



Create a compliant yogurt parfait with North Dakota Granola and Wojapi Inspired Fruit Sauce.

Recipe Name	Yogurt Parfait	Total Yield	12 Ounces	Prep Time	5 Minutes
Cooking Process	#2 Same Day Service	Servings	1	Cook Time	75 Minutes
Menu Type	MMA/Fruit/Grain	Portion Size	12 Ounces	Crediting	1.5 MMA, 1/2c Fruit, 1.5 Oeg

INGREDIENTS	WEIGHTS	MEASURE	DIRECTIONS
Yogurt, Plain, Greek or Regular*	4 Oz		1. In the clear cup add 2 oz (No. 16 scoop) of desired yogurt, then 2 oz (No. 16 scoop) of the fruit sauce and top with ¼ cup of prepared granola. 2. Repeat steps once more to create a layered parfait. 3. Serve cold. Critical Control Point: Hold for cold service at 41 °F or below. Serve 1 parfait.
North Dakota Granola		1/2 Cup	
Wojapi Inspired Fruit Sauce		1/2 Cup	

NUTRITION FACTS*: Calories - 484 kcal | Total Fat - 17.5 g | Saturated Fat - 2.3 g | Cholesterol - 2.3 mg | Sodium - 123 mg | Carbohydrates - 63 g | Fiber - 10 g | Total Sugar - 29.5 g | Added Sugar - 9 g | Protein - 17 g

* Nutrition Facts will change based on your yogurt selection.

