

Fixed Mindset	Growth Mindset
“Are you sure you can do it? Maybe you don’t have talent.”	The harder you work at something the better you will be at it.
“What if I fail?”	“I’m not sure I can do it now, but I think I can learn to with time and effort.”
“If you are not getting something, you can act like you know and keep your dignity.”	“Most successful people had failures along the way.”
“This would have been a snap if I was an artist.”	“If I don’t try, I will fail.”
“It’s not my fault. The teacher didn’t help me.”	“I am on the right track.”

<p>“I do well in math because it is so easy.”</p>	<p>“I made a mistake here.”</p>
<p>“I am awesome at this!”</p>	<p>“You have been practicing and I see it is paying off.”</p>
<p>“I don’t get this.”</p>	<p>“I like how you tried a new way to solve that.”</p>
<p>“You did an excellent job.”</p>	<p>“You are really sticking with this.”</p>
<p>“I don’t have to study – it’s so easy.”</p>	
<p>“This is what not to do in this problem.”</p>	