TRIBAL AND STATE RELATIONS COMMITTEE

February 8, 2022
BEHAVIORAL HEALTH IS HEALTH
Person-Centered Practices assist individuals to have control over the life they desire and engage fully in their communities.

North Dakota is developing a strong and consistent statewide vision and universal understanding of person-centeredness across all North Dakota Department of Human Services (ND DHS) entities and community partners. Together we will: bring diverse voices to the table, support individuals participating in services and statewide system change efforts, transform policies to reflect statewide person-centered values and culture, and ensure communication is accessible and relatable.
Partnering Equitably with Communities to Promote Person-Centered Thinking, Planning & Practice
April 2023

To address disparities and ensure that service systems are person-centered, it’s critical to understand what equity and person-centered practices look like and why they matter. This brief describes the themes and lessons learned from these activities, with a focus on promoting health equity and creating a more culturally competent environment. The brief also highlights the importance of person-centered practices for all populations, including American Indian populations.

For American Indian populations, it is important for ND DHS:
- Build connections with tribal leadership
- Ensure all ND DHS staff have an understanding of American Indian cultures, values, and history

For New American communities, it is important for ND DHS:
- Build connections with members of New American communities
- Ensure access to interpretation services
- Translate informational materials into the languages spoken by New American communities

Agreement Best Practices
NCAPPS and ND DHS learned several lessons from engagement efforts with communities throughout the process
- Native American Development Center, Billings, MT
- Turtle Mountain Band of Chippewa Indians Elders, Turtle Mountain Retirement Home
- Standing Rock Elders, Standing Rock Visitor Center
- New American Gathering, Lutheran Social Services, Fargo, ND
- Pillsbury House, MHA/MN Tribal Elder
- Tawonna Guzman, Turtle Mountain Band of Chippewa Indians

A minority of ND DHS staff committed to promoting health equity and creating a more culturally competent environment. The brief also highlights the importance of person-centered practices for all populations, including American Indian populations. ND DHS staff have an understanding of American Indian cultures, values, and history.

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The North Dakota Department of Human Services (ND DHS) is receiving technical assistance on Advance Planning from the National Center on Aging and Person-Centered Care (NCAPPS). As part of a statewide initiative to enhance overall commitment to person-centered care for all populations, it strives to find a way to strengthen the work already being done by ND DHS. The most important aspect is understanding the needs of people who may not traditionally be engaged in staff activities or systems work. Equally important is making sure that underranked groups feel welcome and supported to engage with the system.

Creating equity is one important aspect of strengthening engagement. Equity in engagement means reaching out to people who may not traditionally be engaged in staff activities and systems work. Equally important is making sure that underranked groups feel welcome and supported to engage with the system.

NCAPPS and ND DHS are grateful to the following groups and individuals who have shared their time and insight throughout this process:
- Native American Development Center, Billings, MT
- Turtle Mountain Band of Chippewa Indians Elders, Turtle Mountain Retirement Home
- Standing Rock Elders, Standing Rock Visitor Center
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## GRANT AWARDS - FEDERAL

A total of **$2,270,236.95** in contract with tribal nations 2019-2022.

<table>
<thead>
<tr>
<th>Substance Misuse Prevention</th>
<th>Spirit Lake Nation</th>
<th>Standing Rock Sioux Tribe</th>
<th>Three Affiliated – MHA Nation</th>
<th>Turtle Mountain Band of Chippewa</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$240,000.00</td>
<td>$240,000.00</td>
<td>$160,000.00</td>
<td>$240,000.00</td>
</tr>
<tr>
<td>Underage Drinking Prevention</td>
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<td>—</td>
<td>—</td>
<td>$106,515.48</td>
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<tr>
<td>Opioid Prevention, Treatment and Recovery</td>
<td>$467,738.99</td>
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<td>$77,795.00</td>
<td>$150,154.00</td>
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<tr>
<td>Substance Use Disorder Treatment</td>
<td>—</td>
<td>—</td>
<td>$481,518.00</td>
<td>—</td>
</tr>
<tr>
<td>Mental Health Clinical Treatment</td>
<td>—</td>
<td></td>
<td></td>
<td>$495,000*</td>
</tr>
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</table>

*contract is through May 2023*
SUBSTANCE MISUSE PREVENTION - EXAMPLE

Standing Rock Sioux Tribe Prevention Program Highlight

Texting Tipline

Evidence-Based Curriculum
Takoja Niwaciyape
(giving Life to our Grandchildren)

Standing Rock Youth Council
Eligibility: Available to all tribes
Goal: Address gaps related to substance use disorder treatment and recovery
Current Efforts: Three Affiliated Tribes – MHA Nation

- Parshall Resource Center
  - 8 bed residential treatment
  - Licensed Addiction Counselor
# STATE FUNDING - PREVENTION

## Prevention and Early Intervention School Pilot Project
- Dunseith Public School awarded
  - $75,000 FY 2021
  - $50,000 FY 2022

## Suicide Prevention
- March 2021-2022
  - Sacred Pipe Resource Center
  - Rolette County Public Health District (Includes Turtle Mountain)
- 2021-2023 Funding Opportunity – no applications from tribal nations.
Kognito

Kognito is an evidenced-based, online, role-playing simulation to help school personnel learn to recognize the signs of distress, use conversation to approach a student and discuss concerns, and if, necessary, refer parents/students to the appropriate resources.

Schools and districts statewide can opt into The training program with no costs to school personnel.
STATE FUNDING – COMMUNITY SUPPORT

Free Through Recovery

- Since launching in Feb. 2018, this program has enrolled 1,055 individuals that have identified as American Indian.

Community Connect

- Since inception in Feb. 2021, this program has enrolled 512 individuals that identify as an enrolled member of at least one tribe in ND.
76 of the individuals trained as peer supports identified they reside on tribal lands in the state.

Three of the 10 Peer Support Trainers for the state are enrolled members of MHA Nation.

In 2021 the division hosted training specifically for MHA Nation, as requested, to build capacity for peer support services. This will be done again in April 2022.
1915(i) State Medicaid Amendment

Native, Inc awarded $10,000 provider development grant
• Native, Inc is in the process of enrolling for at least 5 of the 1915(i) services.

7 of 47 individuals enrolled in 1915(i) identify as AI/AN
21% (1,012) of individuals who have received services self-identified as American Indian on their most recent application.

800 individuals identify as being affiliated with a tribal organization. Of these, 581 identify as being an enrolled member in North Dakota.
ADDICTION TREATMENT SERVICES

8 Licensed addiction programs located on tribal lands or in collaboration with tribes.

<table>
<thead>
<tr>
<th>Type of Service</th>
<th>Number of Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>DUI Seminar</td>
<td>4</td>
</tr>
<tr>
<td>Social Detox</td>
<td>1</td>
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<tr>
<td>Adult Outpatient</td>
<td>6</td>
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<tr>
<td>Adult Day Treatment</td>
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</tr>
<tr>
<td>Adult Residential</td>
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</tr>
<tr>
<td>Adolescent Outpatient</td>
<td>2</td>
</tr>
<tr>
<td>Adolescent Day Treatment</td>
<td>1</td>
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</table>
4690 of the 19,732 individuals served by the public behavioral health system in 2020 & 2021 self-identified as Native American.

*excludes individuals provided only crisis services and excludes individuals assessed and referred elsewhere

<table>
<thead>
<tr>
<th>Region</th>
<th>Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northwest</td>
<td>118</td>
</tr>
<tr>
<td>North Central</td>
<td>503</td>
</tr>
<tr>
<td>Lake Region</td>
<td>1,181</td>
</tr>
<tr>
<td>Northeast</td>
<td>306</td>
</tr>
<tr>
<td>Southeast</td>
<td>428</td>
</tr>
<tr>
<td>South Central</td>
<td>130</td>
</tr>
<tr>
<td>West Central</td>
<td>760</td>
</tr>
<tr>
<td>Badlands</td>
<td>74</td>
</tr>
<tr>
<td>NDSH</td>
<td>1190</td>
</tr>
</tbody>
</table>
Ongoing Services

- Satellite clinics in New Town and Fort Yates - open 1-2 days weekly and staffed with LAC, therapist, case managers, and skills trainers – clinician attendance based on current needs.
- Engagement, outreach and clinic services – Trenton Indian Service Area, Spirit Lake and Turtle Mountain.
- Crisis line and mobile crisis services provided to tribal members on and off tribal lands.
- At Elbowoods Memorial Health Center, tele-psychiatry medication clinic provided by a UND psychiatry resident with NEHSC psychiatrist supervision.
- Post-suicide support and counseling as requested.

New Initiative

- Current negotiations are underway to enter into an agreement with Elbowoods Memorial Health Center for collaborative care – offering psychiatric training and consultation to general practice practitioners.
BEHAVIORAL HEALTH DIVISION

Review and identify service needs and activities in the state’s behavioral health system in an effort to:

- Ensure health and safety,
- Increase access to services,
- Increase quality services

NDCC 50-06-01.4
Keys to Reforming North Dakota’s Behavioral Health System

- Support the full Continuum of Care
- Increase Community-Based Services
- Prevent Criminal Justice Involvement for Individuals with a Behavioral Health Condition