

# North Dakota Behavioral Health System Study

April 2018

“A well-functioning behavioral health system attends not only to the intensive needs of children, youth, and adults with serious mental health conditions and substance use disorders but also to the outpatient and community-based service and support needs of individuals, and, critically, to the social and emotional well-being of the majority of the population who have not been diagnosed with a behavioral health condition—especially children, youth, and young adults.”

## North Dakota Behavioral Health System Study

### BEHAVIORAL HEALTH SYSTEM STUDY TIMELINE

Behavioral Health Division in contract with HSRI to conduct an in-depth review of North Dakota's behavioral health system.

Final report released April 2018

1/1/2017 TO  
6/30/2018



Behavioral Health Division in contract with HSRI to initiate and facilitate the implementation of a strategic plan based off the recommendations from the comprehensive study of ND's behavioral health system published April 2018.

8/1/2018 TO  
6/30/2019



### APRIL 2018 BEHAVIORAL HEALTH SYSTEM STUDY

*Served as a component of interim legislative committee studies during the 65<sup>th</sup> Legislative Interim.*

This report presents the findings from the North Dakota Comprehensive Behavioral Health Systems Analysis, conducted by the Human Services Research Institute (HSRI) for the North Dakota Department of Human Services' Behavioral Health Division.

The 250-page report provides more than 65 recommendations in 13 categories. This set of recommendations is intentionally broad and far-reaching; it is not expected, nor suggested, that stakeholders in North Dakota endeavor to implement all these recommendations at once.

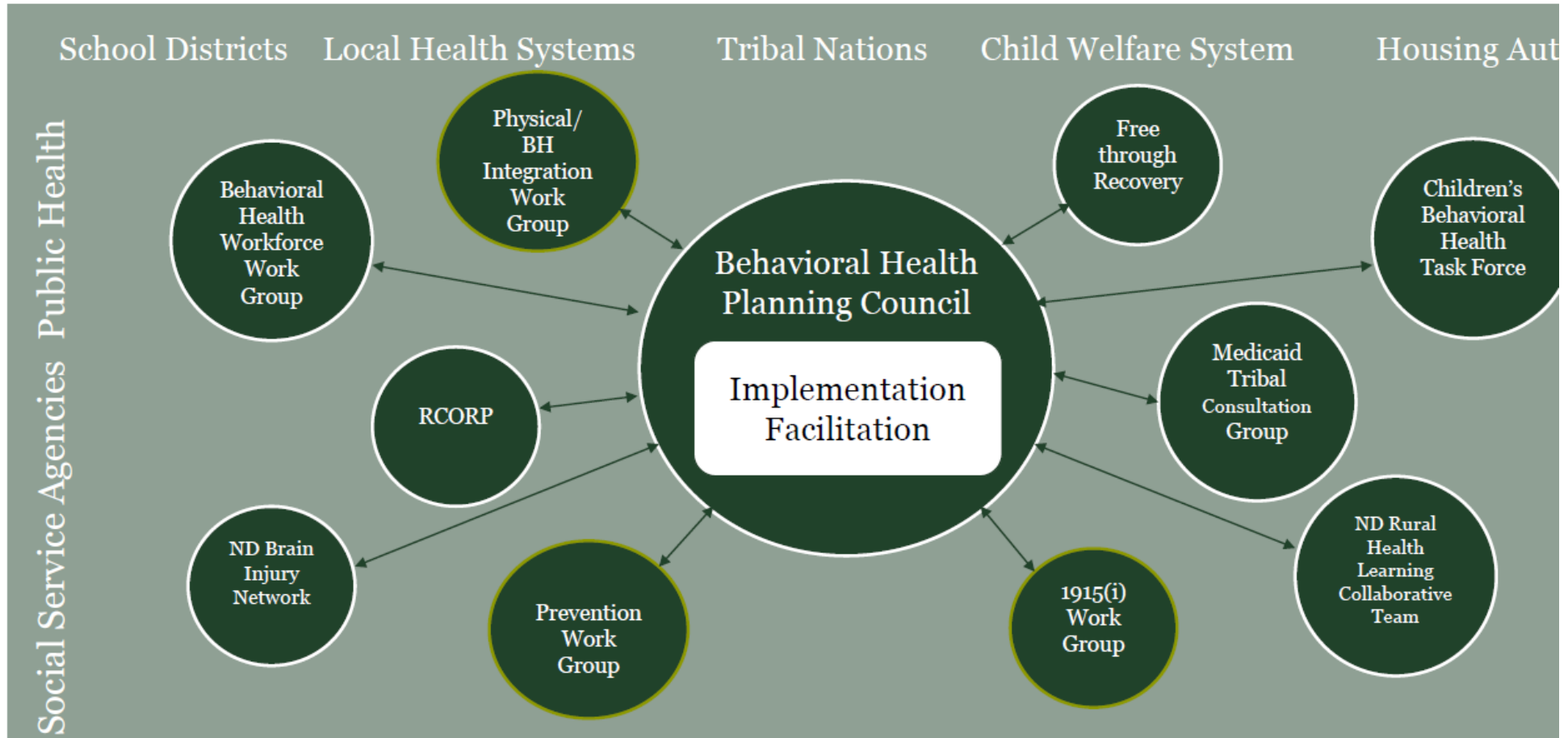
1. **Develop a comprehensive implementation plan**
2. **Invest in prevention and early intervention**
3. **Ensure all North Dakotans have timely access to behavioral health services**
4. **Expand outpatient and community-based service array**
5. **Enhance and streamline system of care for children and youth**
6. **Continue to implement/refine criminal justice strategy**
7. **Engage in targeted efforts to recruit/retain competent behavioral health workforce**
8. **Expand the use of tele-behavioral health**
9. **Ensure the system reflects its values of person-centeredness, cultural competence, trauma-informed approaches**
10. **Encourage and support the efforts of communities to promote high-quality services**
11. **Partner with tribal nations to increase health equity**
12. **Diversify and enhance funding for behavioral health**
13. **Conduct ongoing, system-side data-driven monitoring of needs and access**

# North Dakota Behavioral Health System Study RECOMMENDATIONS

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1. Develop a comprehensive implementation plan
2. Invest in prevention and early intervention
3. Ensure all North Dakotans have timely access to behavioral health services
4. Expand outpatient and community-based service array
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# Strategic Planning Roles and Functions





## Process for selecting 2019 Strategic Goals

- Public survey
  - Respondents asked to weigh in on the priority of each of 138 strategic goals
  - 570 people took the survey with broad representation across the state
  - Top five highest priority goals were automatically included in the 2019 strategic plan
- Behavioral Health Planning Council nominations
  - Each member nominated one goal based on whether it is: **Actionable, Integral, Timely, and Values-driven**
- HSRI identified additional goals based on our understanding of systems transformation



## Next Steps

- Summer 2019: Finalize full Strategic Plan
  - Objectives, action steps, timelines, responsible entities, and indicators of progress for each goal
- September 2019 and quarterly thereafter: First progress report and goal refinement