Behavioral Health

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Department of Human Services
What is Behavioral Health?

A state of mental/emotional being and/or choices and actions that affect **WELLNESS**.

- Preventing and treating depression and anxiety
- Preventing and treating substance use disorder or other addictions
- Supporting recovery
- Creating healthy communities
- Promoting overall well-being
BEHAVIORAL HEALTH
IS HEALTH
All data resources are available at www.behavioralhealth.nd.gov/data.
Keys to Reforming North Dakota’s Behavioral Health System

- Support the full Continuum of Care
- Increase Community-Based Services
- Prevent Criminal Justice Involvement for Individuals with a Behavioral Health Condition
Licensed Substance Abuse Treatment Program in North Dakota

July 2021
American Society of Addiction Medicine (ASAM)

**Note:**
Within the five broad levels of care (0.5, 1, 2, 3, 4), decimal numbers are used to further express gradations of intensity of services. The decimals listed here represent benchmarks along a continuum, meaning patients can move up or down in terms of intensity without necessarily being placed in a new benchmark level of care.
Region 1 (Williston)

• Summit Silver Creek- Watford City
  • Evaluation for the purpose of a DUI
    Level 0.5 – DUI Seminar
    Level 1 – Adult - Outpatient Services
    Level 2.1 – Adult - Intensive Outpatient Treatment
    Level 2.5 – Adult - Partial Hospitalization/Day Treatment
    Level 3.1 – Adult - Clinically Managed Low-Intensity Residential Care
    Level 3.2D – Social Detoxification
    Level 3.5 – Adult - Clinically Managed High-Intensity Residential Care

• Weishoff Alcohol & Drug- Williston
  • Evaluations for the purpose of a DUI
    Level 0.5 – DUI Seminar
    Level 1 – Adult - Outpatient Services

• Native American Resource Center- Trenton
  • Evaluations for the purpose of a DUI
    Level 1 – Adolescent- Outpatient Services
    Level 1 – Adult - Outpatient Services

• ADAPT, Inc - Williston Williston
  • Evaluations for the purpose of a DUI
    Level 0.5 – DUI Seminar
    Level 1 – Adult - Outpatient Services

• Choice Recovery Counseling Williston
  • Evaluations for the purpose of a DUI
    Level 0.5 – DUI Seminar
    Level 1 – Adult - Outpatient Services
    Level 1 – Adolescent - Outpatient Services
SB 2161: Mental Health Program Registry

A new section to chapter 50-06 of the North Dakota Century Code is created and enacted as follows:

Mental health program registry. The department shall establish and maintain a registry of mental health programs in the state. A mental health program shall provide the information and documentation necessary to the department at least annually in the form and manner prescribed by the department. The department shall make the registry available to the public on the department's website.
HB 1012
Department of Human Services Budget
Section 27. Behavioral Health Bed Management

A new section to chapter 50-06 of the North Dakota Century Code is created and enacted as follows:

**Behavioral health bed management system.** The department shall establish and maintain a behavioral health bed management system to improve utilization of behavioral health bed capacity. Public and private providers of residential or inpatient behavioral health services shall participate in and report daily to the department the information and documentation necessary to maintain the behavioral health bed management system in the form and manner prescribed by the department.
SUD Voucher

Goal: improve access to quality substance use disorder treatment services and allow for individual choice, by providing reimbursement where other third-party reimbursement is not available.

- Initiated during 2015 legislative session (NDCC 50-06-42)
- Began serving individuals in 2016
- More than 4200 individuals served

447 Active individuals receiving services through the SUD Voucher
(153 new since July 1, 2021)

Twenty-three providers are providing voucher services
(4 new since July 1, 2021)
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Timeline of Changes/Expansion

65th Legislative Session (2017)
Methadone maintenance was added as a covered service, effective July 1, 2017 (HB 1012)

66th Legislative Session (2019)
Providers who access the SUD Voucher were expanded to public agencies (i.e., public health and tribal agencies) who hold a substance abuse treatment program license - not including Human Service Centers. (HB 1105)
Eligibility age was changed from 18 to 14 years old, effective July 1, 2020. (SB 2175)

67th Legislative Session (2021)
DHS will develop rules to guide out of state providers to participate in the SUD Voucher (SB 1402)
Grant awards to expand residential substance use disorder treatment programs in an underserved area
Funding allocation: 45% of funds to be allowable to programs with more than 16 beds and 55% of funds for outpatient and programs with 16 beds or less
Community Supports
Peer Support Certification

The administrative rule outlining the guidance and process for certification was developed and implemented July 1, 2020.

There are 63 Certified Peer Support Specialists I and 17 Certified Peer Support Specialist II.
The Behavioral Health division contracts with Appalachian Consulting group to host 40-hour trainings. Appalachian Consulting is nationally recognized in leading peer support trainings. These trainings cover vital core competencies needed to formalize peer service work.

Since 2018 more than 600 individuals across North Dakota have completed peer support training.

The Behavioral Health division now offers “Supervising Peer Support Specialists” training to provide basic skills in peer support supervision.

BHD offers monthly webinars/trainings on topics related to peer support work as an opportunity for continuing education units.
Peer Support Employment

• Free Through Recovery
• Community Connect
• Human Service Centers
• DOCR Prison Facilities
• Private Providers
• Hospitals
• SUD Voucher Providers
• 1915i Providers
• Telephone Support-Recovery Talk, Call Kay
Free Through Recovery

Community Connect

• The Division was authorized to expand the implementation of the Free Through Recovery program outside of criminal justice
  • Community Connect launched on February 1, 2021
• These programs provide community-based behavioral health supports through the provision of care coordination and peer support
Community Connect
Serving 708 participants across North Dakota

Individual Eligibility
• 18 years of age or older
• Have a MH or SUD impacting functionality in domains, including housing, employment, parenting, physical health, and/or community connections
• Priority for parent/caregiver, homeless or at risk of homelessness, CPS involvement, utilization of ER or detox

Free Through Recovery
Serving 1100 participants across North Dakota

Individual Eligibility
• 18 years of age or older
• Involved in criminal justice system
• At risk for future criminal justice
• Identified behavioral health condition(s)