

After School Snacks In the National School Lunch Program

Eligible Programs:

To be eligible to qualify for reimbursement under the School Lunch Program, after school snack programs must meet the following three criteria:

1. A school district or residential childcare facility (RCCI) which participates in the National School Lunch Program (NSLP) must operate the after school care program. The program does not have to use the school district's personnel or regular school facilities. The school district or RCCI must retain final administrative and management responsibility for the program, including the program site. The school district or RCCI must be the party that enters into the agreement with the Department of Public Instruction and must assume full responsibility for meeting all program requirements.
2. The purpose of the program must be to provide care in after school settings. The program must be organized to provide children with regularly scheduled activities in a setting that is structured and supervised. By "regularly scheduled" it does not mean the program must occur daily. Moreover, while eligible programs would not need to establish formal enrollment procedures, they must have a means of determining if children are present on a given day, such as a roster or sign-in sheet.
3. Eligible programs must include educational or enrichment activities in a supervised structured environment. Any extracurricular activities such as the school choir, debate team, and drama society, et al. can qualify to participate under this provision only if their basic purpose is to provide after school care as defined above. Under no circumstances can organized athletic programs engaged in interscholastic sports be approved as after school care programs under this provision.

Schools qualify for snack reimbursement based on the numbers of paid, free and reduced-price children enrolled in the school.

At Risk Snacks:

Sites located in areas served by a school or in a RCCI, in which at least 50 percent of the enrolled children are eligible for free or reduced price meals:

- Are eligible to receive reimbursement at the free rate for snacks served to all children eligible for snacks, regardless of each individual child's eligibility for free or reduced price lunches.
- Cannot charge children for snacks.

Snacks Claimed as Free/Reduced/Paid:

Sites located in areas served by a school or in a RCCI in which less than 50 percent of the enrolled children are certified eligible for free or reduced price meal benefits:

- Must count snacks and claim reimbursement by type: free, reduced price and paid.
- Cannot charge children for snacks claimed at the free reimbursement rate.

Non-Area Eligible Sites have the option of implementing either a Pricing Program or a Non-Pricing Program.

- In a Pricing Program - students are charged a fee for the snack based on their eligibility status; free eligible students receive their snack at no charge, reduced price eligible students

may be charged no more than 15 cents and paid students pay the price determined by the school/facility.

- In a Non-Pricing Program - all students receive their snacks at no separate charge and snacks are claimed in their respective categories - paid, free, and reduced.

Reimbursement:

Schools may claim reimbursement for one snack, per child, per day. Children are eligible to participate through the age of 18, and if a child's nineteenth birthday occurs during the school year, reimbursement may be claimed for that student during the remainder of the school year.

Times of Operation:

Snacks cannot be reimbursed in programs operated before or during the child's school day. Schools and RCCIs are not eligible to receive reimbursement for snacks served on weekends or holidays, including vacation periods.

A child's eligibility is based on when their scheduled school day ends, and not on whether or not the school continues in session. For example, if a kindergarten program ends at noon but the children remain in school under a care program as described above, snacks served to these children may be reimbursed under this provision. The same would be true of older children enrolled in schools that have split sessions. If children remain on-site to participate in an approved after school care program, they may receive reimbursable snacks even though the school continues to operate later into the afternoon.

After School Care Snack Meal Pattern:

Snacks served under this provision must meet the meal pattern requirements for snacks. See the attached "After School Snack Meal Pattern Minimum Quantities." In order to be reimbursed, the snacks must contain at least two different components of the following four: a serving of fluid milk; a serving of meat or meat alternate; a serving of vegetable(s) or fruits(s) or full strength vegetable or fruit juice; a serving of a whole grain rich (WGR) product. A whole grain rich product is defined as one of the following: contains at least 8 grams of whole grain per serving, carries the FDA whole grain health claim, or a whole grain is the first item on the ingredient list (with the exception of water). Daily production records documenting what food components have been served to meet snack meal pattern requirements are required. Production records for the school year are provided in this manual.

Additional Requirements:

School districts and RCCIs must complete the enclosed Addendum to the Program Agreement (SFN 52872). The agreement includes documentation of the educational or enrichment component of the program. Each program that participates in the after school care snack program must complete the appropriate section of the site application on the FNP system.

Record Keeping:

At a minimum, school districts and RCCIs participating under this provision must maintain the following records.

- If all meals will be claimed free, the program site must be located in an area served by a school or RCCI in which at least 50 percent of the enrolled students in the previous October were eligible for free and reduced price meals.
- For all other sites, documentation of free and reduced price eligibility for children whom free and reduced price snacks are claimed must be maintained.

- Meal Counts
 - Programs eligible for At-Risk Snacks, in which all snacks are claimed free for all students
 - Total count of snacks served daily for each site qualifying for free reimbursement for all children.

 - Snacks claimed as Free/Reduced/Paid:
 - Daily snack count by individual student name. See attached Monthly Snack Participation for Snacks Claimed as Free/Reduced/Paid.

- Documentation of individual children's attendance on a daily basis.
- Completed Daily Production Records to document compliance with meal pattern requirements.
- On-Site Review for After School Care Snack Programs (2 required annually). See enclosed on-site review form.

AFTER SCHOOL SNACK MEAL PATTERN

SELECT ONE SERVING FROM TWO DIFFERENT FOOD COMPONENTS

| Required Grade Group | |
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| Food Components Choose Any Two | Grades K-12 ¹ |
| Milk: fluid as beverage or on cereal (1%, skim, and chocolate skim are the only choices allowed) | 8 fluid ounces |
| Fruit/Vegetable: May be fruit and/or vegetable; OR full strength fruit juice OR full strength vegetable juice (Includes potatoes but not potato chips. Includes commodity spaghetti sauce and commodity salsa, but other brands do not credit as vegetable without a Child Nutrition (CN) label.) | ¾ cup |
| Grains/Breads: Must be whole grain rich (WGR) A serving is a slice of WGR bread OR ½ cup of brown rice or WGR pasta (cooked) OR ¾ cup or 1 ounce of WGR dry cereal OR an equivalent serving of other grain-based items as listed on the “Grains/Breads List” ²) | 1 serving |
| Meat/Meat Alternate: Meat, poultry, fish (cooked) Cheese, aged or processed Alternate protein products ³ Egg (large) Cooked dry beans/peas Yogurt (commercially prepared) Peanut butter or other nut/seed butter Peanuts, soy nuts, tree nuts, seeds (Bacon, imitation cheese, canned or powdered cheese/sauce, and tofu do not credit as meat/meat alternate components.) | 1 ounce 1 ounce 1 ounce 1 ounce ½ ¼ cup ½ cup 2 Tbsp. 1 ounce |

¹ Children are eligible through the age of 18, or through the school year in which they turn 19 years old.

² FNS Instruction 783-1, Rev. 2

³ Alternate protein products must meet USDA requirements.

IMPORTANT:

Serving sizes may be exceeded.

Snacks with ONLY the following are NOT reimbursable:

- Yogurt and milk
- Two fluids (e.g. milk and fruit juice).
- Two foods from the same food component (e.g. fruit juice and carrots)

After School Snack Ideas (K- 12 grades)

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| WGR pumpkin bread - 1.8 oz. slice or larger Pineapple juice - ¾ cup | Toasted cheese on whole wheat bread (1 slice bread .9 oz & 1 oz cheese) |
| Broccoli, carrot and cauliflower pieces - ¾ cup total vegetables w/dip WGR crackers - 0.7 oz | Lowfat yogurt – ½ cup Fruit slices – ¾ cup (strawberry, apple, kiwi, or other) |
| WGR soft pretzel 1 - .9 oz or larger Apple juice – ¾ cup | Baked apple with raisins – 1 medium apple + ¼ cup raisins Cheese cube -1 oz. |
| Refried beans – 2 Tbsp + (cheese .5 oz) WGR tortilla chips - .9 oz | Watermelon – ¾ cup WGR sweet cinnamon roll unfrosted - 1.8 oz |
| Tuna, egg or ham salad – 1 oz meat or ½ egg WGR pita pockets - .9 oz | WGR bran muffin - 1.8 oz Pear (fresh or canned) - ¾ cup |
| Lowfat yogurt – 4 fl. oz WGR crackers – 8 shredded wheat type or .7 oz | WGR Bagel and cream cheese - .9 oz bagel Juice – ¾ cup |
| WGR cornbread muffins - 1.1 oz Milk – 1 cup | 2 T peanut butter & WGR crackers - .7 oz |
| Cheese sticks or cubes – 1 oz Seedless grapes – ¾ cup | WGR English muffin - .9 oz Pineapple orange juice - ¾ cup |
| Vegetable juice – ¾ cup String cheese – 1 oz. | Fresh fruit salad – ¾ cup WGR Pancake - 1.1 oz |
| WGR blueberry muffin - 1.8 oz Cottage cheese – ¼ cup | Cantaloupe – ¾ cup WGR crackers - .7 oz |
| Banana slices - ¾ cup WGR Graham crackers squares - .9 oz | Applesauce - ¾ cup WGR Graham crackers squares - .9 oz |
| Hard boiled egg – ½ egg Grape juice – ¾ cup | Fried brown rice – ½ cup Peach (fresh or canned) – ¾ cup |
| WGR cereal mix – ¾ cup Milk – 1 cup | WGR oatmeal cookie - 1.1 oz. Strawberry/peach/pineapple kabobs - ¾ c. |
| Whole wheat toast - .9 oz Orange slices – ¾ cup | WGR plain granola bar - 1.8 oz Cheese stick – 1 oz |
| WGR bread stick - .7 oz Cheese cubes – 1 oz | WGR French toast - 2.2 oz Melon balls – ¾ cup |
| WGR Biscuits - .9 oz Pineapple chunks - ¾ cup | Strawberries - ¾ cup WGR Cinnamon grahams - .9 oz |
| WGR banana muffin - 1.8 oz Milk - 1 cup | WGR cornbread - 1.1 oz piece Baked apples – ¾ cup |
| Whole grain bread - .9 oz Mandarin oranges – ¾ cup | WGR soft pretzel - .9 oz Pears - ¾ cup |
| WGR muffin - 1.8 oz Juice – ¾ cup | WGR bran muffin - 1.8 oz Apple slices - ¾ cup |
| WGR cinnamon roll - 1.8 oz unfrosted Pineapple juice – ¾ cup | WGR English muffin – .9 oz Fruit cocktail – ¾ cup |
| Brown rice – ½ cup Peaches – ¾ cup | WGR French bread –.9 oz Pears – ¾ cup diced |

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| Whole wheat toast 1 slice - .9 oz Tomato juice – ¾ cup | WGR saltines – 8 crackers or .7 oz Cheese – 1 oz |
| WGR waffles – 1 frozen (1 serving - 1.1 oz or larger) Strawberries – ¾ cup | Homemade cheese pizza – (WGR crust .9 oz or larger) with cheese (1 oz) |
| WGR grain fruit bar - 2.2 oz Cocoa (made with fluid milk) – 1 cup | Pig in a blanket – WGR biscuit (.9 oz or larger) + hot dog (1 oz.) |
| WGR graham crackers – .9 oz Apricots - ¾ cup canned | Fruit cup – ¾ cup Cheese – 1 oz |
| WGR raisin toast - .9 oz slice Orange Juice – ¾ cup | Assorted WGR cereal mix – ¾ cup Juice = ¾ cup |
| WGR peanut butter cookies – 1.1 oz. Milk – 1 cup | ½ sandwich (1 slice whole wheat bread) 1 oz meat |
| WGR oatmeal muffin - 1.8 oz Melon balls – ¾ cup | Apple rings – ¾ cup Peanut butter – 2 Tbsp |
| WGR ginger snaps – 1.1 oz. Applesauce – ¾ cup | WGR graham crackers - .9 oz Milk – 1 cup |
| WGR saltines – 8 squares or .9 oz Vegetable sticks – 9 carrot sticks (4”x ½”) + 6 celery sticks (3” x ¾”) Ranch dressing dip (extra) | Cucumber and carrot coins – ¾ cup total Cottage cheese - ¼ cup |
| WGR toast – .9 oz Peanut butter – 2 Tbsp | Whole wheat hard bread sticks - .7 oz total Fruit salad or cocktail – ¾ cup |
| WGR breadsticks - .7 oz total Tomato juice – ¾ cup | Cottage cheese – ¼ cup Crushed pineapple – ¾ cup |
| WGR granola bar – 1.8 oz Grape juice – ¾ cup | Fruit kabobs – ¾ cup total Cheese sticks – 1 oz |
| WGR cinnamon toast – 1 slice or .9 oz Pineapple juice – ¾ cup | Deviled eggs – ½ egg WGR crackers - .7 oz |
| WGR bagel - .9 oz Orange slices - ¾ cup | Homemade WGR cinnamon roll - .9 oz unfrosted Milk -1 cup |
| WGR graham cracker square - .9 oz Fruit cocktail – ¾ cup | Scrambled egg - (1/2 egg = 1 oz) WGR Tortilla – 8 inch |
| Cottage cheese – ¼ cup WGR corn chips - .9 oz | Mandarin oranges – ¾ cup Fried brown rice – ½ cup |
| Apple slices – ¾ cup Cheese slice – 1 oz | WGR pancake - 1.1 oz Peanut butter – 2 Tbsp. |
| Strawberries – ¾ cup (or other fruit) WGR cereal – ¾ cup | Pear slices – ¾ cup Swiss cheese – 1 oz |
| WGR blueberry muffins – 1.8 oz. Cantaloupe – ¾ cup | WGR waffles - 1.1 oz Applesauce – ¾ cup |

After School Snack Program

CREDITABLE AND NON-CREDITABLE FOODS

When planning snack menus, be sure the foods used to meet meal pattern requirements are creditable. The following list is not all-inclusive and only is provided as a guide. Please contact Nutrition Services if you have questions regarding how a particular food item contributes to the meal pattern.

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| Non-Creditable |
| Milk and Milk Products: Cocoa mix made with water Custard/Ice Cream/Ice Milk/Sherbet/Sorbet Pudding/Pudding Pops Sour Cream Yogurt (credits as meat/meat alternate) |
| Fruits and Vegetables: Cocktails/Fruit “Drinks”/Fruit Flavored Powders/Punches/Lemonade/Nectar Jello, gelatin Potato Chips or sticks Fruit in cookies/pop tarts or commercial yogurt Fruit rollups, fruit shapes, gummies |
| Grains and Breads: Enriched grain products Carmel Corn Popcorn Hominy Potatoes- credits as a vegetable, not a grain |
| Meat/Meat Alternate: Bacon/bacon bits Canned Soup Cheese products (imitation, canned, powdered) Cream Cheese Tofu Yogurt Bars, frozen commercial product Yogurt covered fruits/nuts Cheese Products |
| Creditable |
| Milk and Milk Products: Cocoa – made from fluid milk Flavored and unflavored milk Milk shakes – made with 8 oz. fluid milk |
| Fruits and Vegetables: 100% Juice Juice Blends if blend of 100% juice Vegetable Juice Blends if 100% juice Gelatin -made with 100% juice or fruit added |

Fruit Leather – if CN labeled available

Dried Fruit

Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both

Olives/Pickles- high in sodium-limit usage

Potatoes

Grains and Breads: (refer to Grains/Breads List for weight equal to one serving.)

Whole Grain Rich Cereal – dry or cooked

Whole Grain Rich Cereal Bars

Whole Grain Rich Grain Fruit Bars/Granola Bars

Whole Grain Rich Cookies/Bars/Brownies/Cake/Crisps

Whole Grain Rich Breads/Crackers

Whole Grain Rich Nacho Chips/Pretzels/Corn Chips

* A whole grain rich product is defined as one of the following: contains at least 8 grams of whole grain per serving, carries the FDA whole grain health claim, or a whole grain is the first item on the ingredient list (with the exception of water).

Meat/Meat Alternate:

Cottage Cheese –1/4 cup = 1 oz. meat/meat alt.

Yogurt, plain/flavored 1/2 cup = 1 oz. m/m alt.

Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both

Peanuts, Nuts, Seeds, or Butters made from them

Cheese, Natural or Processed-