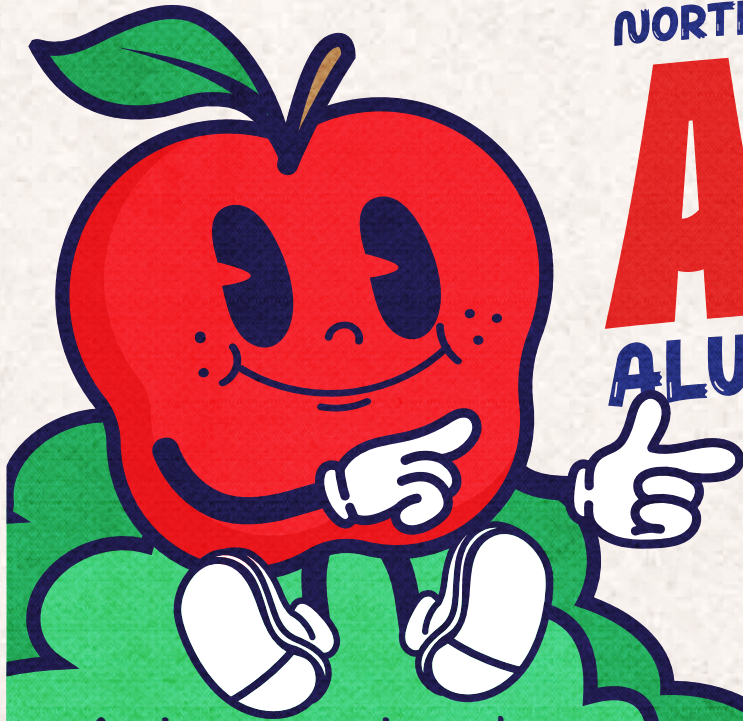


NORTH DAKOTA HARVEST OF THE MONTH

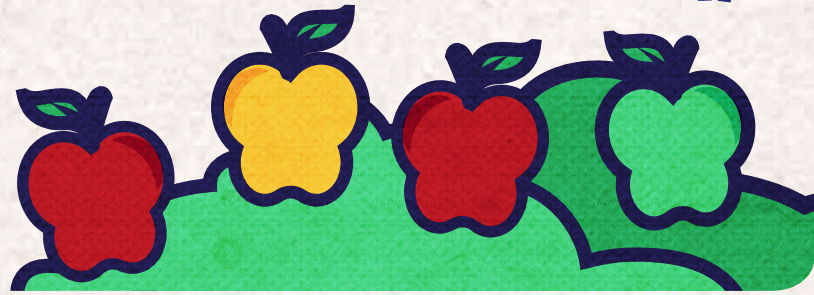
APPLES!

ALWAYS A GREAT PICK!



Apple trees can live to be

100 YEARS
old

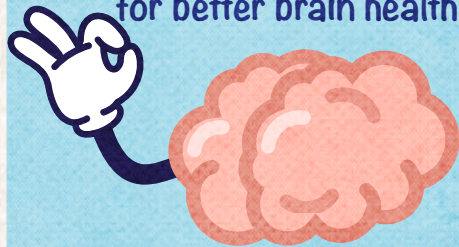


North Dakota has over

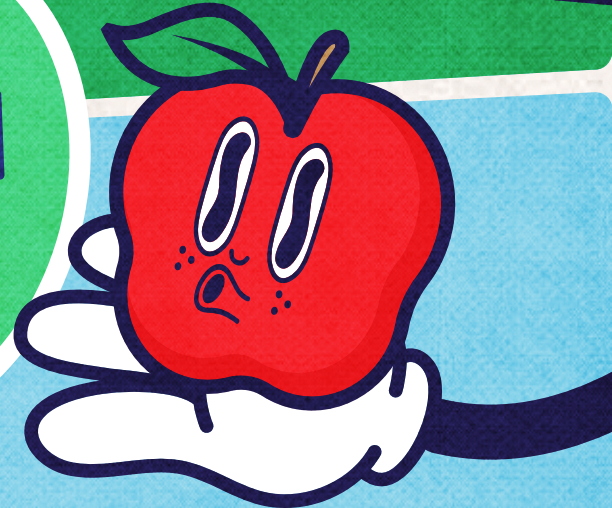
TWENTY
Community orchards



EAT APPLES
for better brain health

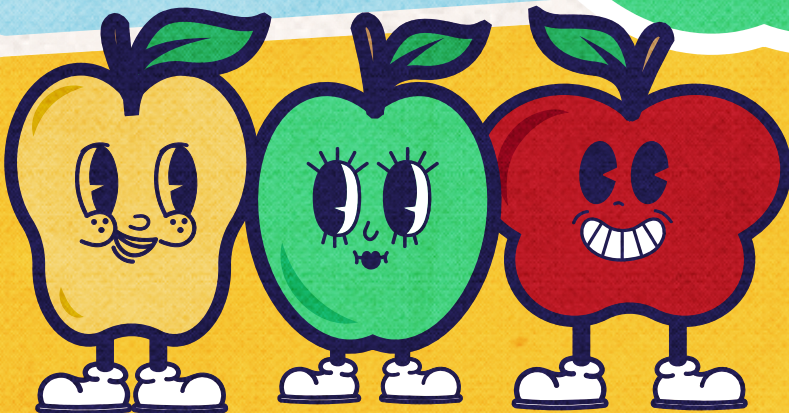


October is
ND FARM
to **SCHOOL**
MONTH!



Most apples are

PICKED BY HAND



Apples can be **YELLOW, GREEN OR RED**

