

HIV/AIDS EDUCATION

Universal Precautions Kits

North Dakota Department of Public Instruction
 Safe & Healthy Schools
 701-328-2753

Kit Supplies	Purpose	Recommendations
Container for kit: plastic container, tote tray, or fanny pack	To safely store kit materials	Each kit should be restocked after each use and reviewed annually for outdated materials.
Large, re-sealable plastic bag	To dispose of bloody and/or soiled materials	A sealable plastic bag will help contain soiled materials.
4 single use, disposable, non-sterile gloves	To use as a barrier against body fluids	Stock gloves in a variety of sizes.
4 - 4x4 gauze squares	To cover wounds and stop bleeding	
6 assorted bandages	To cover wounds	
Absorbent paper towels	To clean up blood, vomit, etc.	The site must be cleaned and then disinfected by the appropriate staff.
Alcohol-based hand sanitizer (alcohol base of at least 60%)	If soap and water are not immediately available, hand sanitizers can be used to kill germs on the hands. Hand sanitizers should not be used (and are not effective) if visible dirt, blood or other body fluids are present.	Hand washing with soap and water for at least 15-20 seconds is the best single way to prevent the spread of germs from one person to another.

Recommendations:

- Keep one Universal Precautions kit in each classroom.
- One kit containing personal protective equipment (PPE) should be available at each school. PPE may include: gloves, gown, face shields or masks, eye protection and resuscitation bags or pocket masks for ventilation (CPR).
- A fanny pack of supplies should also be kept with playground attendants and bus drivers.