

## ASCA PERSONAL/SOCIAL DEVELOPMENT CROSSWALK TOOL

This form is a tool which can be used to assist in planning your overall guidance curriculum.

Topic of the school guidance curriculum presentation			
Name of the specific lesson or curriculum, product or company			
<b>PERSONAL/SOCIAL DEVELOPMENT DOMAIN</b>			
<b>STANDARD A: STUDENTS WILL ACQUIRE THE KNOWLEDGE, ATTITUDES, AND INTERPERSONAL SKILLS TO HELP THEM UNDERSTAND AND RESPECT SELF AND OTHERS.</b>			
<b>COMPETENCY A1 ACQUIRE SELF-KNOWLEDGE</b>			
PS:A1.1 develop positive attitudes toward self as a unique and worthy person			
PS:A1.2 identify values, attitudes and beliefs			
PS:A1.3 learn the goal-setting process			
PS:A1.4 understand change is a part of growth			
PS:A1.5 identify and express feelings			
PS:A1.6 distinguish between appropriate and inappropriate behavior			
PS:A1.7 recognize personal boundaries, rights, and privacy needs			
PS:A1.8 understand the need for self-control and how to practice it			
PS:A1.9 demonstrate cooperative behavior in groups			
PS:A1.10 identify personal strengths and assets			
PS:A1.11 identify and discuss changing personal and social roles			
PS:A1.12 identify and recognize changing family roles			

Topic of the school guidance curriculum presentation			
Name of the specific lesson or curriculum, product or company			
<b>COMPETENCY A2 ACQUIRE INTERPERSONAL SKILLS</b>			
PS:A2.1 recognize that everyone has rights and responsibilities			
PS:A2.2 respect alternative points of view			
PS:A2.3 recognize, accept, respect and appreciate individual differences			
PS:A2.4 recognize, accept and appreciate ethnic and cultural diversity			
PS:A2.5 recognize and respect differences in various family configurations			
PS:A2.6 use effective communications skills			
PS:A2.7 know that communication involves speaking, listening, and nonverbal behavior			
PS:A2.8 learn how to make and keep friends			
<b>STANDARD B: STUDENTS WILL MAKE DECISIONS, SET GOALS, AND TAKE NECESSARY ACTION TO ACHIEVE GOALS.</b>			
<b>COMPETENCY B1 SELF KNOWLEDGE APPLICATION</b>			
PS:B1.1 use a decision-making and problem-solving model			
PS:B1.2 understand consequences of decisions and choices			
PS:B1.3 identify alternative solutions to a problem			
PS:B1.4 develop effective coping skills for dealing with problems			
PS:B1.5 demonstrate when, where and how to seek help for solving problems and making decisions			
PS:B1.6 know how to apply conflict resolution skills			
PS:B1.7 demonstrate a respect and appreciation for individual and cultural differences			
PS:B1.8 know when peer pressure is influencing a decision			
PS:B1.9 identify long- and short-term goals			
PS:B1.10 identify alternative ways of achieving goals			
PS:B1.11 use persistence and perseverance in acquiring knowledge and skills			
PS:B1.12 develop an action plan to set and achieve realistic goals			

Topic of the school guidance curriculum presentation			
Name of the specific lesson or curriculum, product or company			
<b>STANDARD C: STUDENTS WILL UNDERSTAND SAFETY AND SURVIVAL SKILLS.</b>			
<b>COMPETENCY C1 ACQUIRE PERSONAL SAFETY SKILLS</b>			
PS:C1.1 demonstrate knowledge of personal information (i.e. telephone number, home address, emergency contact)			
PS:C1.2 learn about the relationship between rules, laws, safety, and the protection of rights of the individual			
PS:C1.3 learn about the differences between appropriate and inappropriate physical contact			
PS:C1.4 demonstrate the ability to set boundaries, rights and personal privacy			
PS:C1.5 differentiate between situations requiring peer support and situations requiring adult professional help			
PS:C1.6 identify resource people in the school and community, and know how to seek their help			
PS:C1.7 apply effective problem-solving and decision-making skills to make safe and healthy choices			
PS:C1.8 learn about the emotional and physical dangers of substance use and abuse			
PS:C1.9 learn how to cope with peer pressure			
PS:C1.10 learn techniques for managing stress and conflict			
PS:C1.11 learn coping skills for managing life events			