



NORTH DAKOTA HARVEST OF THE MONTH

WATERMELON

CHECK OUT THESE JUICY FACTS.



The world's heaviest watermelon

WAS **350.5 lbs.**

Watermelons are **92%** water.

Watermelons contain **lycopene**, an **anti-cancer** compound.

The **Sweet Dakota Rose Watermelon** was created in North Dakota.

Early **EXPLORERS** used watermelons as **canteens**.

The insides of **watermelons** can be **red, yellow, orange, and white.**

