The Insider

North Dakota Department Of Corrections And Rehabilitation

Rough Rider Industries Employee Receives National Staff Award

By: Carol Cristilli

Jerry Goldsack, Rough Rider Industries (RRI) Metal Division Manager, was nominated and chosen as the National Corrections Industries Association (NCIA) Western Region's 2009 National Staff Award. The NCIA Western Region membership consists of the following states: Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Utah, Washington and Wyoming. Jerry received his award at the Awards Banquet held during the March 2009 NCIA National Conference in Dallas, Texas.

Pictured from left to right are: Brian Connett, NCIA VP of Marketing & Deputy Director of Industrial Programs and Reentry, Nevada, Jerry Goldsack and Don Guillory, NCIA President & CEO of Virginia Correctional Enterprises.

Jerry was nominated for the award by his coworkers because of the improvements he has instituted in the metal division in his 20 years of service at RRI.

Denny Fracassi, Deputy Director of Industries and Education, and Linda Trolliey, RRI Business Manager, took time to reflect and share some thoughts on the metal shop's history. According to Denny, "When Jerry began his career at RRI in 1988, the metal shop, not yet a division was more of an adjunct to our furniture division providing metal supports for desks and building chair frames. Since then, the metal division which now encompasses the original metal shop, a license plate factory and a newly constructed metal shop at our minimum security facility has become our second largest industry. The number of inmate jobs has grown from about a dozen to nearly sixty. In the mid 1990's RRI began manufacturing dumpsters on a large scale to accommodate both city-owned garbage hauling operations and private sector dumpster sales. Jerry worked with all customers to design and manufacture dumpsters to their specifications and delivery requirements." *(continue on page 2)*

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Approximately eight years ago, another partnership started with a private sector business in the agricultural industry to assemble components for farm implements. Over the years, this has grown into a significant enterprise. "The benefits from this relationship are mutual. The private sector firm was having difficulty finding skilled welders and assembly workers for their operation. RRI has a skilled inmate workforce available to meet their needs," explained Linda.

This relationship, fostered by Jerry, has been so successful it has now moved to a new level. This past year RRI obtained a CNC lathe to provide a greater array of machining services to our customers. The private sector farm implement partner was so impressed with its capability that they are providing additional work opportunities along with engineering assistance.

All this could not have been achieved without the vision, technical expertise and management ability of Jerry. It was through his capacity to see the possibilities for the industry, his talent in design and product fabrication that the sales of metal products have achieved a 600% growth in revenues over the past two decades. In addition, his skill in training and motivating inmates to produce a quality product on time has been the sustaining force propelling the growth of the industry.

(Mock Prison Riot continued from page 9)

member through a Marine Corps boot camp like obstacle course and successfully carry a 100 lb. dummy over 200 yards to safety. The ND DOCR again rose to the top as both the Jamestown and NDSP Teams completed the course in better than respectable times using good old fashioned team work to help their respectable team mates through the course.

The next three days were filled with a full schedule of realistic scenarios that had teams from all over the country using their skills to successfully and tactically resolve riot- like scenarios. The NDSP Sort team handled an officer down stand-off in a recreation yard and demonstrated their forced-cell move abilities while the Jamestown team dealt with a small cell block uprising and a stand-off in the kitchen area.

The National Institute of Justice and Mock Riot Organizations go out of their way to make this an interactive event. All teams involved have the opportunity to take part in the various scenarios and individuals have the opportunity to attend a wide range of seminars designed to improve skill and fitness, increase knowledge on products and equipment, watch other teams participate in the various scenarios and even participate as a hostile inmate as a role player in various scenarios as Peterson and Ballantyne did or get "tasered" as Klimpel and Holt did.

Those attending this annual event improved on everything from marksmanship, to hostage rescues, breaching abilities, and the obstacle course will give confidence to anyone who can complete it. But overall, this event brings the best of people from all over the world together by providing a venue that helps make the men and women who help protect our society better and safer when doing the job they do. The products used during the various scenarios, the feed back provided to the manufacturers and the training and certifications are valuable tools in making sure that the equipment used during the worst case scenarios can hold up and protect the men and women it was designed to protect.

Best of all, it gives department staff and administrators from all over the world the opportunity to network, share experience and knowledge, and build a camaraderie with people that hold the same values and interests in an atmosphere that is conducive to making sure that law enforcement officers world wide are highly trained, highly educated, and rigorously fit enough to handle any situation thrown at them. That is why the Mock Riot motto is "Failure is not an option" because in the real world, for the men and women that protect our society, failure truly is not an option.

Grants Awarded to Youth Correctional Center Library

By: Judy Ringgenberg, ND YCC Librarian

The North Dakota Youth Correction Center (YCC) received four grants this year thanks to their librarian, Judy Ringgenberg, who wrote and submitted the grants. These grants will provide youth at YCC a better selection of reading materials.

The first grant "Picturing America" provides an innovative way for citizens of all ages to explore the history and character of America through some of our nation's great works of art.

As one of the over 56,000 schools and public libraries nationwide to receive the program, they will have access to this high quality, free resource to use in engaging our students with discussions of our nation's art, history, civics, literature, and more!

The images of people, places, and events illustrating American history will give our students a chance to better understand our country's past and its ideals. What better way to see the courage of a great leader than through Emanuel Leutze's *Washington Crossing the Delaware*? How better to appreciate the power of American democracy than through Norman Rockwell's *Freedom of Speech*? These masterpieces will open our students' eyes to America's rich history and culture and also provide an introduction to the broader world of the humanities.

For more information on the program, you can visit the Picturing America website at: www.PicturingAmerica.neh.gov. Feel free to peruse the site, and check out the images and the great links included. You will be able to sit down with your kids and start conversations about the beautiful masterpieces!

Picturing America is distributed by the NEH in cooperation with the American Library Association (ALA).

In the second grant they were one of 4,000 libraries across the country selected by the National Endowment for the Humanities (NEH) and the American Library Association (ALA) to receive free hardcover editions of classic books as part of the *We the People Bookshelf* grant program. The theme of this year's Bookshelf is "Picturing America" and contains the following books:

- **Kindergarten to Grade 3:**

"Walt Whitman: Words for America" by Barbara Kerley;
"Harvesting Hope: The Story of Cesar Chavez" by Kathleen Krull;
"Cosechando esperenza: La historia de César Chávaz" by Kathleen Krull (translated by Alma Flor Ada and F. Isabel Campoy);
"The Midnight Ride of Paul Revere" by Henry Wadsworth Longfellow;
"Sweet Music in Harlem" by Debbie Taylor

- **Grades 4 to 6:**

"The Birchbark House" by Louise Erdrich;
"American Tall Tales" by Mary Pope Osborne;
"On the Wings of Heroes" by Richard Peck;
"Forty Acres and Maybe a Mule" by Harriette Gillem Robinet;
"The Captain's Dog: My Journey with the Lewis and Clark Tribe" by Roland Smith

- **Grades 7 to 8:**

"The Life and Death of Crazy Horse" by Russell Freedman;
"The Legend of Sleepy Hollow" by Washington Irving;
"La leyanda de Sleepy Hollow" by Washington Irving (translated by Manual Broncano);
"Across America on an Emigrant Train" by Jim Murphy;
"The Adventures of Tom Sawyer" by Mark Twain

- **Grades 9 to 12:**

"Founding Brothers: The Revolutionary Generation" by Joseph J. Ellis;
"Restless Spirit: The Life and Work of Dorothea Lange" by Elizabeth Partridge;
"Travels with Charley in Search of America" by John Steinbeck;
"Viajes Con Charley – En Busca de América" by John Steinbeck (translated by José Manuel Alvarez Flórez);
"Democracy in America" by Alexis de Tocqueville

- **Bonus:**

"Our White House: Looking In, Looking Out" by The National Children's Book and Literary Alliance;
"1776: The Illustrated Edition" by David McCullough

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(Grants Awarded to YYC Library continued from page 3)

The award is part of the NEH's *We the People* initiative, which supports projects that strengthen the teaching, study, and understanding of American history and culture. Selected public and school libraries in all 50 states will each receive a set of the 22 books (including Spanish translations of three of the titles and two bonus titles), posters, bookmarks, bookplates from the NEH and the ALA, and access to online planning and promotional materials. Since 2003, NEH has awarded 13,000 *We the People Bookshelf* grants to school and public libraries across the country.

The third grant they were awarded was to host a three-part reading and discussion series called the "Great Stories CLUB". The library is one of 181 libraries nationwide receiving a grant from the American Library Association (ALA) to host this series, developed by the ALA Public Programs Office (PPO) and Young Adult Library Services Association (YALSA). Funding was provided for this program by Oprah's Angel Network.

The Great Stories CLUB (Connecting Libraries, Underserved teens and Books) is a book discussion program created to provide troubled teens with an opportunity to read and discuss three theme-related books. Each title selected for the program focuses on a character who struggles with a serious challenge. As a recipient of this grant from ALA, the NDYCC Library received programming resources as well as copies of the following books for distribution to teen participants:

"Luna" by Julie Ann Peters (Little, Brown Young Readers, 2004)
"The Absolutely True Diary of a Part-Time Indian" by Sherman Alexie (Little, Brown Young Readers, 2007)
"Black and White" by Paul Volponi (Viking Juvenile, 2005)

In addition to the book grant, additional funds were applied for and received to allow purchase of food items so the discussions could be held over the lunch hour.

The forth and final grant was the Library Resource Sharing Grant Award. The NDYCC Library, as part of the Online Dakota Information Network, received a grant award of $1000 to purchase books and other library materials to use as a resource for sharing. The YCC library provides interlibrary loan services to all students and staff at the school. In order to qualify, the library had to loan a minimum of 25 items in the previous year to other libraries throughout the state.

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Farm" and the James River Correctional Center was created out of old State Hospital Buildings in Jamestown, North Dakota. The department committed itself to utilizing contract transitional facilities as well as a ninety bed treatment program for men and women known as "The Tompkins Rehabilitation and Corrections Center". The parole and probation staff and its 'Officers" encountered a growing population of challenging community offenders. Both the prisons and the field recognized that they could not respond to the ever changing correctional issues unilaterally; they became more aligned in problem solving as each group embraced the "Transition from Prison to Community Initiative". By 2005, over 1200 inmates were in our custody and over 4,400 hundred offenders were under supervision in the community. In the spring of 2007 the agency began a reorganization of all of its internal assets. The services delivered by the department are now reflective of the tenants of the Transition from Prison to Community Initiative. The department continues to believe that, through the use of "evidence based programming" inmates and community offenders have a better chance of success. Evidenced based programming is now embraced by forward thinking corrections systems all across the country and the "nothing works" crowd is gone.

I will officially retire from the Department of Corrections and Rehabilitation on February 1st, 2010 with 1,485 inmates in our system and 4,820 offenders under supervision. I am confident that change will continue to be "the norm" here at the Department of Corrections and Rehabilitation.

Organizational Characteristics. All DOCR Inmates. One Day Counts On The Last Day Of The Month. These Numbers Use The Association Of State Correctional Administrator (ASCA) Performance Based Measurement Standards (PBMS) And Are Based On The Controlling Sentence	**January**	**February**	**March**	**April**	**May**	**June**	**July**	**August**	**September**	**October**	**November**
General Organization Information											
Prisoners Housed By DOCR Institutions	1,063	1,067	1,074	1,068	1,057	1,056	1,064	1,062	1,090	1,088	1,080
Prisoners Outsourced (Not In A ND DOCR Facility)	390	375	342	372	378	382	368	354	357	365	367
Total Inmates Under DOCR Responsibility	1,453	1,442	1,416	1,440	1,435	1,438	1,432	1,416	1,447	1,453	1,447
Average Length of Sentence (Years)	5.00	5.05	5.13	5.07	4.97	5.09	5.13	5.13	5.08	5.13	5.17
Prisoners Serving Sentences Of Court (Prison Sentence)											
Inmates Serving Less Than 1 Year	30	29	25	28	28	29	29	34	37	37	35
Inmates Serving 1 To 3 Years	827	816	799	817	812	810	805	775	802	802	792
Inmates Serving 3 To 5 Years (3.01 to 5)	275	271	266	270	270	270	266	273	271	272	276
Inmates Serving 5 To 10 Years (5.01 to 10)	154	155	154	153	153	157	159	161	163	164	165
Inmates Serving 10 To 20 Years (10.01 to 20)	75	76	77	77	77	76	76	76	78	81	82
Inmates Serving 20 To 40 Years (20.01 to 40)	33	34	34	34	34	34	35	35	35	35	35
Inmates Serving More Than 40 Years (40.01 plus)	9	9	9	9	9	10	10	9	9	9	9
Inmates Serving Life With Parole	34	36	36	36	36	36	36	36	35	36	36
Inmates - Life Without Parole	16	16	16	16	16	16	16	17	17	17	17
Inmates - Death Sentence	0	0	0	0	0	0	0	0	0	0	0
Crime Distribution Statistics (Use Controlling Sentence)											
Part I Violent Crime Inmates	459	462	468	467	459	469	464	455	449	441	449
Other Violent Crime Inmates	142	137	131	144	148	140	139	139	140	130	129
Property Crime Inmates	315	313	301	306	311	312	322	316	325	319	320
Drug Offense Inmates	352	358	345	350	348	351	348	340	361	378	362
Other Public Order Offense Inmates	185	172	171	173	169	166	159	166	172	185	187
Other Crime Inmates	0	0	0	0	0	0	0	0	0	0	0
Inmate Demographics											
Average Inmate Age	34.47	34.55	34.60	34.49	34.56	34.58	34.60	34.70	34.65	34.60	34.57
Male Inmates	1,298	1,286	1,271	1,281	1,277	1,270	1,270	1,260	1,292	1,294	1,288
Female Inmates	155	156	145	159	158	168	162	156	155	159	159
White Inmates	966	949	936	942	935	939	930	911	929	930	920
Black Inmates	81	84	77	79	81	82	82	86	90	91	90
Native Hawaiian or Pacific Islander Inmates	0	0	0	0	0	0	0	0	0	0	0
American/Alaskan Native Inmates	317	317	311	327	331	329	337	333	334	334	344
Hispanic Or Latino Inmates	79	82	82	81	78	81	77	80	88	91	88
Asian Inmates	5	5	5	5	4	3	3	3	3	3	3
Other Race/Ethnicity Inmates	5	5	5	6	6	4	3	3	3	4	2
Inmates With Unknown/Missing Race/Ethnicity	0	0	0	0	0	0	0	0	0	0	0
Inmates Non-Citizens	9	9	9	9	8	8	8	9	9	11	11

DOCR Supports Living On Project

By: Heidi Francis, Victims Coordinator

This past April, during Victim Rights Week, the DOCR sponsored an all staff jeans day on April 27th and was able to raise and donate $238.00 with all the proceeds going to NDCAWS/CASAND. Janelle Moos, Director of North Dakota Council on Abused Women's Services and Coalition Against Sexual Assault in North Dakota (NDCAWS/CASAND), stated that donation would go towards the Living On Project. Living On provides assistance to families and friends who have been affected by domestic violence homicides and promotes continued awareness of domestic violence. Specifically, Living On provides financial assistance to families for attending trial proceedings, victim advocacy, a liaison to resources and it is a source of ongoing support. For more information about the project and the services they offer you can go to the NDCAWS/CASAND website http://www.ndcaws.org/what_we_do/projects.html. I would like to say thank you to the staff who participated in jeans day and making a donation to help support victim programs.

DOCR to Link with ND SAVIN

By: Heidi Francis, Victims Coordinator

The DOCR Is now linked with the North Dakota Statewide Automated Victim Information and Notification Service (ND SAVIN). ND SAVIN powered by VINE, is a free, confidential service for victims to receive instant status notices and information regarding a specific offender. The service is available 24 hours a day, 365 days a year. A victim will be able to call a toll free number or go to the website to become registered. Registered users can choose to receive notices by phone, email, or both. While an offender is incarcerated, a victim will receive notices regarding an offender's change in security level, transfers, death, escape, parole/pardon board hearings or results, release to probation or parole, and expiration of sentence. When an offender is on parole or probation, the victim will receive notices regarding revocation status, absconder status, and change of addresses and expiration of sentence. ND SAVIN users can also call and speak with live operators, 24/7 for assistance with questions.

There are six modules that are being implemented with SAVIN. The modules are Custody, Parole and Probation, Sex Offender Notification, VINE Protection Orders, VINE Court and VINE Data Feed. ND SAVIN is currently implemented in 19 county jails across North Dakota, with other county jails to follow throughout the year. The Sex Offender Notification module has been implemented in July and the Protection Orders and Courts will be implemented in 2010.

ND SAVIN is a tool to help ensure victims' safety and keep them informed; however, it is a tool that is open for general public use as well. You can register with ND SAVIN by calling 1-866-ND1-VINE (1-866-631-8463) or by going to www.vinelink.com. If you have any questions about how to use this service, please contact Heidi Francis, DOCR Victim Coordinator, at 701-328-6183.

DOCR Employee Gives Back to Native Country

By: Ligia Peightal

My name is Ligia Peightal and I'm from Colombia, South America, but now I am a naturalized Citizen of the United States. I work at the North Dakota State Penitentiary as a Counselor in the Sex Offender Program where I have been employed for the past five years.

Every time I return to Colombia to visit my family I see the tremendous poverty of the people. I compare all I have here in America with the extreme poverty of the people and I said to myself, "I have to do something for them."

For some years now, I have been saving what money I can to purchase food and supplies for the poorest of the poor when I visit my family in Colombia.

When I began this project I was able to purchase enough groceries to supply two families for two weeks. The goal for 2010 is to provide groceries for 220 families. The people in Colombia asked where this money came from and I answered, "People with a very good heart from America." They said, "Please tell them that God will bless them."

This inspired me to bring back from my

Country supplies that could be sold to my friends and neighbors and bring enough profit to increase the number of poor families who could benefit from this project. In my recent trip to South America I brought back: jewelry, coffee, nick-knacks, and handmade women's' clothes. These articles are known for their special Colombian Quality.

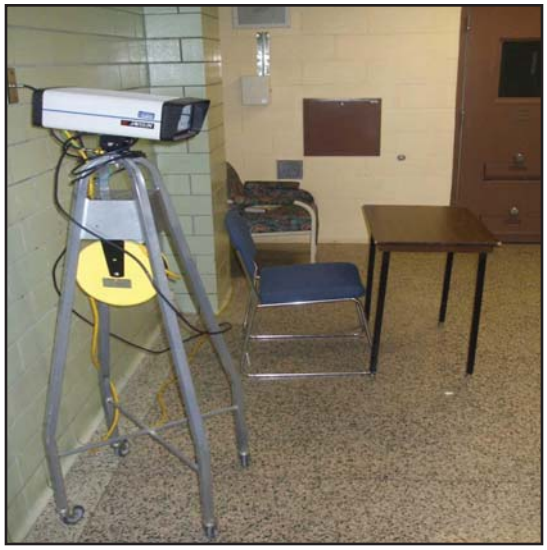
If you are interested in helping those in need, but do not wish to buy anything, please send donations for this project to Colombian Qualities or Ligia Peightal, 2582 Charlotte Dr. N. Mandan, ND 58554. Thank you very much and God Bless you.

CRISIS INTERVENTION TEAM RECOGNITION EVENT

By: Laura Helbling

On April 8, 2009, fifty-six inmates were recognized for their commitment to the Crisis Intervention Team (CIT) at a special dinner in the North Dakota State Penitentary (NDSP) inmate dining room. It was a big thank you to the inmate volunteers who make up the CIT at NDSP, because they have helped to make NDSP a better and safer place. We also celebrated nearly thirty years of a program that has probably saved a number of inmate lives. Several staff spoke – mostly saying thank you and recognizing the CIT members.

CIT began in late 1980 after three inmate suicides occurred in about one year's time. The program provides two days of "good time" per month for inmate volunteers who are involved for at least three months, as well as a chance for them to develop their communication skills through helping one another. There are good behavior requirements, training to attend and a training manual to read, along with a test to pass for inmates to qualify.



Most volunteers are involved in CIT, in addition to their other jobs and have one four-hour commitment per week. When called upon they typically sit in the Observation Unit to be available to an inmate placed there. Most commonly, the inmate is in observation related to suicidal thoughts or behaviors, but that is not always the case. The volunteer's job is to primarily listen and talk to the inmate and if the inmate in observation does not wish to talk, the CIT member can read material available to them. Though they are expected to report unusual or dangerous events, monitoring remains the responsibility of Treatment and Security staff. The monitoring responsibility by staff remains the same whether CIT members are present or not. The CIT role is to reduce the isolation of the inmate in observation and to provide a human presence and contact. We believe that the program "works" to make NDSP a safe place. Since the inception of the program, almost thirty years ago, there has never been a suicide when a CIT member was assigned.

The program was recognized as a "Best Practice" in 1998 in the American Correctional Association's publication Excellence in Corrections. The North Central region of the Bureau of Prisons (BOP) uses a similar procedure, the Companion Program, and reports equally impressive results. We are fortunate we have inmates willing to assist each other in crisis, and we were glad to have had the chance to show our appreciation for their commitment. Thank you to Warden Schuetzle for allowing us to recognize our CIT members this way. (No tax payer dollars were used for this event.)

The NDSP Mental Health Team:

Michael Froemke, M.ed, LAC, Treatment Department Director
Dr. Mark Hanlon
Laura Helbling, MA, LPCC, CIT Program Coordinator
Cherie Denning, LSW
Lynn Koch, LSW
LuVae Priess, LSW
Crystal Askvig, University of Mary Intern
Donna Schwartz, CIT Administrative Assistant

NDDOCR has Strong Showing at the Mock Prison Riot

By: Paul Grahl

The North Dakota Department of Corrections and Rehabilitation participated at this year's 13th annual "Mock Prison Riot" which took place from May 2-6, in Moundsville, West Virginia. The North Dakota State Penitentiary (NDSP) SORT Team finished fourth overall in the team competitions as they competed with Police, Sheriff, and Corrections Departments from Singapore, Thailand, Great Britain, Jamaica and all points in between in what is considered one of the premier law enforcement training platforms in the nation.

Held at the decommissioned West Virginia State Penitentiary, the Mock Prison Riot is a program that is free to law departments and according to the Institute of Justice; "facilitates the merging of tomorrow's law enforcement and corrections technologies with today's practitioners whose feedback and guidance shape the future of tools and tactics on a global scale." In other words, we provide the equipment and you (the law enforcement professional) use it to provide valuable feedback in order to make products better.

All participants had the opportunity to meet with law enforcement experts, attend training seminars, (many which resulted in certification), meet the manufacturers and vendors of the most state of the art law enforcement equipment and use this equipment as they participated in realistic mock riot events and scenarios that were designed to push both teams and individuals to their limits.

The NDSP SORT Team, represented by Darcy Klimpel, Brad Holt, Jerome Petersen, David Roggenbuck, Matt Ballantyne and Paul Grahl, took part in the first two days of the "Rage in the Cage" as the Mock Riot has come to be known. During the first days of the event, teams are pushed to their limits as they take part in scenarios and competitions that are designed to test their strength, fortitude, endurance, marksmanship, and teamwork.

The highlight of the first day of events was the "Super Swat Cop Challenge" where the speed, strength, and judgment of Roggenbuck and Grahl were put to the test as they completed over one mile of running, carried a 100 lb. dummy 200 yards, tackled an obstacle course, breached a door and tested their marksmanship with a handgun in both a cell house and on a gun range in an effort to prove that they deserved the "Super Swat" designation. Both individuals finished the event stronger, better and more confident than when they began and proved to themselves that they could hang with the best in this Iron Man type competition.

The NDSP SORT Team finished the first day strong as they were pitted against an armed perpetrator who was holding two individuals' hostage in the infamous "Sugar Shack." During this scenario, the SORT team used night vision equipment to successfully breach the pitch black cell house basement, rescue the hostages, and apprehend the perpetrator.

Day two events included the team obstacle course competition. In this event, teams had to work together to get each and every

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DOCR Employee Attends VAAND

By: Heidi Francis, Victims Coordinator

This past June, I was able to attend North Dakota's first Victim Assistance Academy (VAAND). The VAAND is supported by a federal grant awarded by U.S. Department of Justice, Office for Victims of Crime (OVC) to the Rural Crime and Justice Center at Minot State University. Funding for the academy is available for three years through the grant and the OVC.

The Academy was a 40 hour week long training during June 7-12. The Academy offered a variety of classes regarding numerous victim issues. Some of the topics that were discussed included Domestic Violence, Sexual Assault, Ethical Considerations, Immigration and Cultural Diversity, Property and Financial Crime, and Hate and Biased Crimes, just to name a few. During the week we attended a Victim Impact Panel, which allowed us to hear stories from victims of different crimes and the impact crime has had on their life. We also heard from a Media Panel, which included a member from newspaper, radio and television. This gave the students an opportunity to ask the media questions regarding concerns that professionals have regarding their work with victims and how the media plays a part. The students of the Academy consisted of 30 various professionals across North Dakota, to include Law Enforcement, State's Attorney's, Victim Advocates, Victim Coordinators and Victims. Not only was the Academy a great training opportunity, but it also allowed me to interact and network with many allied professionals who routinely work with victims of crime. I increased my knowledge about various services that are provided to victims throughout the state, and I was able to provide information to other professionals about the DOCR Victim Service Program. The training, networking and information shared throughout the week will not only benefit each one of us professionally, but more importantly it will benefit the victims we work with daily.

If anyone is interested in attending the VAAND in the future, you can check out the VAAND website at: http://www.minotstateu.edu/rcjc/vaand_home.shtml. The site will be updated throughout the year with information regarding the next VAAND. The Academy has been approved for POST, Social Work, Counseling and CLE credits. It is a great opportunity for anyone working in a criminal justice profession to increase their knowledge of victim concerns, issues, and services that are available for victims throughout the State of North Dakota.

A Message From The Editor

The Insider Newsletter is an official publication of **the North Dakota Department of Corrections and Rehabilitation, and is published four times each year. Its goal is to enhance communication and keep staff, and all those interested, informed of developments and achievements throughout the Department.**

All employees are encouraged to submit articles, letters, comments, and ideas for future issues of The Insider to be considered in the next publication.

The Editor reserves the right to edit or exclude, if deemed inappropriate, any items submitted for publication. Please e-mail articles to:

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And the Pendulum Swings On...

By: Warren Emmer, Director of Adult Services

Looking back at the last 34 years I feel blessed to have worked in the corrections field starting as a Police Liaison Officer in Belcourt, North Dakota. Now as I'm getting ready to retire as the Director of Adult Services, I think back to all the change I have witnessed since my first day and how the changes were for the better.

At the start of my career in 1979, nationally, the "nothing works" theory was building steam. D. Lipton, Robert Martinson and J. Wilks, authored several journals that concluded, "With few and isolated exceptions, the rehabilitative efforts that have been reported so far have had no appreciable effect on recidivism." The results of this assessment convinced them that rehabilitation wasn't working and one program wasn't more effective than another. Correctional professionals all across the country were shifting from treatment driven systems to much more punitive driven systems.

In 1979 the North Dakota Department of Corrections was made up of many different "mini systems". North Dakota State Penitentiary, along with the "State Farm" housed an average of 253 inmates on a daily basis. The facilities hadn't bought into the tenants of "nothing works" and were committed to delivering chemical dependency treatment, sex offender treatment, family therapy workshops, as well as programming for inmates suffering from depression. On the community side, the Department of Parole and Probation reported up through the Pardon Board and had very limited contact with prisons. Officers aligned themselves with the Pardon and Parole Boards as well as local District and County courts. There were about 1,000 "clients" supervised by twelve parole agents, as we were called then. The only treatment resources available to parole agents were what could be found locally or made available by the North Dakota State Hospital.

After about ten years with little change, tremendous change came to us in 1989. The Legislature authorized a reorganization of state correctional assets and the result of their work was the formation of the Department of Corrections and Rehabilitation on July 17th, 1989. With a prison population of 474 and a community parole and probation population of 1,652, the state assets known as the State Youth Authority, the Department of Parole and Probation, the North Dakota State Penitentiary and the State Farm, as well as the administrative division of the North Dakota Pardon and Parole Boards all became one department. North Dakota continued to buck the national correctional trends when Governor Sinner mandated that the name of the Department be "The Department of Corrections and Rehabilitation".

Through out the 90's and the early years of the 21st century we encountered many challenges. Crowding, then over crowding became a reality. The "get tough on crime" mood came to North Dakota. Female inmates out grew their quarters and a new contracted Women's prison sprouted up on the prairies of South West North Dakota. The population of men also out grew their housing units. A new Missouri River Correctional Center replaced the old "State

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First Lady, Mikey Hoeven Visits YCC

By: Shannon Huber, Licensed Addiction Counselor

On May 7th, twelve students involved in the North Dakota Youth Correctional Center's addiction treatment group had the privilege of having the First Lady of North Dakota, Mikey Hoeven, speak on the dangers of underage drinking.

Mrs. Hoeven shared statistics with the students. For example, Mrs. Hoeven shared that the chances are greater you will become addicted the younger you are when you begin to use drugs/alcohol. Mrs. Hoeven encouraged the students to embrace the treatment they are getting as young people and to be grateful for this opportunity. Her message was positive and inspirational. Mrs. Hoeven and the students talked about the following topics:

- **Self Esteem** – Mrs. Hoeven stressed how important it is to feel good about the choices we are making and how that affects the way we feel about ourselves.
- **The Power of Forgiveness** – Mrs. Hoeven encouraged the students to forgive themselves and reminded them that once they leave YCC, they can make positive decisions, follow their dreams and make a better life for themselves.
- **Ask for Help** –Mrs. Hoeven emphasized that the students are not alone. Others want to help; they just need to reach out.
- **Continual Programming** –Mrs. Hoeven stressed the importance of attending a 12 step program, obtaining a sponsor in order to stay on the right path and having a positive support system.
- **Hope** - Mrs. Hoeven reminded them to "Never Give Up". "Have hope and follow your dreams when you are discharged from YCC".

The students shared their plans following discharge from the North Dakota Youth Correctional Center. Many of the students have plans to attend a trade school or college when they leave NDYCC. The students were pleasantly surprised at how easily they were able to relate to Mrs. Hoeven. They all stated that they felt comfortable sharing their stories and the history of their substance use.

Parole Board Members

Parole Board Members are appointed by the Governor for a three-year term. The Parole Board Members are listed as follows:

Members	Location
John Olson, Chairman	Bismarck
Everett Nels Olson	Minot
Beverley Adams	Fargo
Donna Jacobsen	Dickinson
Vacancy	
Vacancy	

Pardon Advisory Board Members

Pardon Advisory Board Members are appointed by the Governor for an open ended term to include the attorney general, two members of the parole board, and 2 citizens/residents of the state. The Pardon Board Members are listed as follows:

Members	Location
Duane Dekrey, Chairman	Pettibone
Wayne Stenehjem	Bismarck
Beverley Adams	Fargo
Everett Nels Olson	Minot
Vacancy	

Parole Board Meeting Dates for 2010

January	10-11
February	8-9
March	7-8
April	11-12
May	10-11
June	6-7
July	11-12
August	8-9
September	12-13
October	10-11
November	7-8
December	5-6

Pardon Advisory Board Dates for 2010

April 13 November 9

Our mission is...

To enhance public safety, to reduce the risk of future criminal behavior by holding adult and juvenile offenders accountable, and to provide opportunities for change.