MEETING MINUTES

North Dakota Mental Health and Substance Abuse Planning Council
Quarterly Meeting
March 4, 2016

Members Present: Patricia Arnold (Safe & Healthy Schools), Carl Young (Family member), Rosalie Etherington (DHS-Field Services), Jennifer Henderson (Housing & Finance Agency), Carlotta McCleary (Federation of Families & Mental Health America), Pamela Sagness (DHS-Behavioral Health Division), Siobhan Deppa (Consumer Family Network), Cheryl Hess (Vocational Rehabilitation), Theresa Larsen (Protection & Advocacy), Debra Baier (Medicaid) Deb Jendro (Adult mental health consumer), Debra Johnson (Family member), Derek Solberg (Family member), Michelle Gayette (Aging Services), and Timothy Wicks (Veteran)

Staff Members Present: Lauren Sauer, Becky Bailey, Stacie Dailey, Julie Huwe

Approval of the Minutes: Rosalie Etherington made a motion to approve the minutes. Carl Young Seconded. Motion carried

Additions to the Agenda:
- Update on the Olmstead Training
- Update on the meeting with the Governor’s office on planning council changes
- Letter to the Governor’s office
- New logo for the council
- Tobacco tax
- Role of the Human Service Centers

ND Cares Presentation: First Lady Betsy Dalrymple
- Joined by Joe Faller – Executive Director of ND Cares
- http://governor.nd.gov/first-lady/nd-cares
- 56,770 veterans in ND (11% of the state’s population) which doesn’t include service members, families or survivors.
- ND Cares is a coalition dedicated to strengthening an accessible, seamless system of support for service members, veterans, families and survivors in North Dakota.
- Formed in May of 2013 from an invitation from the Federal Substance Abuse Mental Health Services Administration
- North Dakota sent a team of 15 professionals to a conference focused on behavioral health.
- They were tasked with starting a coalition to ensure that service members, veterans, families and survivors in North Dakota have local access to behavioral health services.
• More than 45 military and civilian professionals throughout North Dakota
• They are not a service provider, rather a coalition dedicated to providing awareness and creating a well-recognized brand to help those heroes who deserve services find them, hopefully in their home community
• The current goals of the coalition:
  o To conduct a comprehensive assessment of needs
  o To integrate existing programs and resources to strengthen an effective and efficient service system
  o To develop a leader network to support collaborative efforts
• Some examples of projects made by North Dakota:
  o Executive order 2015-05 – officially established North Dakota Cares and allowed for legislative appropriation
  o Formation of the veterans caucus in the North Dakota State Legislator
  o ND Cares has met with the VA Administration to agree on data sharing
  o Resolved a barrier to services that resulted from eligibility disconnect between regional human service centers and the VA
  o Began a shift of service providers from asking are you a veteran to have you ever served in the US military
  o The National Guard personal are beginning to use the Human Service Center regions as their boundaries
  o A creation of the North Dakota Data Book and the Military Reference Guide
  o Providers are more cognizant of state resources and connection to those resources are improving
  o The ND Cares community program has been the most recent project – launched last fall
    https://www.nd.gov/veterans/files/resource/ND%20Cares%20Ver2_0.pdf
    ▪ The goal is to have every city in the state, no matter how large or small, become a ND Cares Community and work to establish local events to educate the community and to honor service members, veterans, families, and survivors.
    ▪ Bismarck is in the process of signing up to be a community program
    ▪ Would like the ND Cares Community Sign in every city and town
    ▪ There are currently 12 cities and counties that have become an ND Cares Community
      • Bottineau, Cavalier, Devils Lake, Foreman, Grafton, Grand Forks, Medora, Grenora, New Rockford, Pierce County, Washburn, and West Fargo
  o There are ideas and resources in the ND Cares Community Toolkit
  o The legislature appropriated money to train providers. They are negotiating to get the cost down
Human Services Interim Committee Report – Pamela Sagness

- Yesterday’s meeting was to start having conversations about what bills they will be bringing forward
- They had testimony the first day
- They did some site visits to Fargo programs
- They had testimony regarding mental health Parity by Blue Cross Blue Shield and Sanford
- Information was given on the restructuring of the human service centers and the state hospital and what their role will look like
- Spent the rest of the time working on bills.
- All the testimony is on the legislative website http://www.legis.nd.gov/files/resource/committee-memorandum/17.9350.01000.pdf
- Workforce issues will be addressed in the Health Services Interim Committee on July 27th.
- The committee started drafting bills to be reviewed in July.
- The Incarcerations Issues Committee – They are looking at behavioral health and corrections. They are currently in the middle of a national project about North Dakota called the Justice Reinvestment, looking at how they can better utilize corrections.
- Parity Issue – Carlotta McCleary
  - There is an issue about what insurance companies feel Parity is and what individuals feel like when their claims are denied.
  - The insurance companies have said that there are no complaints.
  - There seems to be a disconnect between consumers and those who testified.
- The next Human Services Interim Committee in on July 25th & 26th in Bismarck.

Behavioral Health Conference Update – Lauren Sauer

- May 17-19, Minot
- The Pre-conference will be Don Osborn on the foundations of clinical supervision.
- The full schedule can be found at http://behavioralhealthconference.nd.gov/schedule
- There are approximately 200 registered
- Registrations will be taken through the last day

Consumer Family Network – Siobhan Deppa

- CFN Quarterly Report – handout
- CFN Conference – May 23 – 25th
  - Theme is recovery to a better life
  - Ramada Inn – Bismarck
  - Annual CFN Members meeting will be held during the conference
  - Pamela Sagness will speak on the Department of Human Services
  - There will be a legislative round table with questions
  - The 4 dimensions of wellness will be covered
  - Planning on 47 consumers
  - Chair Yoga
The benefits of adult coloring
- CFN is looking to entice younger members to join

Report for Sub-Committee on 10 Key Points – Carlotta McCleary
- 10 Key Points Recommendations handout
- Missing from the 10 points
  - The Parity issues – Attorney General and Insurance Commissioner
  - Change to key issues – take out number
  - Access to quality services for military members and their family
  - Who’s the audience for the key points
  - Change wording for Zero-Reject points
  - Department of human services points, label for each audience
  - Recommendations for Policies
  - Recommendations for Human services
  - Get email responses for the final version
  - Adding Parity and veterans (different wording)
- This will be attached to a letter to the Governor
- **Carl Young made a motion to approve the 12 key points substance on the list with changes – Rosalie Etherington second – Motion passed**

Continuation of Old Business
- SAMSHA Site visit Draft Report
  - This is a draft and it is not final
  - The Department was asked to read it for factual accuracy and to send the response
  - We have an extension to respond to the draft until May 20th.
  - The recommendation is for the council to read the section that specifically address the Planning Council and recommend any factual accuracy changes.
  - That section starts on Page 18.
  - Any changes to this section need to come from the council.
  - Send any factual accuracy changes to Pam by May 19.
  - This report is based on the time of September of 2014.
  - The Planning Council has already started making the changes that were recommended in the report.
  - The Recommendations begin on the bottom of page 23.
  - The Division will start taking action once we have the final version.
  - Lauren will break down the final version into recommendations and conditions. He will also include a fact sheet that explains statutes and set asides.
  - The council would like to have further discussion on fiscal matters and compliance with federal rules in regards to how the money has to be spent.
  - Pam is having a meeting next week to discuss how the funding is put into the budget.
Theresa Larsen made a motion that the council supports DHS to put the MHBG Funding in the budget as a singular line item rather than multiple items. Second Carlotta McCleary. Motion passed.

- **Murphy Bill**
  - A letter was sent to Kevin Kramer from the Mental Health Advocacy Network.
  - Theresa Larsen will send out an email to Siobhan to be passed onto the council members regarding current mental health bills.
  - They are incorporating pieces of the Murphy Bill into other legislation.
  - Carl Young will send information to Siobhan to be passed onto the council members regarding the most recent comments on the Murphy Bill.

**New Business**

- **Olmstead Training – Theresa Larsen**
  - There were 11 sites across the state utilizing IVN
  - An Attorney from the Department of Justice was brought in and discussed the mental health aspect of Olmstead.
  - David Boeck, Director of Legal Services, gave a background on the Americans with Disabilities Act, which is the basis of Olmstead. His PowerPoint will be added to the P&A website.
  - Approximately 80 participants
  - Theresa will update the Olmstead Commission on the training.

- **Meeting with the Governor’s staff regarding council changes – Pamela Sagness**
  - Pam and Lauren met with representatives who oversee the commissions and our representative – Tami Ternes.
  - They reviewed all of the changes and made a recommendation to simplify and send a one page letter that says step by step what changes we want. Siobhan will send that to the Governor’s office.
  - There are many members of the committee who haven’t completed applications, so everyone can be formally appointed. The application would not work to forward. Lauren will look into it and report that it is not working.

- **Letter to Governor requesting a meeting to discuss the 12 Key Points.**
  - Was suggested that we try to get the name change of the council approved and the new logo and send the letter on the new letterhead.
    - Pam and Lauren will follow up with the Governor’s office weekly once the letter requesting the council changes is sent.
  - The council reviewed the letter and recommended to change the word should in the second paragraph.
  - Jennifer Henderson made a motion to approve the letter to the Governor as amended. Second Derek Solberg. Motion passed.

- **The new logo for the council**
  - The logos were created by the Divisions design staff and edits can be made.
  - Council voted to approve logo option number 1 with changes to colors from blue to green.
• **Proposed tobacco tax** – Carlotta McCleary
  o The increased revenue from the proposed bill will be going to Veterans and Behavioral Health.
  o The planning council was made to receive funding.
  o The projected income was 30 million per year.
  o There are questions on how the funding from the tax would work.
  o Terry Traynor – ND Association of Counties
    ▪ There were legislators involved in drafting the bill.
    ▪ In his understanding the legislature would appropriate the money, but it must be consistent with what the council feels are the needs.
    ▪ The money might go to DHS, private providers, or DOH as long as they are consistent with the council priorities.

• **Pam was approached by a few legislatures asking to be a part of the Council.**
  o Carlotta McCleary made a motion support the discussion of consideration to have legislature members on the council. Second Rosalie Etherington. Motion passed 8 to 4.
  o Need a clarification from SAMSHA how they would be reimbursed for attending the meetings.
  o Lauren will look up the history of legislators on the council in the past.
  o Should they be a voting member or not.

• **Role of the HSC** – Rosalie Etherington
  o Rosalie was asked by the Human Services Interim Committee to clarify the role of the human service centers within the behavioral health system.
  o There is an assumption that the public system should be everything to everyone.
  o The original mission is what is in statute.
    ▪ Behavioral health emergency services – *24-hour services to manage and resolve crises on the least restrictive setting necessary, with referral to community services, in lieu of State Hospital, whenever appropriate.*
    ▪ Regional Intervention Services – *Must refer to appropriate community service in lieu of State Hospital Admission.*
    ▪ Management of chronic disease within the behavioral health context – *Develop a plan for an integrated, multidisciplinary continuum of services for chronically mentally ill to be provided in the least restrictive setting necessary.*

**Next meeting is June 22, 2016 – 8:00am – 5:00pm**
North Dakota State Capital - Brynhild Haugland Room
Agenda for next meeting

- Information on housing and employment - What we currently have and what we need
- Lauren Sauer will prepare an update on Extended Services
- Cheryl Hess - Employment
- Jake Reuter – Money Follows the Person
- Jennifer Henderson - Housing
- Rosalie Etherington – HSC Contracts
- Adding Legislative members to the Planning Council
- Further discussion on tobacco tax

Sub-Committee meeting – 12 Key Points
May 27th – 1:00-4:00
Bismarck – Prairie Hills Plaza – Prairie Rose Room
1237 W Divide Ave suite 1C

Sub-Committee meeting – Recommendations on Shulte report
June 20th - 9:30 -12:00
Bismarck – Prairie Hills Plaza – Prairie Rose Room
1237 W Divide Ave suite 1C

Grand Forks - Northeast Human Service Center – Room 5E
151 S 4th St Ste 401