



CPR and AED Training for Students

2015

As a result of Senate Bill (SB) 2013, introduced and passed during the 2015 North Dakota legislative session, school districts and nonpublic schools are extended eligibility for reimbursement for providing cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) training to middle school and high school students during the 2015-2016 and 2016-2017 school years. The reallocation of funds through the legislative process eliminated the requirement for any in-kind or match for funds. This fact sheet provides guidance for districts that might choose to implement this program with funding allocated by the 2015 legislature. CPR and AED training are not required by law, but encouraged as best practice.

Approximately 92 percent of sudden cardiac arrest victims die before reaching the hospital, but statistics prove that if more people knew CPR, more lives could be saved. Immediate CPR can double or even triple a victim's chance of survival. (American Heart Association)

The intent of SB 2013 is to provide a means for all North Dakota middle and high school students to graduate with the ability to perform CPR. This skill provides great benefit and will increase the number of CPR-ready individuals in our schools and communities, expose students to medical or emergency services as a career, give students a valuable skill for employability, and encourage students to consider voluntary emergency services (EMS or fire) within their community.

Training Requirements for Reimbursement

1. School districts and nonpublic schools may be eligible for reimbursement under this section if they utilize one class period in a required course of the district's choosing, for the purpose of providing instruction in cardiopulmonary resuscitation to as many students as possible. The training must:
 - Conform to the most recent national evidence-based American Heart Association guidelines for CPR and emergency cardiovascular care;
 - Be conducted according to guidelines established by the American Heart Association, the American Red Cross, or another nationally recognized nonprofit organization;
 - Include the practice of chest compressions;
 - Include instruction in the use of an automated external defibrillator (AED); and
 - Use course curriculum which allows for demonstration of competency in performing cardiopulmonary resuscitation and associated skills, including automated external defibrillator and first aid, gained through psychomotor skills practice based on current national guidelines.
2.
 - a. Upon completion of the training, each school district and nonpublic school may submit documentation verifying the training and any expenses incurred in providing the training to the North Dakota Department of Public Instruction.
 - b. For purposes of this section, "reimbursable expenses" include costs for instructors, training staff as instructors, instructional materials, and manikins.
 - c. A school district or nonpublic school's reimbursement may not exceed the equivalent of \$15 multiplied by the number of students undergoing the training each year.

3. School districts and nonpublic schools may combine with other school districts and nonpublic schools to provide the training or direct that a regional education association provide or facilitate the training.
4. The North Dakota Department of Public Instruction shall provide the reimbursements to school districts and nonpublic schools in accordance with the order in which completed requests are received.

Steps to Become Eligible for Reimbursement

To become eligible, districts need to take the following steps:

1. Determine which grade, students and required class will receive the training.
2. Determine level of training and qualified trainer.
3. Determine when training will be offered (semester and year).
4. Implement the CPR/AED training for students.
5. Complete and submit the required form found at www.nd.gov/dpi and include supporting documentation.

School districts are given flexibility to implement training in any way that best meets individual school needs as long as the above training requirements are met. Districts are encouraged to collaborate with agencies listed in the “Contacts” section to determine the best program for their students.

Comprehensive Course: A comprehensive 4 to 6 hour training covers instruction in First Aid, CPR, and use of an AED. This type of training may be implemented over the course of several class periods.

Considerations: This level of training is highly recommended as it provides a more comprehensive experience, preparing students for a multitude of health situations. Students who complete the course will be certified in CPR, AED use and First Aid.

Intermediate Course: This training level thoroughly covers CPR and AED instruction in 2 to 4 hours and can be completed over multiple class periods.

Considerations: Students would be certified in CPR and AED use. The training does not include the First Aid portion included in the Comprehensive Course.

Abbreviated Course: This training level covers only the basics of CPR and AED instruction.

Considerations: This training meets the requirements of SB 2013 and can be taught by school staff who are not certified, but are knowledgeable in CPR and use of an AED. It does not include the First Aid portion that is included in the Comprehensive Course and does not include the extended instruction included in the Intermediate Course. Students would not receive formal certification.

Costs to the School District or Nonpublic School

In-kind or cash match is not required. “Reimbursable expenses” include costs for instructors, training staff as instructors, instructional materials, and manikins.

Supporting documentation of costs incurred must be submitted to the North Dakota Department of Public Instruction to be eligible for reimbursement. Allowable evidence used for supporting documentation includes copies of salary spreadsheets, invoices, receipts, purchase orders, or other documents properly coded and indicating payment of the program activities. A copy of the district’s general ledger or a summary spreadsheet showing budget and expenditures information may also be used.

Reimbursement for Training Staff as Instructors

Reimbursable expenses include the cost to train staff to be instructors. This option provides an opportunity to sustain the CPR/AED training for future students. Since reimbursement is dependent on how many students are trained, school districts will submit the reimbursement form and documentation to the North Dakota Department of Public Instruction after the student training is completed.

Reimbursement Processing

Requests for reimbursement will be processed in the order received at the North Dakota Department of Public Instruction. SB 2013 appropriated \$450,000 in funding to cover the costs over the next two years for this training. Requests must be submitted 30 days after the training and no later than:

- June 15, 2016 for the 2015-2016 school year and
- June 15, 2017 for the 2016-2017 school year.

Note: *Districts are allowed only one submission for reimbursement per school year.*

Contacts

North Dakota has many statewide partners eager to assist in training our youth in CPR and AED instruction. Districts are encouraged to work with local ambulance services, medical facilities, fire departments, and/or community service groups.

American Heart Association

1005 12 Avenue SE
Jamestown, N.D. 58401
Phone: (800) 437-9710
www.heart.org

American Red Cross

2602 12th Street North
Fargo, N.D. 58102
Phone: (218) 736-3481 Ext.2122
www.redcross.org

North Dakota Safety Council

1640 Burnt Boat Drive
Bismarck, N.D. 58503
Phone: (701) 223-6372
Phone: (800) 932-8890
www.ndsc.org

Resources

- ◆ www.heart.org/CPRinSchools
- ◆ www.heart.org/NorthDakota
- ◆ CPR for Students: American Red Cross
www.redcross.org/take-a-class/school-programs
- ◆ First Aid (including CPR and AED training): North Dakota Safety Council
www.ndsc.org/firstaid/default.aspx
- ◆ North Dakota Century Code Chapter 32-03.1 (Good Samaritan Act)
www.legis.nd.gov/cencode/t32c03-1.pdf?20130621150827
- ◆ American Heart Association Reference Materials
www.heart.org/NDcpr



North Dakota Department of Public Instruction
Kirsten Baesler, State Superintendent
600 E Boulevard Ave, Dept 201
Bismarck ND 58505-0440
www.nd.gov/dpi

**For more information, resources
or technical assistance, contact:
DPI Safe & Healthy Schools
dpilon@nd.gov or 701.328.2753**