

Planning for Life After Graduation



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What is Transition?

Transition is the process of preparing for the move from the world of school to the world of adulthood. It starts in the early teens while you are still in school and results in a place for you to live, work or receive additional vocational training upon graduation.

The process of transition is an exciting and fulfilling time that includes many new experiences. Hopefully, this information will assist you in planning for post graduation services. If you have questions or need further information about transition, contact your teacher or any of the agencies listed below.

- **Vocational Rehabilitation Consulting and Services (VR):**

An employment-focused program to help eligible students with disabilities obtain and/or maintain employment that is within their capabilities. VR's main purpose is to assist students upon graduation from high school or a General Equivalency Degree program. However, some services might be during the junior or senior year of high school, in order to facilitate a smooth transition to post-secondary education or employment. For more information, call 328-8800.



Dakota Center for Independent Living (DCIL):

A non-profit, non-residential agency that provides independent living services. Some of our core services are: money management, representative payee services, benefits counseling, social and recreational services, peer mentoring, plans for achieving self support and other skills to increase independence in your home. For more information, call 222-3636.



- **Job Service North Dakota:**

Resource centers containing useful tools and equipment for you to use as you search for employment. You can access local and national job listings, use computer software to develop resumes and cover letters, explore college catalogs and wage and benefit data, access career exploration software and much more. You may also attend workshops to learn about resume writing, interviewing and other job search techniques. Job Service can also provide assessments to find your interests and abilities, helping you find an appropriate career path. For more information go to www.jobsnd.com.

- **Regional VII Transition Program:**

Provides job readiness preparation to students who are currently on an IEP or 504 plan in high school. Services available to help prepare students for life after high school graduation include: job shadowing, college tours, interest inventories, job lessons (application, resume, interviewing), assist students in applying for VR, along with other school to work activities. For more information call 663-0379.

- **Burdick Job Corps:**

A residential vocational training center located in Minot, North Dakota. Our training focuses on employability which includes: social skills, academics, vocational training, job search assistance and follow-up. The basic criteria to enter Job Corps are to be 16-24 years of age and have financial need. If you are interested in entering Job Corps and want to do an application, contact the Outreach Office in Bismarck which is located in Job Service on Century Avenue. Our number is 701-221-5857.