

MFP Stakeholders Committee Meeting Minutes

March 2, 2010

Time: 1pm-4pm CST

Location: Pioneer Room, State Capitol
Bismarck, North Dakota

Information Provided: PowerPoint Handout

Press Present: KFYZ TV and NPR Radio (Interviews provided to both entities)

1. The meeting was called to order with a welcome and committee member introductions.
2. A review of the agenda was completed
3. Workforce development efforts to date were reviewed with the committee including the decision to concentrate on the development of a Realistic Job Preview (RJP) for both DD providers and QSPs. These two RJP will be completed each with a different focus. The DSP RJP will be used in the selection process that QSP RJP will be used for multiple purposes including helping potential QSPs make a decision about becoming a QSP, before training is completed, some recruitment related activities etc.

The DD provides efforts with data collection was reviewed by Barb Murry including the development of a data set/collection process that maybe useable for other sectors of community support services. This is an ongoing process and will continue to evolve.

It was noted that both the DD Providers and the NF Association reported that they currently have the low number of open positions at this time. This has been attributed to the increase in wages and the increase in the number of persons moving to ND for work due to the economic challenges in other parts of the county.

It was noted that 40% of NF staff are part-time and may be interested in working as a QSP or DSP if they need additional income or employment.

It was noted that for consumer receiving level C State Plan Personal Care services at time most have a live-in care giver/family care giver.

4. Benchmark Two Amendment to change the number of transitions over the next three years has been submitted but no response has been received to date from CMS. The table presented to the committee is listed below:

| Grant Year | Older Adults Old/New | PD Old/New | MR/DD Old/New | Other -children Old/New | Totals Old/New |
|------------|-------------------------|---------------|------------------|----------------------------|-------------------|
| 2008 | 10 (1) | 4 (1) | 5 (3) | 1 (0) | 20 (5) |
| 2009 | 11 (4) | 13 (6) | 8 (4) | 1 (0) | 33 (14) |
| 2010 | 10 (6) | 13 (6) | 8 (8) | 1 (0) | 33 (20) |
| 2011 | 10 (6) | 4 (6) | 9 (8) | 1 (1) | 24 (21) |
| 2012 | 0 (6) | 0 (6) | 0 (8) | 1 (1) | 0 (21) |
| Totals | 42 (23) | 34 (25) | 30 (31) | 4 (2) | 110 (81) |
| | | | | | |

5. The current ND MFP Back-Up Services from US Care Management which include a phone number for MFP participants to call if their other back-up options are not effective and the maintenance of a small data base on each MFP participant was reviewed with the Committee. In addition the information presented by contact 360 and the Good Samaritan Society were reviewed. This information included a discussion of the Telehealth and in-home monitoring system available through each of these programs.

The committee's concerns about the system's ability to continue to pay for any extensive monitoring services after the 365 days of MFP eligibility were discussed at length. It was determined that some intervention that is more sustainable after MFP would be a more favorable option to pursue. It was suggested that DHS be asked to consider adding an initiated call to MFP participants on a regular basis to follow-up on their needs as a way to increase support without major cost or problems sustaining some form of ongoing service after eligibility is completed. This option will be address with the department by the MFP Program Administrator.

6. The 100% administrative funding available from CMS was discussed at length by the committee for the purpose of seeking recommendations on what issues would best be address to support the success of our MFP Grant initiative. Ideas suggested by the Committee include:
 - Provision of education to hospital discharge planners about the available community support services so they can start discharge planning at admission if the patient wants to return to their own home or other non-institutional setting.
 - Train law enforcement about ways to deal with a person with a developmental disability and the Individual Justice Planning process
 - Rental Gap funding to pay for housing costs while someone is waiting for a Housing Choice Voucher. Transition age or younger children are one population that this is most important for as they do not qualify for housing due to their parents income levels. Housing waiting lists are getting longer so more transitions are delayed while waiting to be approved for housing and some form of gap Housing voucher would make a significant difference for many people.
 - Additional and advanced training for MFP Transition Coordinators
 - Provide increased information about specialized care for such issues as bowel and bladder control as it is one of the primary reasons consumer are admitted to a NF.
 - A position that would monitor and manage a DD statewide referral process
 - Housing positions-Statewide MFP housing Coordinator and 4 regional housing specialists
 - Assistance developing financing for housing project development

- Educate local psych unit staff about best practices for serving individuals with a developmental disabilities
 - Nurse consultant for Transition Coordinators to assist with addressing more complex medical issues during the transition process
 - Behavioral Health consultants to assist transition coordinators address Mental Health and substance abuse issues of persons transitioning
 - Statewide Marketing/Public Education effort
7. The regional consumer stakeholder meetings held and currently scheduled were reviewed with the committee including the issues and concerns raised about not being able to get non-scheduled assistance if their health or needs change and their trouble dealing with the loss of dignity due the number of care givers that they require. Meetings have been held in Minot and Bismarck and will be held in Fargo (March 11) and Grand Forks (4/6). The committed will be provided with the documentation of the comments at the full MFP Stakeholder Committee Meeting in May.
 8. The need to recruit additional MFP participants was discussed including the recommendation from the NF Transition Workgroup that more individuals are included on the MDS list and that additional education needs to be done with NF Administrators and Social Services staff. This training will be scheduled with the LTC Association and the LTC SWND.
 9. Diane Mortenson reviewed a recent article on HCBS that was recently published in the Dakota Living Magazine earlier this year. The article outlined services available and ways to apply for services. The magazine is statewide and was well done.
 10. The newly developed transition review process document was briefly reviewed and approved for use by the MFP Program Administrator. This process will begin with transitions that will occur starting April 2010.
 11. The MDS 3.0 NF Social Work focus Group process that was completed in February and March of 2010 was reviewed with the committee including the planned ND only focus group that will be scheduled in April of 2010. This will provide an overview of the MDS changes including section Q related to referral to a community agency that will provide information about available community support services. It was also noted that the MFP Program Administrator participated in the process and will attend the MDS training in April related to implementation of section Q. ND has not yet designated a contact agency for NF as of this time but will be working with a large stakeholder group to develop an effective process that will meet the needs of NF residents and other stakeholders.
 12. Linda Wright provided an update on the development of the ND Aging and Disabilities Resource Center/Process in the Bismarck Region. This will be a three year process that is not planned to go statewide unless the legislature provides funds for such a project...

13. Next meeting is set for May 13, 2010 in Bismarck.

14. The October meeting will be reschedule due to a conflict with other workshops scheduled for that date.