

Health Services Committee
October 24, 2017
Cost of Services for People with Intellectual and Developmental Disabilities

The North Dakota Department of Human Services pays for a continuum of services for individuals with intellectual and developmental disabilities. Costs reflect the statewide average cost of the continuum of care, from institutional level of care at the Life Skills and Transition Center (LSTC), which serves people whose needs exceed community capacity, to community-based services.

Life Skills and Transition Center

- Serves people with intellectual and developmental disabilities whose needs exceed community capacity (medically fragile, dually diagnosed with a co-occurring mental health, significant behavioral needs, in crisis, etc.)
- Serves as a safety net (*See Fact Sheet.*)
- Has an average length of stay of 1.5 to 3.3 years (85% discharged in this time frame)
- Is certified as an Intermediate Care Facility (ICF)

- **Current Daily Cost: \$981.77/day**
Cost includes a comprehensive package of services provided at LSTC:
 - Room
 - Board
 - Therapies provided on-site by staff (physical therapy, occupational therapy, speech/language therapy)
 - Psychiatric services
 - Clinical psychology and Applied Behavior Analysis services
 - Pharmacy, lab, x-ray
 - Medical services
 - Dental services
 - Nutrition services
 - Recreational therapy and community integration skill building
 - Adaptive equipment
 - Day activities
 - Transportation
 - Vocational activities
 - Clothing and incidentals
 - Staff supervision

DEVELOPMENTAL DISABILITIES SERVICES IN THE COMMUNITY

The following services are provided by private licensed developmental disability service providers.

Intermediate Care Facility ICF/IID

- Is the highest level of services provided outside of the state institution and is still considered an institutional setting.
- Provides comprehensive and individualized health care and rehabilitation services to participants to promote their functional status and independence. This is for people who need 24-hour care.

Service	Interim FYE 2014 Rate	Final FYE 2014 Rate	Current Weighted Interim Rate	Current Low Rate	Current High Rate
Adult ICF	\$ 459.63/day	\$ 435.26/day	\$ 527.23/day	\$ 377.70 /day	\$ 724.69 /day
Children ICF	\$ 629.07/day	\$ 586.20/day	\$ 699.73/day	\$ 404.34/day	\$ 1,003.93/day
Adult PH ICF	\$ 487.70/day	\$ 476.58/day	\$ 538.73/day	\$ 400.07 /day	\$ 763.40/day

Cost includes:

- Room
- Board
- Day programs (day supports or extended services), and some medical items
- Staff time to provide supervision and habilitative care
 - NOTE: Rate does NOT include direct health-related costs (i.e. dental, pharmacy...)

Waiver Residential Services

- Provides residential habilitative services that include assistance in activities of daily living and training to allow the person to improve his/her ability to reside as independently as possible in the community.

Service	Interim FYE 2014 Rate	Final FYE 2014 Rate	Current Weighted Interim Rate	Current Low Rate	Current High Rate
Group Homes	\$ 210.58/day	\$ 199.62/day	\$ 237.61/day	\$ 142.24/day	\$ 548.74/day
Independent Homes	N/A	\$ 189.02/day	\$ 208.30/day	\$ 32.53/day	\$ 686.85/day
Children's Independent Homes	N/A	\$ 361.94/day	\$ 456.57/day	\$ 170.98/day	\$ 686.07/day

Cost includes:

- Staff time to provide supervision and habilitative care

Cost **DOES NOT** INCLUDE:

- Room
- Board
- Day programs (day supports or extended services) and medical items
- Direct health-related costs (i.e. dental, pharmacy...)

In-Home Supports (any age living in family home) \$34.82/hour

- This service is intended to support the participant and to permit the rest of the family to live as much like other families as possible with the intent of preventing or delaying unwanted out-of-home placement.

Waiver Day Program

- Provides assistance to the person to acquire, retain or improve his/her self-help, socialization and adaptive skills.

Service	Interim FYE 2014 Rate	Final FYE 2014 Rate	Current Weighted Interim Rate	Current Low Rate	Current High Rate
Day Supports	\$ 21.14/hour	\$ 20.14/hour	\$ 24.30/hour	\$14.50/hour	\$ 35.26/hour

Waiver Supported Employment

- Extended Services
 - Provides ongoing support for persons in supported employment. This may include job development and replacement in the event of job loss.

Service	Interim FYE 2014 Rate	Final FYE 2014 Rate	Current Weighted Interim Rate	Current Low Rate	Current High Rate
Extended Services	\$37.84/hour	\$44.00/hour	\$39.99/hour	\$24.08/hour	\$ 62.02/hour