships that provide quality nutrition education and nutrition services for the people of North Dakota.



A Message from the Superintendent of Public Instruction

The Child Nutrition and Food Distribution Programs (CNFD) unit of DPI administers eleven US Department of Agriculture (USDA) programs for the state of North Dakota. These programs provide nutritious foods to schools, childcare facilities and low-income households through community action agencies and food assistance programs on Indian reservations.

The 2013 Annual Report for CNFD presents participation and funding details that illustrate the important contributions these programs administer. Eating habits have a direct effect on health; and quality nutrition practices contribute to student academic success as well as personal health and wellness. These programs provide a healthy school and childcare environment, which assists children in developing life-long healthy behaviors.

Thousands of North Dakotans currently benefit from the nutrition programs administered through health and wellness activities. We are committed to continuing our leadership efforts to improve the quality of life for all citizens.

Sincerely,

A handwritten signature in black ink that reads "Kirsten Baesler". The script is fluid and cursive.

Kirsten Baesler

State Superintendent

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Acronyms

CACFP	Child and Adult Care Food Program
CNFD	Child Nutrition and Food Distribution
CSFP	Commodity Supplemental Food Program
FDPIR	Food Distribution Program on Indian Reservations
FFVP	Fresh Fruit and Vegetable Program
NSLP	National School Lunch Program
SBP	School Breakfast Program
SFSP	Summer Food Service Program
SMP	Special Milk Program
TEFAP	The Emergency Food Assistance Program
UDSA	United States Department of Agriculture

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For inquiries regarding nondiscrimination policies, please contact:
 Robert Marthaller, Assistant Superintendent,
 Department of Public Instruction, 600 East Boulevard Avenue, Dept 201,
 Bismarck, ND 58505-0440, 701-328-2267

Child Nutrition and USDA Foods Distribution Programs in North Dakota

The North Dakota Department of Public Instruction, in accordance with the Food and Nutrition Service of the United States Department of Agriculture (USDA), administers child nutrition and food distribution programs. A partnership of federal, state, and local agencies provides nutrition services and food assistance to students, young children, and adults.

Agencies that participate in the USDA Programs include:

-  Public and Private schools
-  Child care centers and homes
-  Private, non-profit agencies
-  Residential facilities
-  Local food assistance programs
-  Indian reservations

The focus of the Child Nutrition and Food Distribution (CNFD) office is to foster positive partnerships with local program staff and provide excellent customer service.

Staff

Linda Schloer	Director, Child Nutrition and Food Distribution
Deb Egeland	Assistant Director, Child Nutrition Programs
Melissa Anderson	Manager, Food Distribution Programs
Kaye Knudson	Manager, School Nutrition Programs
Stacie Morowski	CACFP Manager
Rene Gonzalez	Food Distribution Specialist
Tara Koster	Office Manager
Ann Chase	Grant Manager
Shayna Griffiths	Child Nutrition Specialist
Lesli Murch	Child Nutrition Specialist
Stephanie Miller	Child Nutrition Specialist
Joe Oster	Child Nutrition Specialist
Lynell Thueson	Administrative Assistant

Customers and Programs

Thousands of North Dakotans benefit from nutrition and education services through the USDA programs administered by this office. The delivery of quality services through USDA programs administered by this office. The delivery of quality service to our customers is essential. Major customer groups include:

- 🍎 Students
- 🍎 Infants and young children
- 🍎 Households
- 🍎 Nutrition professional
- 🍎 School and program administrators



The USDA programs and initiatives administered by the CNFD include:

- 🍎 National School Lunch Program (NSLP)
- 🍎 School Breakfast Program (SBP)
- 🍎 Special Milk Program (SMP)
- 🍎 Afterschool Snacks Program (AS)
- 🍎 Fresh Fruit and Vegetable Program (FFVP)
- 🍎 Summer Food Service Program (SFSP)
- 🍎 Child and Adult Care Food Program (CACFP)
- 🍎 Food Distribution to Indian Reservations Program (FDPIR)
- 🍎 The Emergency Food Assistance Program (TEFAP)
- 🍎 Commodity Supplement Foods Program (CSFP)
- 🍎 USDA Foods for Schools (SCH)
- 🍎 Team Nutrition (TN)

Students

Nutrition plays an important role in a child's readiness to learn, social behavior, and physical performance. The National School Lunch Program offers parents a convenient way to provide a nutritious lunch for their children at the lowest possible price. Studies show that proper nutrition improves a child's behavior, school performance, and overall cognitive development.

The School Breakfast Program helps ensure that children have the energy needed to start the school day. Many children are not ready to eat breakfast when they first wake up. Other children may have long commutes to school or long periods between breakfast at home and school lunch, making breakfast at school an important option. Research shows that children who have school breakfast eat more fruits, drink more milk, and consume a wider variety of foods than those who don't eat breakfast or have breakfast at home.

Afterschool snacks, served in conjunction with supervised education or enrichment activities after school, satisfy students' afternoon hunger with nutritious foods. Healthy snacks help children learn the importance of good nutrition all day and contribute to lifelong healthy eating patterns.

Our office is committed to continually improving children’s access to nutrition programs. Students in K-12 public and private schools, and those in residential facilities, are served by these programs:

- 🍎 National School Lunch
- 🍎 School Breakfast
- 🍎 Special Milk
- 🍎 Afterschool Snacks
- 🍎 Summer Food Service

School Nutrition Programs

NUMBER OF PARTICIPATING SITES

<u>Local Agency Type</u>	<u>NSLP</u>	<u>SBP</u>	<u>SMP</u>	<u>Afterschool Snacks</u>
Public School Sites	372	334	14	101
Private	29	15	0	0
Residential Child Care	19	20	0	12
Summer Camps	0	0	11	0
Total	420	369	25	113

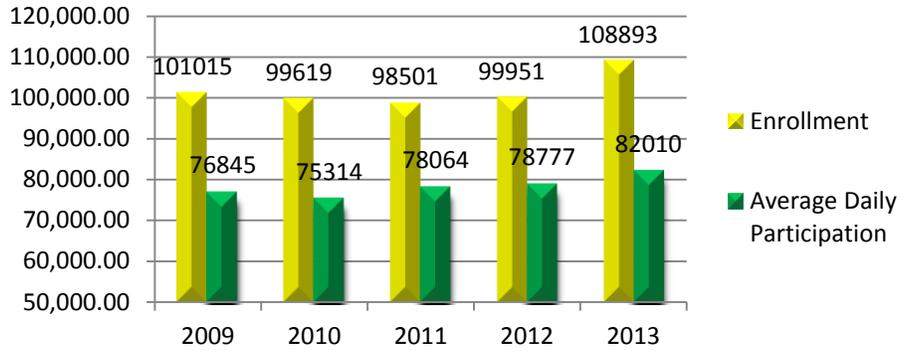
STUDENT PARTICIPATION

	<u>NSLP</u>	<u>SBP</u>	<u>Afterschool Snacks</u>
Enrollment	108,893	100,180	11,368
Average Daily Participation	82,010	21,966	3,344
Participation Factor	75.3%	21.9%	29.4%

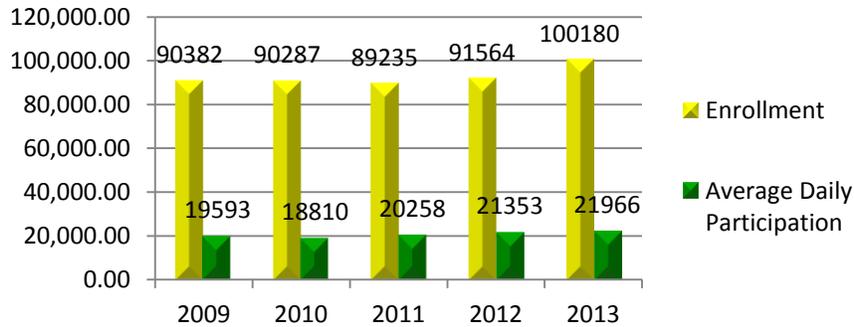


AVERAGE DAILY PARTICIPATION

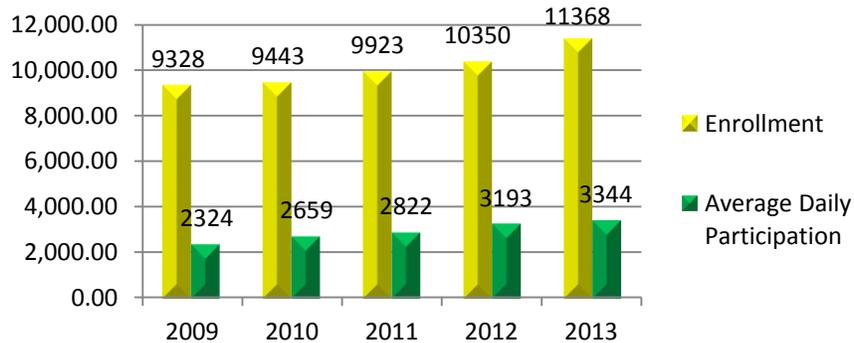
National School Lunch Program



School Breakfast Program

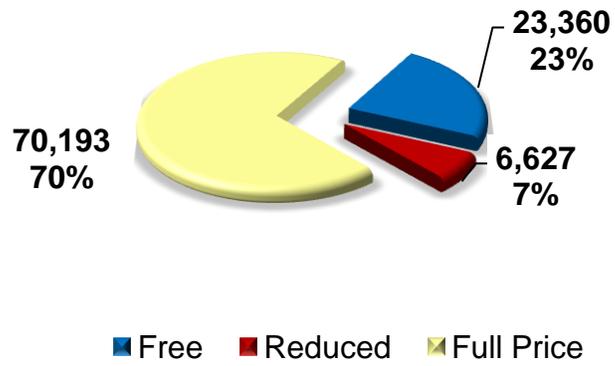


After School Snack

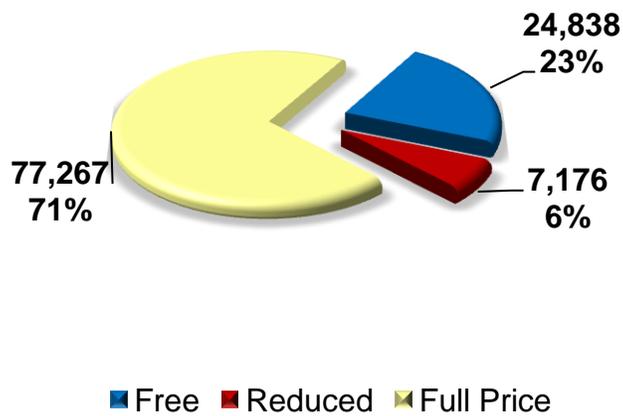


School nutrition programs provide a measure of food security for students whose homes have inadequate food supplies. Students meeting income eligibility guidelines may participate in the nutrition programs for free or at a reduced price.

School Breakfast Program Eligibility 2012-2013



National School Lunch Program Eligibility 2012-2013



MEALS SERVED – 2012/13

Breakfast

Full Price	1,532,367	39%
Free	2,044,055	53%
Reduced Price	312,288	8%
Total	3,888,710	100%
<i>Reimbursement</i>	<i>\$4,426,151</i>	

Lunch

Full Price	9,087,730	64%
Free	4,095,219	29%
Reduced Price	1,000,640	7%
Total	14,183,589	100%
<i>Reimbursement</i>	<i>\$17,550,190</i>	

Snacks

Full Price	169,112	32%
Free	340,358	64%
Reduced Price	19,836	4%
Total	529,306	100%
<i>Reimbursement</i>	<i>Included in NSLP</i>	

School Special Milk

Full Price	35,633	95%
Free	2,059	5%
Reduced Price	0	0%
Total	37,692	100%
<i>Reimbursement</i>	<i>\$22,457</i>	

Summer Camp Milk

Full Price	75,339	100%
Free	0	0%
Total	75,339	100%
<i>Reimbursement</i>	<i>\$14,988</i>	

STATE LEVEL FUNDING TO SUPPORT SCHOOL NUTRITION

The Department of Public Instruction receives federal administrative funding for state level activities in the NSLP, CACFP, SMP, and commodity distributions for schools. The state is also required to match the federal reimbursement with state general funds.

STATE ADMINISTRATIVE EXPENSE (SAE)

	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>
Federal SAE funds expended	\$648,544	\$648,367	\$669,700	\$732,919
State funds for administration	\$ 72,591	\$ 85,952	\$ 72,556	\$72,591
State funds for meals	\$598,906	\$636,906	\$642,364	\$690,186
Federal SAE (Special Projects)	\$0	\$0	\$ 99,014	\$91,868

NUTRITION QUALITY IN SCHOOL MEALS

North Dakota students benefit from high quality meals prepared by dedicated school foodservice professionals. Federal regulations require that reimbursable meals adhere to the *Dietary Guidelines for Americans* and provide adequate protein, vitamins, minerals, and calories.

The *2010 Dietary Guidelines for Americans* recommend eating more fiber from foods like fresh fruits and vegetables, whole grains, and legumes. School nutrition programs have begun implementing changes to meals and serving lines in order to offer more fiber. Many schools are offering salad bars with fresh fruits and vegetables every day. Fruits and vegetables have also been moved to the front of the serving lines. This practice encourages students to take more fruits and vegetables before their trays are full of other items.

Schools are required to offer whole grain foods including brown rice, whole grain tortillas, whole grain pancakes, and whole grain pasta. Many schools are incorporating whole wheat flour and oats into their baked goods. Schools are also offering legumes once a week.

In response to the obesity epidemic, the *2010 Dietary Guidelines* also recommended offering food in age-appropriate serving sizes. Schools that previously offered seconds and thirds on the main entrée and milk are now encouraging students to take more fruits and vegetables instead. This practice will help increase the fiber in the menus and decrease fat and saturated fat.



New Meal Pattern 2012/2013

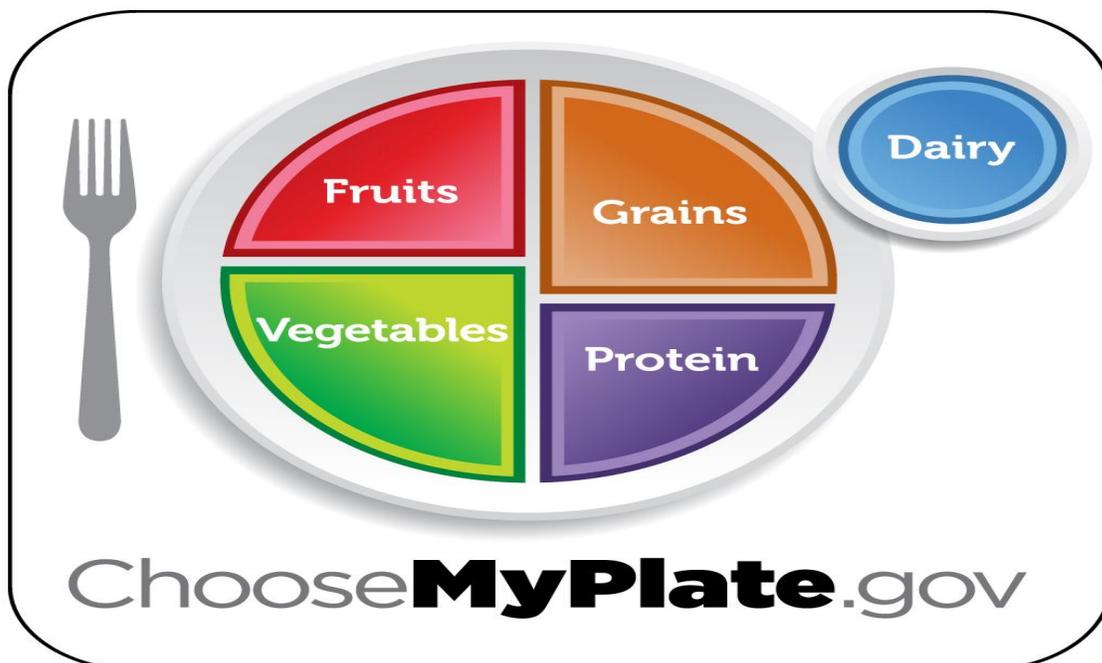
The Healthy Hunger-Free Kids Act of 2010 included a requirement for USDA to revise the school meal patterns to align with the Dietary Guidelines for Americans. Effective July 1, 2012, the New Meal Pattern, (NMP) requires:

- Schools must serve larger portions of fruits and vegetables, and
- Offer five different vegetable subgroups each week. The vegetable subgroups are dark green, orange/red, starchy, legumes and other.
- All students are required to take a fruit or vegetable at lunch.
- Half the bread/grain items offered each week must be whole grain rich.
- Milk must be 1% or skim or flavored skim.
- Compliance is monitored every three years.

The New Meal Pattern also placed minimum and maximums on meat/meat alternates and grains. Menu planners had challenges in meeting the weekly maximums for the grains and meat/meat alternates compounds. In December of 2012, Food and Nutrition Services issues a revised policy giving schools flexibility in meeting the maximums for both breakfast and lunch.

Nutrients Monitored for Compliance - New Meal Pattern

Saturated Fat Trans Fats Calories Sodium





HEALTHIER US SCHOOL CHALLENGE, (HUSSC)

The Healthier US School Challenge (HUSSC) was established by USDA to recognize schools with exemplary nutrition programs that promote nutrition education and physical activity. Four levels of superior performance are awarded: Bronze, Silver, and Gold and Gold of Distinction. Forty-Two North Dakota schools have received the prestigious HUSSC award:

Bronze

- Lidgerwood Public Schools
- Richland Public Schools
 - Elementary
 - Junior/Senior High
- Medina Elementary
- Emerado Public School
- Jamestown Public Schools
 - Lincoln Elementary
 - Louis L' Amour Elementary
 - Roosevelt Elementary
 - Washington Elementary
- West Fargo School District
 - Cheney Middle School

Gold

- Wahpeton Indian School
 - Circle of Nations
- Grand Forks Public
 - Elroy Schroeder Middle School
 - Nathan Twinning Elementary/Middle Sch.
 - South Middle School
 - Valley Middle School
- Milnor Public School

Silver

- Hettinger Public Schools
- Adams-Edmore Public Schools
 - Elementary School
 - Senior High School
- Valley City Public Schools
 - Jefferson Elementary
 - Washington Elementary
- Elgin Public School
- Oakes Elementary School
- Valley-Edinburg
 - K-4 Elementary School

Gold of Distinction

- Burlington-Des Lac Elementary
- Golva Elementary
- Nече Elementary
- ND Youth Correctional Center
- Grand Forks Elementary Schools
 - Ben Franklin
 - Carl Ben Eielson
 - Century
 - Kelly
 - Lake Agassiz
 - Lewis & Clark
 - Phoenix
 - Viking
 - West
 - Wilder
 - Winship
- Carrington Public School
- Elgin-New Leipzig
- Midway Public School

FRESH FRUIT AND VEGETABLE PROGRAM

The Fresh Fruit and Vegetable Program (FFVP) is a federally assisted program providing free fresh fruits and vegetables to students in participating elementary schools during the school day.

The FFVP began in 2004 and is administered at the state level by the Child Nutrition & Food Distribution programs-the same agency that administers the National School Lunch Program. Legislation in 2008 expanded the program to schools not previously authorized to participate in the program.

The program is geared towards elementary school with the highest proportion of free and reduced lunch enrollment, especially those at 50 percent and higher. Total enrollment of all schools selected in the state must result in a per-student allocation of \$50-\$75.

The goal of the FFVP is to improve children's overall diet and create healthier eating habits to impact their present and future health. The FFVP will help schools create healthier school environments by providing healthier food choices, expanding the variety of fruits and vegetables children experience, and increasing children's fruit and vegetable consumption.

The program runs from July 1 to June 30 each year. Applications to participate in the program must be completed yearly.

	2010-2011	2011-2012	2012-2013	2013-2014
Grant Funds	\$1,153,165	\$1,695,900	1,743,400	1,829,391
#Schools Participated	111	172	170	180
#Students received FFVP	19,834	33,918	34,868	35,667

THE SUMMER FOOD SERVICE PROGRAM

When school lets out, millions of low-income children lose access to the school breakfast, lunches and afterschool snacks they receive during the regular school year. The Summer Food Service Program fills in this gap and provides free meals and snacks to children who might otherwise go hungry.

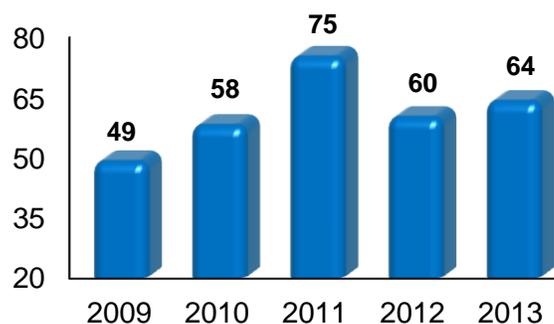
The Summer Food Service Program (SFSP) provides free meals and snacks to low-income children through age 18 when school is not in session. Most SFSP sites are open to all the children in the community. These open sites are eligible if the site is located in an area where at least 50 percent of the children are from households that would be eligible for free or reduced priced school meals.

Other SFSP sites serve free meals and snacks only to those children enrolled in their programs. These enrolled sites are eligible for federal funds to serve all the children enrolled in the program if at least 50 percent of the children enrolled qualify for free or reduced-price schools meals.

Meals served through the SFSP must meet federal nutrition standards. In addition, many SFSP sites provide not just meals, but educational enrichment and recreational activities that help children continue to learn and stay safe when school is not in session. The meals provided through the Summer Food Service Program act as a magnet to draw children to these activities.

At most sites in North Dakota, children receive either one or two meals per day. Residential camps and sites that serve children from migrant households may be approved to serve up to three meals or two meals and one snack per day.

Number of Participating Sites



SFSP Sponsor Types

Migrant	3
Government	1
School	26
Private Non-Profit	6
Upward Bound	2
Total	38

SUMMER FOOD SERVICE PROGRAM PARTICIPATION

Average Daily Participation

<u>Month</u>	<u>Breakfast</u>	<u>Lunch</u>	<u>Supper</u>	<u>Snacks</u>	<u>Sponsors</u>	<u>Sites</u>
May	163	196	0	0	3	4
June	1257	2739	44	362	29	41
July	772	1801	0	358	21	34
August	329	786	0	93	17	16

Total number of lunches served 108,072

Total Program Expenditures

Administrative Funding (local agency)	\$ 45,668
Meal Reimbursement	\$443,012

INFANTS AND YOUNG CHILDREN

Infants and young children are served primarily through the Child and Adult Care Food Program. The Child and Adult Care Food Program (CACFP) plays a vital role in improving the quality of child care and making it more affordable for many low-income families. The CACFP provides nutritious meals and snacks to children and adults being cared for at family child care homes, child care centers, Head Start programs, school-age child care sites, and adult care centers.

The CACFP benefits children and adults in many ways:

Participating programs provide meals according to the nutrition standards set by USDA, ensuring that children and adults receive balanced, nutritious meals and snacks.

Studies show that children in the CACFP receive meals that are nutritionally superior to those served to children in child care centers without the CACFP.

The CACFP can help start good nutrition habits early in life.

The CACFP resources and training support communities by supporting child care.

Research cites participation in the CACFP as one of the major factors influencing quality care.

The CACFP is key to good nutrition and quality, affordable child care, which allows children to develop fully, prepares children to enter school ready to learn, and helps working families work.

The CACFP is operated by public or private non-profit and private for-profit child care centers, afterschool programs, childcare homes, school programs, and other agencies. Public and private non-profit sponsoring organizations provide direct administration services for child care providers and are reimbursed for their administrative expenses.

Number of CACFP Meals Served Annually-Centers

	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>
Breakfast	1,030,880	1,013,876	1,017,897	1,020,127
Lunch	1,266,135	1,257,292	1,246,721	1,249,856
Supper	43,959	36,020	50,935	51,282
Snacks	1,506,077	1,527,736	1,562,852	1,581,174
Total	3,847,747	3,834,924	3,878,378	3,902,439

Number of CACFP Meals Served Annually-FCCH Sponsors

	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>
Breakfast	1,725,462	1,705,306	1,646,033	1,560,134
Lunch	1,836,264	1,815,664	1,746,626	1,651,496
Supper	101,905	92,772	79,240	66,196
Snacks	2,168,115	2,124,305	2,025,876	1,907,455
Total	5,831,746	5,738,047	5,497,775	5,185,254



NUMBER OF AGENCIES PARTICIPATING IN THE CACFP

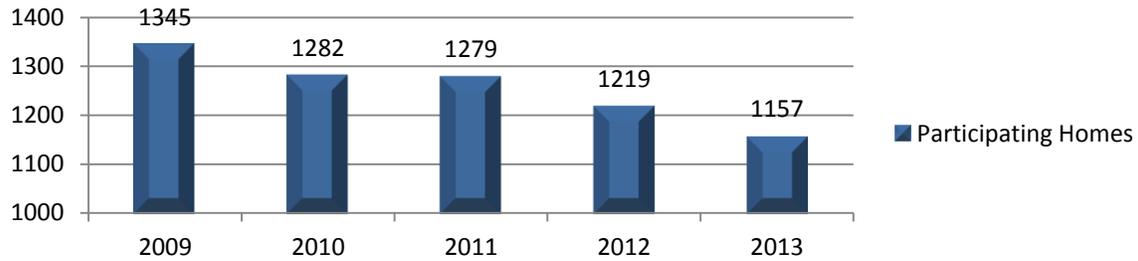
	<u>Public</u>	<u>Private</u>
Military	1	2
Tribal	2	2
Centers	22	62
Head Start	4	7
Family Child Care Sponsors	1	4

FAMILY CHILD CARE SPONSORS

<u>Private</u>	<u>Homes</u>
Heartland Child Nutrition, Inc (Bismarck)	517
Southeast ND Community Action Agency (Fargo)	341
Dakota Prairie Community Action Agency (Devils Lake)	43
NDC, Inc (Minot)	235

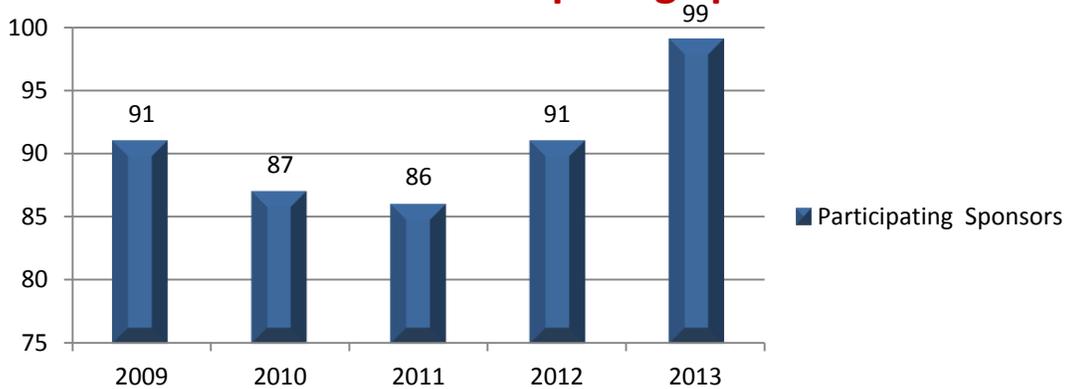
<u>Public</u>	<u>Homes</u>
ABC Child Care (Minot & Grand Forks Air Force Bases)	21

Number of Participating Homes



Total reimbursement for meals FY 12-2013.... \$5,860,543

Number of Participating Sponsors



Total reimbursement for meals FY 12-2013.....\$2,834,540

HOUSEHOLDS

The household food distribution programs play a significant role in improving the nutritional status and food security of individuals. USDA foods are provided in household-sized packages and include vegetables and fruits, grains and cereals, meat and meat alternates, milk products, and staple foods. USDA foods are intended to supplement the foods purchased by individuals and households.

Three USDA food assistance programs are available to income-eligible households:

-  Food Distribution Program on Indian Reservations (FDPIR)
-  The Emergency Food Assistance Program (TEFAP)
-  Commodity Supplemental Food Program (CSFP)

Food Distribution Program on Indian Reservations (FDPIR)

Participants in the FDPIR receive foods that are available as a monthly package. In fiscal year - 2013, an average of 4,382 people participated in the FDPIR each month.

Previously known as the Needy Family Program, this is the oldest of the USDA Food and Nutrition Service programs, going back to the Great Depression of the 1930s.

The Emergency Food Assistance Program (TEFAP)

USDA foods are distributed to food pantries across the state under TEFAP. Great Plains Food Bank of Fargo is responsible for local administration of the program.

TEFAP provides financial assistance for the statewide distribution of non-USDA food items to food pantries. The CNFD office also has a cooperative arrangement with Great Plains Food Bank of Fargo to support the distribution of non-USDA food donated by the food industry.

<u>Agency</u>	<u>Office</u>	<u>Sites Served</u>
Great Plains Food Bank	Fargo	161

Commodity Supplemental Food Program (CSFP)

The CSFP provides a monthly food package to people with limited incomes, mainly the elderly. The program serves seniors age 60 and older who are at or below 130 percent of the poverty level. The program works to improve the health of seniors by supplementing their diets with nutritious USDA foods. It provides food and administrative funds to states to supplement the diets of these groups. Attention must be given to the nutritional needs of the growing number of elderly citizens in North Dakota.

On average, 2,047 seniors participated monthly in the CSFP in fiscal year 2013. The average USDA value of a CSFP food Package is \$15 per month per person. The USDA value is generally one half of retail value.



USDA FOOD DISTRIBUTION PROGRAMS

The distribution of USDA foods serves two purposes:

-  To strengthen the nutrition health of participating persons
-  To strengthen American agriculture

In addition to households receiving USDA foods through the FDPIR, TEFAP, and CSFP, children from infancy through teen years are also participants through school, child care, and summer programs that receive USDA food assistance.

School USDA Food Distribution Program (SCH)

Schools participating in the National School Lunch Program receive a variety of USDA foods in institutional sizes. USDA foods must be of domestic origin, and nearly 60 percent of the food purchased for the Child Nutrition Programs by USDA must be determined by the Department to be in surplus at the time of purchase. USDA foods are intended to supplement the foods purchased by foodservice personnel.

Each school receives an entitlement amount which is based on the current per meal rate from USDA multiplied by 180 days multiplied by each school's average daily participation (ADP) from October of the previous year. Schools use their entitlements to purchase USDA foods that are offered by CNFD.

During Fiscal year 2012-2013, the USDA per meal rate was \$.2275 cents, which gave North Dakota an entitlement of \$3,450,626.

Child and Adult Care Commodity Program (CACFP)

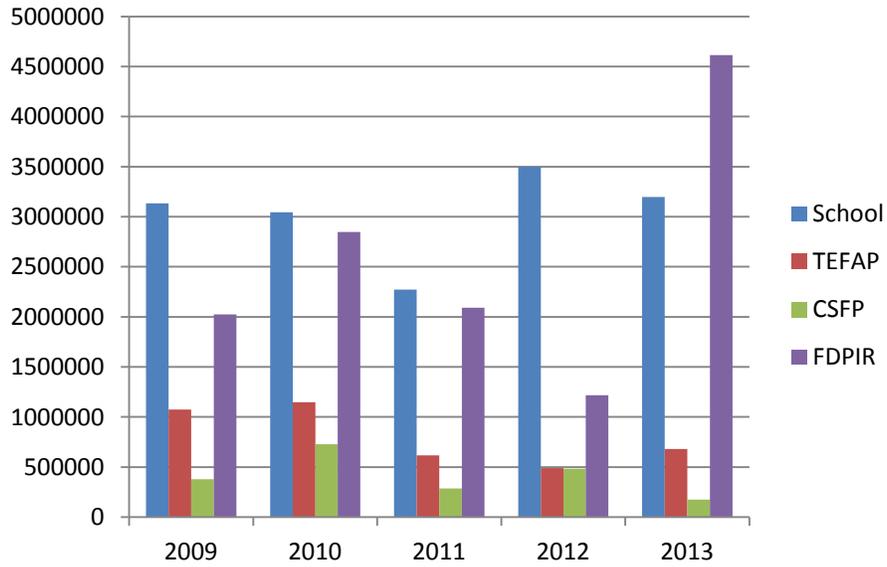
Like the school USDA food distribution program, child care centers who participate in the Child and Adult Care Food Program are eligible to receive institutional-sized USDA foods. Unlike schools, child care centers who participate have the option of accepting USDA foods or cash-in-lieu of USDA foods. Entitlement for fiscal year 2013 was \$7,503.47 with one North Dakota child care center participating in the program. The total amount of cash-in-lieu paid to CACFP centers in 2013 was \$ 284,123.

Charitable Institution Commodity Program (CI)

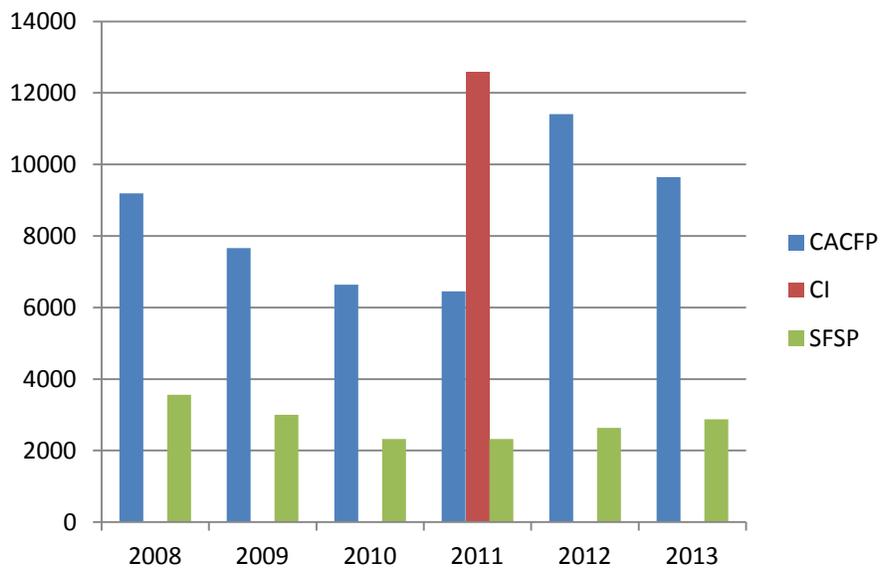
Participants that are eligible to receive USDA food under this program must be public institutions or non-profits organizations that provide meal service on a regular basis and operate in the same place without marked changes such as emergency shelters, soup kitchens, hospitals, retirement homes, elderly nutrition projects, and adult correctional institutions that conduct rehabilitation programs for a majority of inmates. USDA foods available for this program are bonus items from USDA.

USDA Food Distribution Facts

USDA Food Purchases Over \$100,000



USDA Food Purchases Under \$100,000



VALUE OF FOOD DISTRIBUTED IN FISCAL YEAR 2013

(Includes bonus USDA foods)

<u>Local Agency Type</u>	<u>Value</u>
CACFP	\$ 12,896
Charitable Institutions	\$ 0
CSFP	\$ 566,378
FDPIR	\$ 2,922,746
Schools	\$ 2,451,975
SFSP	\$ 3,142
TEFAP	\$ 439,453
<i>Total Distributed</i>	\$ 6,507,193

WAREHOUSE AND DISTRIBUTION COSTS

The CNFD office contracts with a privately owned North Dakota business to warehouse and transport USDA foods. Warehousing and transportation costs are supported by local and federal funds. During fiscal year 2013, the cost to warehouse and distribute food statewide was:

 Warehousing	\$214,473
 Transporting (includes fuel surcharge)	\$385,480

NORTH DAKOTA USDA FOODS

USDA purchases various North Dakota products for nationwide distribution in the USDA food distribution programs. In fiscal year 2013, these products were:

<u>Product</u>	<u>Pack Size</u>	<u>Quantity Purchased (LBS)</u>	<u>Value</u>
Frozen Potatoes for Processing	Bulk	4,040,000	\$449,280
Macaroni and Cheese	48/7.25 oz. boxes	244,296	\$246,495
Spaghetti Pasta	20 lb. containers	40,000	\$14,780
Spaghetti Pasta	12/2 lb.	4,896,000	\$1,985,614
Whole Grain Spaghetti	20 lb. containers	2,040,000	\$838,988
Whole Grain Spaghetti	12/2 lb.	2,080,800	\$886,898
Sunflower Seed Butter	6/5 lb. containers	739,200	\$1,537,721
Sunflower Seed Butter for Processing	Barrel 520 lb. Bulk	43,680	\$85,307
Total Value:			\$6,045,082

NUTRITION PROFESSIONALS

The professionals who plan and prepare nutritious meals and snacks have a profound impact on the children they serve. The CNFD office supports these individuals by providing training for the multitude of skills needed to manage a nutrition program. Professional development activities include:

- 🍏 *Pathways to a Quality Foodservice* training series
- 🍏 Directions newsletter for school nutrition personnel
- 🍏 Round Up newsletter for child care personnel
- 🍏 One-on-one consultations
- 🍏 Mentoring program
- 🍏 Site visits
- 🍏 Back-to-School workshops

The *Pathways to a Quality Foodservice* series of courses is the centerpiece of training for nutrition professionals. In 2012-2013:

- 🍏 12 Pathways courses were held.
- 🍏 183 nutrition professionals attended training.

The Healthy Hunger-Free Kids Act of 2010 required USDA to update the school meal nutrition standards to reflect the most current dietary science. It has been fifteen years since school meal standards have been updated. CNFD staff provided the following trainings to food service personnel across the state to assist staff in creating menus to reflect the New Meal Pattern, which was effective July, 2012.

New Meal Pattern trainings were offered in Bismarck, Mandan, West Fargo and Towner. 375 food service staff and administrators attended NMP training.

Additional 6 Cent Reimbursement

The Healthy Hunger Free Kids Act of 2010 provides schools participating in the NSLP an additional reimbursement of 6 cents per lunch for School Food Authorities who are in compliance with the new meal pattern.

Technical assistance visits were provided to 47 school districts to assist them in becoming 6 cent certified.

In the 2012-2013 school year, 169 districts participating in the NSLP have been certified to receive the additional 6 cents.



SCHOOL AND PROGRAM ADMINISTRATORS

Our office strives to provide the best possible customer service to local school program administrators. Assistance is available through:

- 🍎 Site visits
- 🍎 Formal training
- 🍎 Administrative Update newsletter
- 🍎 Interactive web site
- 🍎 Telephone and email consultation

Our staff works hard to provide leadership and new ideas in program administration, nutrition, and other areas. This is done in order to expand and improve operations at all levels. We take this leadership role very seriously.

HEALTHY SCHOOLS

Team Nutrition

Team Nutrition (TN) is a USDA initiative to support Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for teachers, children and their caregivers, and school and community support for healthy eating and physical activity. Team Nutrition's goal is to improve children's lifelong eating and physical activity habits by using the principals of the *Dietary Guidelines for American* and *My Plate*. More information on TN and several resources are available on the TN website at www.teamnutrition.usda.gov.



Team Nutrition funding to states is received through competitive USDA grants. North Dakota Child Nutrition Programs has a long history of receiving TN grants since they were first offered in 1995. Twelve grants totaling over 2.1 million dollars from 1995 through 2011 have supported the development of extensive services in nutrition education and foodservice training. The USDA TN grant awarded to North Dakota for 2012-2013 will be completed in September 2014 and had three major goals:

1. Provide training for NSLP or CACFP foodservice staff on implementing the 2010 *Dietary Guidelines for Americans* (DGAs), applying for the Healthier US School Challenge (HUSSC), maximizing the use of USDA Foods, and meeting the requirements for the new meal patterns for school meals mandated by the Healthy Hunger Free Kids Act of 2010 (HHFKA).

2. Provide fun and interactive nutrition education and/or physical activity for children, teachers, parents, and other caregivers.

3. Provide schools or child care centers with technical assistance to create and maintain a healthier school or child care environment, as well as implement and review their wellness policies to align with the requirements set forth in the Healthy Hunger Free Kids Act of 2010, including those for school or child care meals, competitive foods, nutrition education, nutrition promotion, physical education, physical activity, and other school- or child care program-based

To achieve the goals and objectives for the TN 2012-2013 grant the following activities were implemented during the 2012-2013 grant year:

-  The RFA for the REA Sub-grant was developed and distributed, three proposals were received and the sub-grant was awarded on December 21, 2012. Three \$4500 Sub-grants were awarded to FCCH Sponsoring Organizations.
-  The Family Child Care Home (FCCH) Sponsoring Organization Sub-grant application was distributed. Applications were due January 18, 2013.
-  The Healthier US School Challenge materials were updated.
-  HUSSC trainings were held on March 27, 2013. Additional trainings will be held in April and August 2013.
-  Only one person enrolled in the Nutrition for the School Aged Child training that was scheduled for June 2013. We are developing an on-line version of this course.
-  Nutrition education training for state Head Start Health Coordinators was conducted.
-  Two state staff and one school foodservice director attended the Smarter Lunchroom Symposium in Ithaca, New York in May, 2013.
-  A session on the new breakfast and lunch meal patterns was presented on June 4th at the North Dakota School Nutrition Association meeting. 172 school foodservice personnel attended the meeting.

REIMBURSEMENT RATES 2012-2013

SCHOOL NUTRITION PROGRAMS

	<u>NLSP Reimbursement</u>	<u>SBP Reimbursement</u>	<u>Snack Reimbursement</u>
Free	\$2.86	\$1.55	\$.78
Reduced Price	\$2.46	\$1.25	\$.39
Full Price	\$.27	\$.27	\$.07

SUMMER FOOD SERVICE PROGRAM

Meal Reimbursement

Breakfast	\$1.80
Lunch/Supper	\$3.14
Snacks	\$.73

Administrative Reimbursement

<u>Rural Self-Preparation Site</u>		<u>Other Sites</u>	
Breakfast	\$.18	Breakfast	\$.1425
Lunch/Supper	\$.33	Lunch/Supper	\$.2725
Snacks	\$.09	Snacks	\$.07

CHILD AND ADULT CARE FOOD PROGRAM

CHILD AND ADULT CARE CENTERS

	<u>Paid</u>	<u>Reduced Price</u>	<u>Free</u>
Breakfast	\$.27	\$1.25	\$1.55
Lunch/Supper	\$.27	\$2.46	\$2.46
Snacks	\$.07	\$.39	\$.78

FAMILY CHILD CARE HOMES

	<u>Tier I</u>	<u>Tier II</u>
Breakfast	\$1.27	\$.46
Lunch/Supper	\$2.38	\$1.44
Snacks	\$.71	\$.19

FCCH Sponsor Administrative Reimbursement - per home, per month

1-50 Homes	\$107
Next 150 Homes	\$ 82
Next 800 Homes	\$ 64
Additional Homes	\$ 56

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