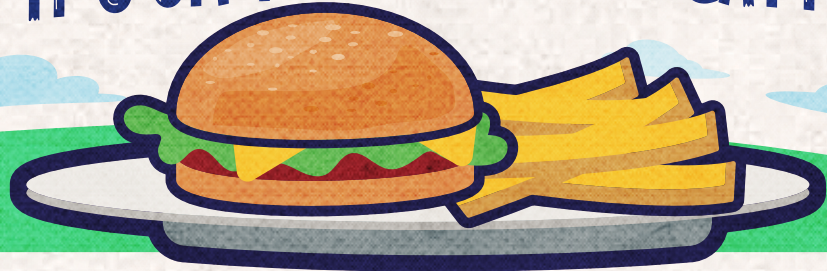


NORTH DAKOTA HARVEST OF THE MONTH

# BEEF!

IT'S OK TO TATTLE ON CATTLE.

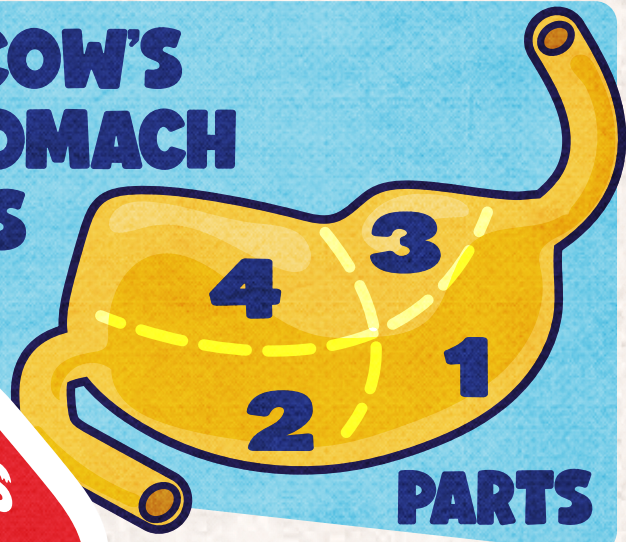


Cattle are great

**SWIMMERS**



**A COW'S  
STOMACH  
HAS**



**PARTS**

NORTH DAKOTA raises  
enough cattle to feed

**11 million**

**PEOPLE FOR A YEAR**

AMERICANS  
EAT AN AVERAGE OF

**55**  
pounds  
of beef  
per year



**COWS  
OUTNUMBER  
HUMANS**

in North Dakota

**BEEF** is rich

in **PROTEIN & VITAMINS**  
which give you **ENERGY**

