



CRITICAL THINKING



COMMUNICATION



EMPATHY



COLLABORATION



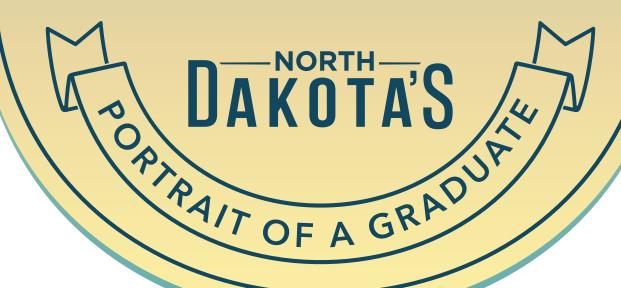
LEARNER'S MINDSET



ADAPTABILITY



PERSEVERANCE







CRITICAL THINKING

A North Dakotan...

- Consistently improves the quality of one's own thinking by being socially aware, questioning bias and assumptions.
- Applies disciplined thinking that is clear, rational, open-minded.
- Understands the global perspectives while also proposing solutions that are mindful to the impact they may have on the local communities.



EMPATHY

A North Dakotan...

- Seeks, understands, and productively responds to the points of view, feelings, and experiences of others.
- Embraces, global, local, and personal responsibility for making the world a better place.
- Understands that addressing societal challenges often requires compromise while promoting understanding of complex issues and varying perspectives.



PERSEVERANCE

A North Dakotan...

- Understands the relationship between effort, attitude, and achievement.
- Embraces the idea that failure is a part of success and quickly pivots to keep moving forward.
- Navigates adversity by identifying its source and duration, utilizing strengths and available supports.
- Demonstrates grit, curiosity and positive attitudes while on a life-long quest for knowledge and skills.



COMMUNICATION

A North Dakotan...

- Listens to understand before communicating to be understood.
- Articulates thoughts and ideas effectively in a variety of forms and contexts.
- Uses communications for a range of purposes and audiences (e.g. to self-advocate, build positive relationships, resolve conflict, achieve shared goals,) to give and receive feedback.



COLLABORATION

A North Dakotan...

- Assumes shared responsibility to utilize strengths to build collective commitment and action.
- Contributes to group effectiveness in pursuit of a shared vision.
- Possesses a team mentality that elicits diverse perspectives and contributions.



ADAPTABILITY

A North Dakotan...

- Responds productively and positively to feedback, praise, setbacks, and criticism.
- Understands, negotiates, and balances diverse views and beliefs to reach workable solutions.
- Analyzes conditions to create a plan utilizing self-awareness and self-management to overcome them.



LEARNER'S MINDSET

A North Dakotan...

- Embraces a commitment to lifelong learning while approaching their pursuits with passion.
- Possesses the desire to learn, unlearn, and relearn.

