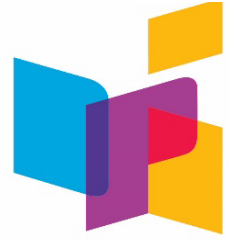


NORTH DAKOTA DEPARTMENT OF
PUBLIC INSTRUCTION

Today's Objectives

- Review Timeline for Proposed Standards
- Review Proposed Standards:
 - Whole Grain Rich Foods
 - Added Sugar
 - Milk
 - Sodium
 - Miscellaneous Proposed Standards
 - Instructions on how to submit your comments
 - Questions



NORTH DAKOTA DEPARTMENT OF
PUBLIC INSTRUCTION

USDA Proposed Timeline

2022-23 Transitional Standards

2023-24 Transitional Standards

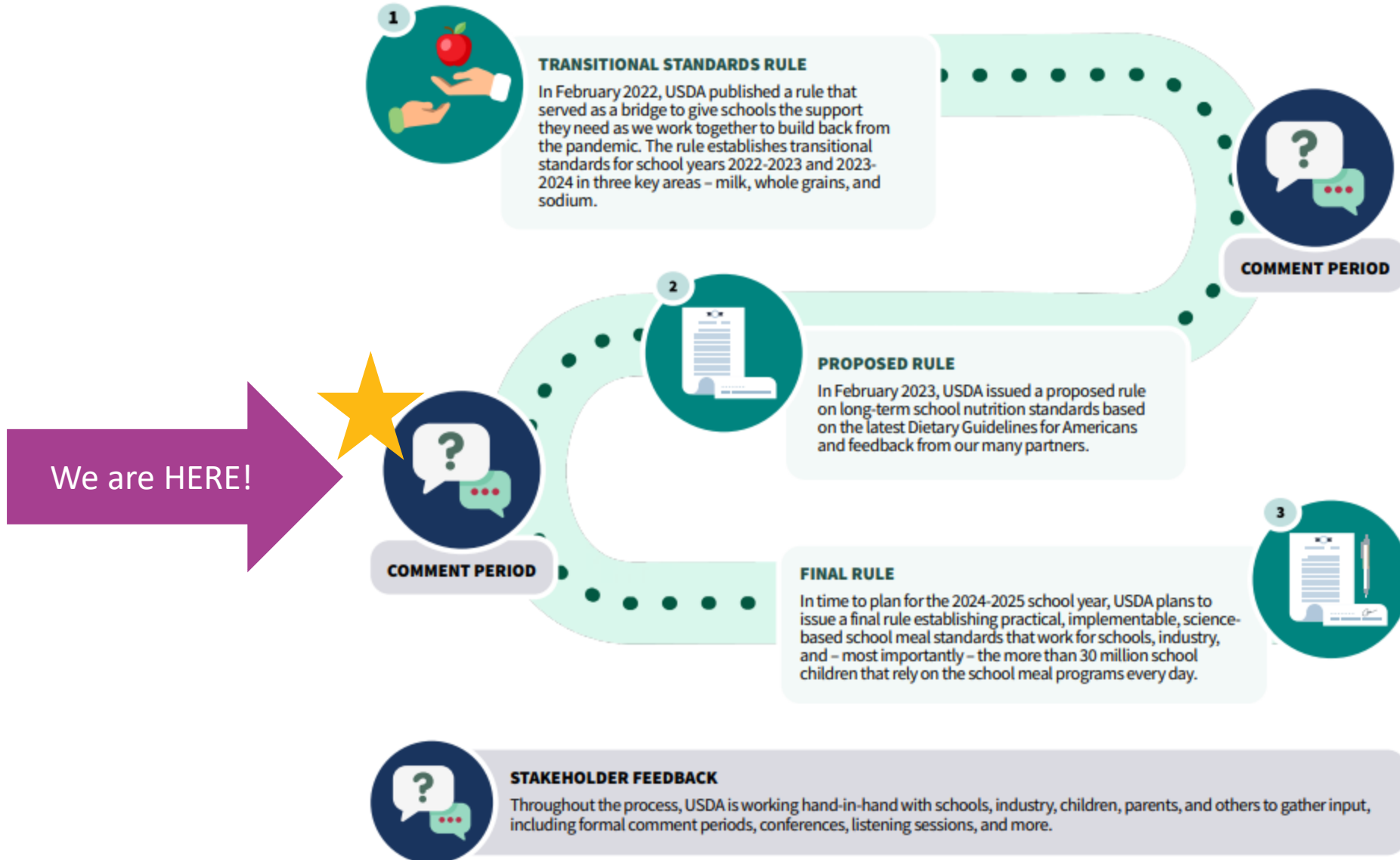
February 10 - April 10 Comment Period on New Guidelines

April 10, 2023- January 1, 2024 – USDA reads all the comments

January 1, 2024 - USDA will release “Final Rule” to be implemented Fall 2024

THE ROAD AHEAD: BUILDING BACK BETTER WITH SCHOOL MEALS

USDA is taking a multi-step approach to help schools build back *even better* from the pandemic and give kids the best chance at a healthy future.



Transitional Standards

- Milk – offer flavored or unflavored skim or 1% milk
- Sodium – 2022-23 Target 1
2023-24 10% decrease from Target 1
- Whole Grains – 80% of whole grains must be whole grain rich



“Proposed Guidelines”

- It’s important to note these are proposed guidelines.
- Not a law YET
- Indication of where USDA wants to go and giving us the opportunity to provide input.
- USDA wants to hear what we have to say!

PROPOSED RULE FOR SCHOOL MEAL STANDARDS

We all share a common goal: raising healthy kids and helping them reach their full potential!

School meals are the main source of nutrition for millions of children every school day. Here are some ways USDA is proposing to make these meals even more nourishing, while still keeping them appealing to kids. We welcome your feedback on these proposed changes through [public comments](#).

	Added Sugars Limit using a phased approach: <ul style="list-style-type: none">• Phase 1: Limits on specific high-sugar products like yogurt and cereal• Phase 2: Overall weekly limits across all meals	
	Milk Allow some* flavored milk with reasonable limits on added sugars. <small>* The proposed rule requests feedback on different options.</small>	
	Whole Grains Offer products that are primarily whole grain with the option for occasional non-whole, enriched grain products.	
	Sodium Reduce weekly limits gradually and in line with FDA's recommendations for industry.	

USDA Proposed Meal Standards

Whole Grain Rich

- USDA is looking for input
- Option 1: Maintain Current requirements – 80% of all grains offered in a school week (based on ounce equivalents to be whole grain rich (50% whole grain)
- Option 2: Serve non-whole, enriched grain foods, one day per week

Added Sugar

- SY 25-26
 - Grain Based Desserts – only allowed 2 oz per equivalents per week in school breakfast
 - Cereals – no more than 6 grams added sugar per ounce
 - Yogurt – No more than 12 grams added sugar per 6 oz
 - Milk – no more than 10 grams added sugar per 8 oz
- SY 27-28
 - 10% of calories per meal, for both breakfast and lunch, in addition to product-based limits

What are Grain Based Desserts?

- Donuts
- Cereal Bars and Granola Bars
- Cinnamon Rolls
- Scones
- Cookie
- Toaster Pastry
- Cakes or Brownies

- Items such as Pancakes, French Toast, Waffles, Muffins/Quickbreads and Sweet Crackers* would be OK



*DPI does not endorse brands.

Trix Yogurt Label

Nutrition Facts

Serving Size

1 Container

100g

As
Packaged

As
Packaged

Calories

80

% DV

% DV

Total Fat

0.5g

1%

1g

Saturated Fat

0g

0%

0g

Trans Fat

0g

0g

Cholesterol

<5mg

1%

<5mg

Sodium

65mg

3%

60mg

Total Carbohydrate

15g

5%

Dietary Fiber

0g

0%

0g

Total Sugars

9g

8g

Incl. Added

5g

10%

4g

Sugars

Sugar Alcohol

0g

0g

Protein

4g

4g

Vitamin D

2.3mcg

10%

2mcg

Calcium

140mg

10%

130mg

Iron

0mg

0%

0mg

Potassium

210mg

4%

190mg

Vitamin A

120IU

15%

702IU

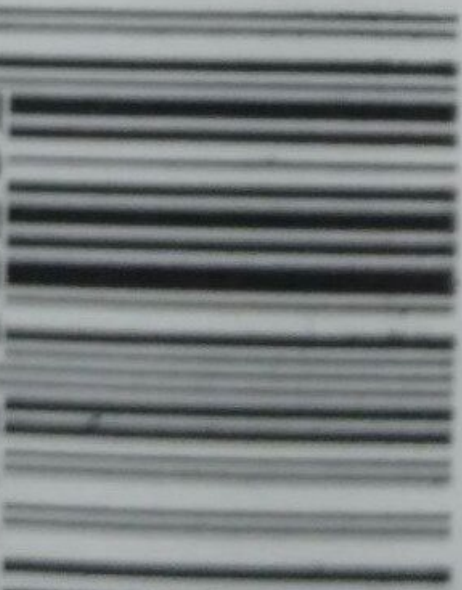
enhance user experience and to analyze performance and traffic on our website. We also share information about your use of our site

*DPI does not endorse brands.

Milk Label

Nutrition Facts		Amount/serving	% DV	Amount/serving	% DV
1 serving per container Serving size 1 Carton	Total Fat	2.5g	3%	Total Carb.	26g 10%
	Sat. Fat	1.5g	8%	Fiber	0g 0%
	Trans Fat	0g		Total Sugars	26g
	Cholesterol	10mg	3%	Incl. 15g Added Sugars	30%
	Sodium	220mg	10%	Protein	8g
Calories per serving	170	Vit. D 15% • Calcium 20% • Iron 2% • Potas. 8% • Vit. A 15%			

0
72730 2664



INGREDIENTS: LOWFAT MILK, HIGH FRUCTOSE CORN SYRUP, CORN STARCH, COCOA, ALKALIZED COCOA, SALT, CARRAGEENAN, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D₂. **CONTAINS: MILK**
KEEP REFRIGERATED
EXCELLENT SOURCE OF CALCIUM
PRAIRIE FARMS DAIRY, INC.
GEN. OFFICE:



Milk

USDA is looking for input

Option 1: Allow only unflavored milk for K-8

Allow flavored and unflavored milk for 9-12 OR

Unflavored for K-5 and flavored for 6-12 (beginning SY25-26)

Option 2: Continue to allow flavored and unflavored milks for all grades

Sugar Standards will still apply

Sodium

	Original Target 1	Original Target 2	Original Target 3	Transition year 1	Transition year 2	New Target 1	New Target 2	New Target 3
Lunch	SY 2014-15	SY 2017-18	SY 2022-23	transition SY 2022-23	transition SY 2023-24	SY 2025-26	SY 2027-28	SY 2029-30
Grade K-5	1230	935	640	1230	1110	1000	900	810
Grade 6-8	1360	1035	710	1360	1225	1105	990	895
Grade 9-12	1420	1080	740	1420	1280	1150	1035	935
Breakfast	SY 2014-15	SY 2017-18	SY 2022-23	transition SY 2022-23	transition SY 2023-24	SY 2025-26	SY 2027-28	SY 2029-30
Grade K-5	540	485	430	540	540	485	435	
Grade 6-8	600	535	470	600	600	540	485	
Grade 9-12	640	570	500	640	640	575	520	

Other Proposed Regulations

- After School Snack Standards would align with CACFP snack standards
- Nuts and seeds could credit for 100% of the meat/meat alternate
- Buy American – 5% limit on total food costs for non-domestic food purchases when utilizing the limited exceptions
- Geographic Preference allowed as a specification when purchasing local
- Meat/Meat Alternate will be called “Protein”
- Grain substitutions for schools operated by Bureau of Indian Education

How to Support

- Make your voice heard!
- USDA reads through all comments received
- Be sure to have specific examples with evidence to be in support of or against the proposed rules
- Comments are PUBLIC!
- Look for Section 16 of the proposed rule. This provides a guideline for how to set up your answers and provide specifics for USDA.
 - We recommend setting up answers to follow this guide.

Federal Register

- [Federal Register :: Child Nutrition Programs: Revisions to Meal Patterns Consistent With the 2020 Dietary Guidelines for Americans](#)
- Written Comments should be received on or before April 10th, 2023 to be considered
- Read through proposed rules – Section 16 includes a guide
- Write down your comments
- Visit website
- Read through other public comments (as desired)
- Submit a formal comment



Child Nutrition Programs: Revisions to Meal Patterns Consistent With the 2020 Dietary Guidelines for Americans

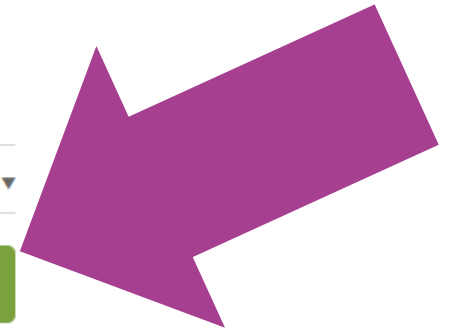
A Proposed Rule by the [Food and Nutrition Service](#) on 02/07/2023



This document has a comment period that ends in 54 days. (04/10/2023)

[SUBMIT A FORMAL COMMENT](#)

[Read the 248 public comments](#)



PUBLISHED DOCUMENT

Start Printed Page 8050

AGENCY:

Food and Nutrition Service (FNS), U.S. Department of Agriculture (USDA).

ACTION:

Proposed rule with request for comments.

SUMMARY:

This rulemaking proposes long-term school nutrition standards based on the *Dietary Guidelines for Americans, 2020-2025*, and feedback the U.S. Department of Agriculture received from child nutrition program stakeholders during a robust stakeholder engagement campaign. Notably, this rulemaking

DOCUMENT DETAILS

Printed version:

[PDF](#)

Publication Date:

02/07/2023

Agencies:

[Food and Nutrition Service](#)

Dates:

Written comments on this proposed rule should be received on or before April 10, 2023 to receive consideration.

Comments Close:

04/10/2023

Document Type:

Proposed Rule





FEDERAL REGISTER

The Daily Journal of the United States Government



PR Proposed Rule

Child Nutrition Programs: Revisions to Meal Patterns Consistent With the 2020 Dietary Guidelines for Americans

A Proposed Rule by the [Food and Nutrition Service](#) on 02/07/2023



You are submitting an official comment to Regulations.gov. Comments are due 04/10/2023 at 11:59 pm EDT.

regulations.gov
[close comment form](#)

Thank you for taking the time to create a comment. Your input is important.

Once you have filled in the required fields below you can preview and/or submit your comment to the Agriculture Department for review. All comments are considered public and will be posted online once the Agriculture Department has reviewed them.

You can view [alternative ways to comment](#) or you may also comment via Regulations.gov at, <https://www.regulations.gov/commenton/FNS-2022-0043-0001>.

Comment*



Thank you for taking the time to create a comment. Your input is important.

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Comment*

Post comment here OR mention "See attached file for [comments](#)"

And/Or

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What is your comment about?

Govt.-Federal

Upload File(s)

+ Add a file

Note: You can attach your comment as a file and/or attach supporting documents to your comment. [Attachment Requirements](#).

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amylnelson@nd.gov

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...



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An Organization



Anonymous

Tell us about yourself! I am...*



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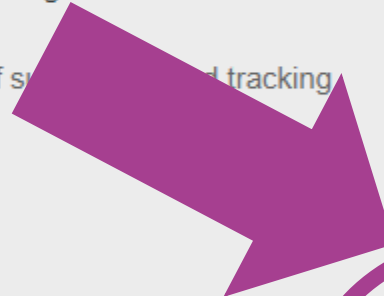
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Organization Type*

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You are filing a document into an official docket. Any personal information included in your **comment text and/or uploaded attachment(s)** may be publicly viewable on the web.

I read and understand the statement above.

SUBMIT COMMENT

[Preview Comment](#)

Please review the [Regulations.gov privacy notice](#) and [user notice](#).

You can preview if you would like to see it before submitting.

*Once it has been submitted, you can not edit it!

Resources

[The Road Ahead: Building Back Better With School Meals | Food and Nutrition Service \(usda.gov\)](#)

[Federal Register :: Child Nutrition Programs: Revisions to Meal Patterns Consistent With the 2020 Dietary Guidelines for Americans](#)

[Proposed Updates to the School Nutrition Standards | Food and Nutrition Service \(usda.gov\)](#)

[School Meal Standards Comparison Chart | Food and Nutrition Service \(usda.gov\)](#)

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1.mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2.fax:

(833) 256-1665 or (202) 690-7442; or

3.email:

program.intake@usda.gov

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