



**NORTH DAKOTA DEPARTMENT OF  
PUBLIC INSTRUCTION**

# Youth Mental Health

**Gail Schauer, Assistant Director  
Safe and Healthy Schools Unit**





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## **Safe and Healthy Schools Unit**

### Mission

All students achieve  
their maximum education  
and social potential  
in a healthy and safe  
school and community environment.



# Youth Mental Health PD

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Senate Bill 2048

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Section 1: Teacher Licensure Requirements

Section 2: YMH Training

Section 5: DPI Report

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# Youth Mental Health PD

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Senate Bill 2048

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## Section 1: Teacher Licensure Requirements

Candidates for teacher licensure must demonstrate competencies in youth mental health.

- ND Universities
  - Teachers From Other States
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# Youth Mental Health PD

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Senate Bill 2048

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## Section 5: DPI – Report to Legislative Management

DPI shall:

- Compile information on mental health training provided by districts,
  - Determine the feasibility and effect of training,
  - Submit to legislative management by July 1, 2016.
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# Youth Mental Health PD



Senate Bill 2048 – NDCC 15.1-07-34

## Section 2: Youth Mental Health Training

- Once every two years
- Must provide at least 8-hours of prof development
- To Elem, MS & HS teachers, and administrators
- Encourage ancillary & support staff to participate

[www.nd.gov/dpi/Administrators/SafeHealthy/FactSheets/](http://www.nd.gov/dpi/Administrators/SafeHealthy/FactSheets/)

# Youth Mental Health PD



Senate Bill 2048 – NDCC 15.1-07-34

## Section 2: Youth Mental Health Training

### MUST INCLUDE:

1. Understanding prevalence and impact of youth mental health disorders,
2. Knowledge of mental health symptoms, social stigmas, risk and protective factors, and
3. Awareness of referral sources and strategies for appropriate intervention.

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Senate Bill 2048 – NDCC 15.1-07-34

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## Section 2: Youth Mental Health Training

Each school district shall report the outcome of the training to DPI.

DPI shall collaborate with REAs to disseminate information, training materials, and notice of training opportunities to schools.

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# Youth Mental Health PD

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How and why?

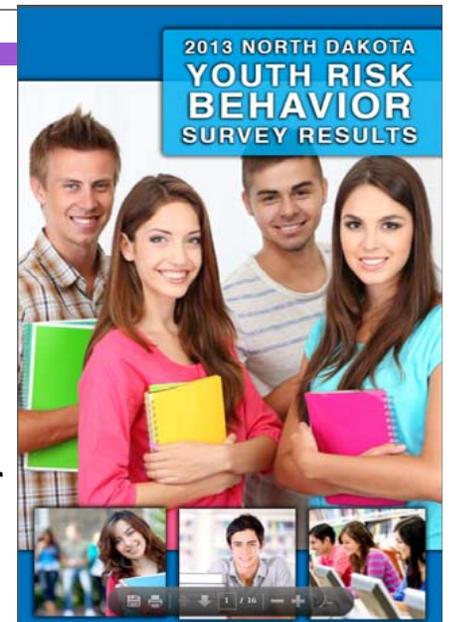
- One out of every five children experiences a mental health disorder in any given year
- Only 20% receive treatment
- Half of all mental health illness begin by age 14

# Youth Mental Health PD



In 2013, ND HS students reported –

- 35% had a drink in last 30 days
- 22% binge drank in last 30 days
- 25% feel sad/hopeless, stop daily activities in past yr
- 16% seriously considered suicide in past yr
- 25% reported being bullied on school property in past yr
- 18% used prescription drugs w/out Dr. prescription in their lifetime



# Youth Mental Health PD

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## Options for Youth Mental Health Training

- Local decision on when, how, and who can do the training
- Youth Mental Health First Aid
- Elementary Mental Health Training
- Mental Health Training Curriculum for Juvenile Justice
- ND Special Education State Systemic Improvement Plan (SSIP)
- Professional Community
- Others

# Youth Mental Health PD



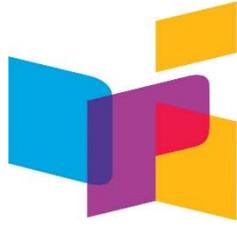
## Reporting Requirements

**Youth Mental Health – Professional Development**

NDCC 15.1-07 [link to URL]

More information and guidance can be found at [DPI URL].

	# of Participants	Hours Trained	Content Covered Check All That Apply	Delivery Method(s)
Administrators	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Teachers	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Ancillary and Support Staff	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Collaborations with Other Agencies (List agencies/organizations collaborated with to implement.)	<input type="text"/>			
Comments (List the success of PD, the anticipated outcomes, assessments to evaluation, and other feedback.)	<input type="text"/>			



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A Youth Mental Health Training Fact Sheet can be found at  
[www.nd.gov/dpi/Administrators/SafeHealthy/FactSheets/](http://www.nd.gov/dpi/Administrators/SafeHealthy/FactSheets/).

If we can be of help in any way, please contact our office.

**Gail Schauer, Assistant Director**

**Safe and Health Schools Unit**

**(701) 328-2265**

[gschauer@nd.gov](mailto:gschauer@nd.gov)

