

North Dakota Health K-12 Standards Guidance

During the 2023 Legislative Session, the North Dakota State Legislature passed [North Dakota Century Code 15.1-21-28](#) (NDCC), impacting middle and high school health education regarding growth and development and human sexuality curriculum.

The NDCC states:

15.1-21-28. Growth and development and human sexuality curriculum - Content.

1. As used in this section:
 - a. "Human growth and development discussion" means an oral, written, or digital lesson, lecture, or presentation about human biology related to pregnancy and human development inside the womb.
 - b. "Human sexuality instruction" means an oral, written, or digital lesson, lecture, or presentation about sexual activity and pregnancy in the context of student health or healthy relationships.
2. A school district's health curriculum must include human growth and development discussion that must include:
 - a. A high-definition ultrasound video, at least three minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development; and
 - b. A high-quality, computer-generated rendering or animation showing the process of fertilization and every stage of human development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy until birth.
3. A school district offering human sexuality instruction shall ensure human sexuality instruction includes:
 - a. A high-definition ultrasound video, at least three minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development; and
 - b. A high-quality, computer-generated rendering or animation showing the process of fertilization and every stage of human development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy until birth.
4. The superintendent of public instruction shall ensure the requirements of this section are included in the North Dakota health content standards.

Videos that meet the requirements under the NDCC include:

- [WOW! Meet Baby Olivia: A Never Before Seen Look at a Human Life in the Womb.](#)
- Conception to Birth – Visualized / Alexander Tsiaras
<https://youtu.be/fKyljukBE70?si=Sht1OLt9dJbMR-2A>
- Imperial College – Human Embryo Development
<https://youtu.be/1zpV5rzWXMA?si=ApH44AwolX4u6eYv>

3D Animated Pregnancy Guide

- First Trimester https://youtu.be/2-ZF-T_95sc
- Second Trimester https://youtu.be/k_V8axPqI34?si=Oz7wyin7MknTOFP7
- Third Trimester <https://youtu.be/n7BSXMvo3O4>