Chairman Weisz, members of the Health and Human Services Committee, I am Maggie Anderson, Director of the Medical Services Division, for the Department of Human Services. I appear before you to provide a summary of information included in quality of life surveys done as part of the Money Follows the Person (MFP) demonstration grant.

The Money Follows the Person Quality of Life Survey (QoL) is a tool used nationally in all MFP Demonstration Programs. The development of the QoL survey was funded by the Centers for Medicare and Medicaid Services (CMS) and was designed to measure quality of life in seven domains: living situation, choice and control, access to personal care, respect/dignity, community integration/inclusion, overall life satisfaction, and health status. The target population for the survey includes people with disabilities and long-term illnesses who are transitioning from institutionalized care to a care setting in the community. The survey is to be administered to all MFP participants at three points in time—just prior to transition, about 11 months after transition, and about 24 months after transition.

The QoL takes approximately 15 to 20 minutes to complete. A few questions are asked only before or after the transition, although most are asked at all three interviews. The survey is intended to be administered by an interviewer, in person, and in a private setting. Depending on the individual circumstances and the abilities of the participant, however, a proxy respondent or an assisted interview may be necessary. A proxy
respondent is a person who answers the survey questions on the participant’s behalf. In an assisted interview, a third person is present to help the participant answer questions. North Dakota MFP has a contract with a vendor to conduct the surveys.

Please see the attached graphs that have been created by the vendor that conducts the surveys. There have been no 24 month surveys conducted at this point in time. There will be three 24 month surveys due in August 2010. The comparisons on the graphs are from the initial survey which was done a few weeks prior to transition and at the 11 month time period after transition.

The Quality of Life Survey Data is also published on the Department's website at http://www.nd.gov/dhs/info/pubs/mfp/overview.html.

I would be happy to respond to any questions that you have.
Money Follows the Person Demonstration Grant

QUALITY OF LIFE SURVEY QUESTIONS

Baseline Data

Do you like where you live?

- Yes: 51%
- Sometimes: 28%
- No: 21%

11 Month Follow Up Data

Do you like where you live?

- Yes: 83%
- No: 17%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**

Did you help pick (this/that) place to live?

- No: 67%
- Yes: 33%

**11 Month Follow Up Data**

Did you help pick (this/that) place to live?

- No: 25%
- Yes: 75%
Baseline Data

Do you feel safe living (here/there)?

Yes 95%
No 3%

11 Month Follow Up Data

Do you feel safe living (here/there)?

Yes 100%
No 0%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**

Can you go to bed when you want?

- Yes: 82%
- No: 13%

**11 Month Follow Up Data**

Can you go to bed when you want?

- Yes: 92%
- No: 8%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

Baseline Data

Can you be by yourself when you want to?

- No: 10%
- Sometimes: 8%
- Yes: 82%

11 Month Follow Up Data

Can you be by yourself when you want to?

- Yes: 100%
North Dakota Department of Human Services
Medical Services Division

Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**

Can you eat when you want to?

- Yes: 36%
- No: 44%
- Sometimes: 18%
- Don’t know: 3%

**11 Month Follow Up Data**

Can you eat when you want to?

- No: 17%
- Yes: 83%
Baseline Data

Do you ever go without a bath or shower when you need one?

- Yes: 18%
- No: 82%

11 Month Follow Up Data

Do you ever go without a bath or shower when you need one?

- Yes: 0%
- No: 100%
Baseline Data

Do you ever go without a meal when you need one?

- Yes: 8%
- No: 92%

11 Month Follow Up Data

Do you ever go without a meal when you need one?

- Yes: 0%
- No: 100%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**

Do you ever go without taking your medicine when you need it?

- Don't know: 3%
- No: 97%

**11 Month Follow Up Data**

Do you ever go without taking your medicine when you need it?

- Yes: 0%
- No: 100%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

Baseline Data

Do the people who help you treat you the way you want them to?

- Yes: 90%
- No: 6%
- Don’t know: 3%

11 Month Follow Up Data

Do the people who help you treat you the way you want them to?

- Yes: 90%
- No: 10%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

Baseline Data

Do the people who help you listen carefully to what you ask them to do?

No 10%
Yes 90%

11 Month Follow Up Data

Do the people who help you listen carefully to what you ask them to do?

No 0%
Yes 100%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**

- Can you see your friends and family when you want to see them?
  - Yes: 87%
  - No: 8%
  - Don’t know: 5%

**11 Month Follow Up Data**

- Can you see your friends and family when you want to see them?
  - Yes: 92%
  - No: 8%
Money Follows the Person Demonstration Grant
QUALITY OF LIFE SURVEY QUESTIONS

**Baseline Data**
Can you get to the places you need to go, like work, shopping, or the doctor’s office?

- Yes: 92%
- No: 8%

**11 Month Follow Up Data**
Can you get to the places you need to go, like work, shopping, or the doctor’s office?

- Yes: 100%
- No: 0%