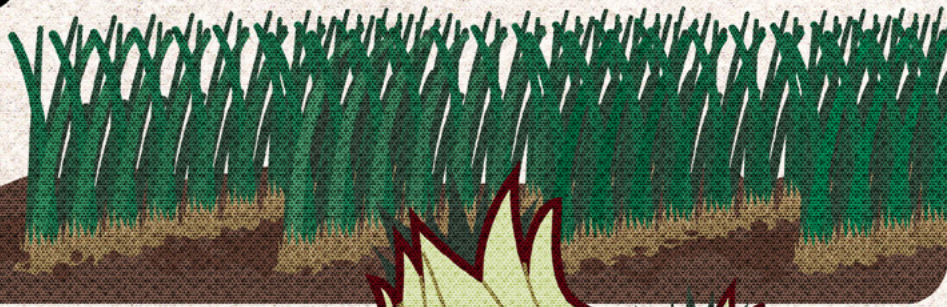
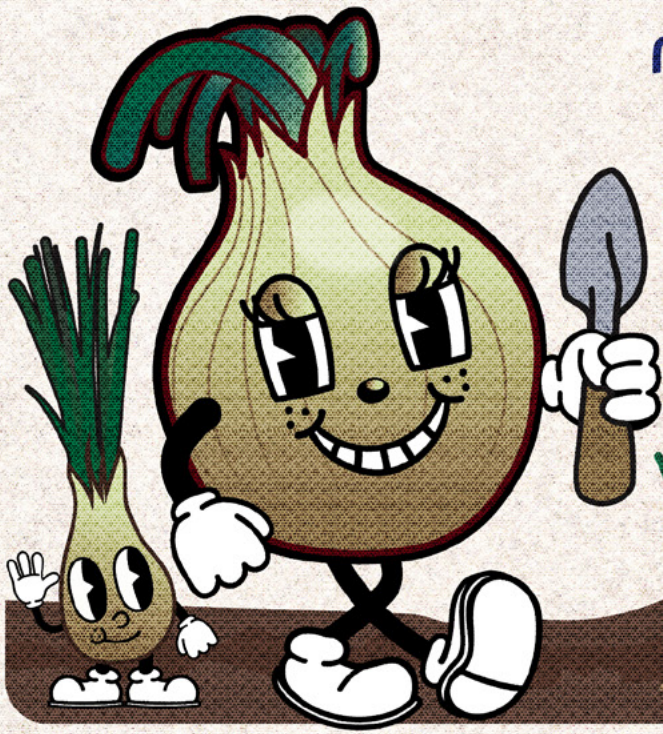


NORTH DAKOTA HARVEST OF THE MONTH

ONION!

LEARNING ABOUT ONIONS IS
NOTHING TO CRY ABOUT.



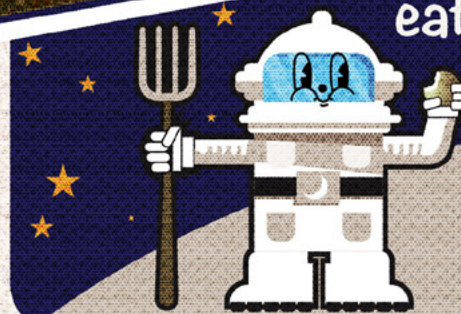
Onions are the **third** most
consumed fresh vegetable
in the **U.S.**



ONIONS PROVIDE
vitamin C.



Onion was
the first **food**
to be grown and
eaten in **space.**



PEOPLE EAT ABOUT
20 pounds of
onions a
year.



NORTH DAKOTA
DEPARTMENT OF
PUBLIC INSTRUCTION