

NORTH DAKOTA HARVEST OF THE MONTH

# TOMATOES!

KETCHUP ON THESE FUN TOMATO FACTS.



Tomatoes have  
been grown in

**outer  
space!**



A tomato is a  
**FRUIT**  
not vegetable.

The average **American** eats about

**20 POUNDS**  
of tomatoes  
each year.



**Antioxidants**  
found in  
tomatoes  
can help  
**fight**

some  
diseases.

Tomatoes  
can also be  
**yellow, pink,  
purple, black  
and white.**

There are over  
**100**  
DIFFERENT tomato varieties.

