

# MOMENTS OF IMPACT

## Student Guide

One October evening, three young men  
lost their lives. They didn't have to.

The Moments of Impact video and images used in this curriculum were produced and provided by KAT Communications, Bismarck, ND.  
Other proud contributing partners to this project include:



Aetna Employees | American Bank Center | Basin Electric Power Cooperative | Gate City Bank | Montana-Dakota Utilities Company  
North Dakota Department of Public Instruction | North Dakota Insurance Reserve Fund | North Dakota Highway Patrol

# Session 1

## "Your Turn"

### Course Objectives

- List the primary reasons the 3 people in the video were killed
- List the "Moments of Impact" from the video
- Name the reasons under-age drinking is such a large problem in North Dakota
- Share how you feel about the under-21 drinking age law
- Compile a list of possible solutions to impact this problem

You will work on multiple questions within a small group. Work TOGETHER to formulate well-thought answers. EACH PERSON should write the group answers in their student manual. Select one "reporter" in your group to share your group answers with the class as instructed.

### QUESTION 1

**What would you say are the primary reasons this tragedy happened?**

*(List all of the causes or decisions you feel contributed to this tragedy.)*

### QUESTION 2

**What were the "Moments of Impact" that you remember in the reenactment where someone had an opportunity to change the outcome? (HINT- There were a total of 5 MOMENTS OF IMPACT in the video.)**

# Session 2

## "Why Me"

### **QUESTION 3**

Why do you think North Dakota is first, out of all 50 states, in the number of young people who BINGE drink?

### **QUESTION 4**

Do you agree with the under-21 drinking age law? Why or why not?

### **QUESTION 5**

Why do you think the National Drinking Age Act was passed in 1984?

# Session 3

## "Our Future"

### **QUESTION 6**

If someone in your group has made the personal decision NOT TO DRINK ALCOHOL, why did they make that decision?

### **LIST 1**

What can an individual person do to make a positive impact on this problem?

### **LIST 2**

What can your school do to make a positive impact on this problem?

It takes years of training to become a star basketball player... years of practice to become a top-notch musician...

**How can you become a safe driver without equal training and instruction?**

**VEHICLE CRASHES are the #1 KILLER of drivers ages 14 to 24.**

*And the **most dangerous year** of a person's life is the **first year they learn to drive.***



*Increase your chances of living to age 25 by enrolling in an **Alive at 25** course. This 4-hour classroom course will give you the training you need and help keep you safer on the road. Alive at 25 covers the risks involved with speed, alcohol, distractions, weather, and several others.*

*And, **Alive at 25** is approved in ND for point reduction and insurance discounts!*

**Receive the training you need BEFORE a ticket, BEFORE a crash, BEFORE lives lost.**

Log onto [www.ndsc.org](http://www.ndsc.org) to find a course in your area.  
Questions? Call 701-223-6372

