

Member Newsletter

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North Dakota Department of Human Services

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NEW: No More Copayments

Starting Oct. 1, you will no longer have copayments for office visits, prescriptions, or other medical services you receive. Copayments are the amount you were required to pay when you visited a provider such as a doctor or filled a prescription.

You do not have to do anything for this change to happen. If a provider such as a doctor or pharmacist has questions, tell them to call ND Medicaid at 877-328-7098.

NEW: Emergency Respite Care Voucher Program

The Department of Human Services has an emergency respite care voucher program. It offers respite services for caregivers of children or adults with special needs who have an urgent need for respite care. Respite care provides relief for the usual caregiver, so the caregiver can deal with the urgent situation.

Family caregivers who are experiencing an unplanned event or crisis may qualify for the program.

An emergency includes an illness or hospitalization of the caregiver, illness of a loved one, funeral, conflict between a caregiver and someone they are caring for or risk of a job loss.

For more information and to see if you qualify, contact the Aging and Disabilities Resource Link at 855-462-5465 or visit www.nd.gov/dhs/services/adultsaging/.

Reporting Income and Other Changes

ND Medicaid members must report certain changes to their case within 10 days of the date of the change. You must report changes in your income*, household size, address, type of heat used in your home and rent subsidy status.

County social service offices must take steps to correct errors due to unreported income. **Any act or false statement intended to mislead, misrepresent, conceal or withhold facts to gain Medicaid eligibility is against the law and may be punishable through civil or criminal court.**

*Income is defined as any cash payment, which is considered available to a household for current use.

Reporting Other Health Insurance Coverage

If you or a family member have other health insurance coverage – you are required to report this to ND Medicaid or your county social service office.

Why?

Your **other** health insurance coverage may be responsible to pay your medical bills for services you received before ND Medicaid will pay.

You must cooperate by giving this information to ND Medicaid or your county social service office as soon as the other coverage is available or when applying for or updating your Medicaid eligibility, unless there is good cause not to cooperate.

Other health insurance coverage must be used prior to billing ND Medicaid for services. To report other health insurance coverage, contact your local county social service office or ND Medicaid at medicaidtpl@nd.gov or 701-328-2347.

What is Women, Infants, and Children (WIC)?

WIC is a program for pregnant women, breastfeeding women, infants, and children younger than five. It offers healthy food for proper growth and development and helps families choose healthier ways of eating.

WIC is a federal nutrition program that provides:

- Nutrition information, counseling, and support
- Breastfeeding information and support
- Nutritious foods
- Health screenings
- Referrals to other services

To **qualify** for WIC, you must:

- be pregnant, breastfeeding, a new mother, or a parent, guardian, or caretaker of an infant or child younger than five years old,
- meet income guidelines, and,
- have a nutritional health risk.

WIC staff will look for risks by checking a person's height, weight and iron count, and asking health and diet questions.

To locate a WIC office, call 800-472-2286 or visit www.ndhealth.gov/wic.

Your family's income before taxes must be below the income level, which is based on the poverty level. Income levels may change each year. Visit the WIC website or call a WIC office for current income levels.

Note: If you receive Medicaid, TANF, SNAP (food stamps), or Healthy Steps, you are income eligible for WIC, even if your income is above the guidelines.

Child Support Services are Available for Parents

Applying for child support is easy and services include:

- **Genetic Testing** – Sometimes called DNA testing, is available at no charge when a child's biological father has not been legally established.
- **Child Support and Medical Support Orders** – Child Support services will help to establish an order for child support and medical support unless an order already exists.
- **Enforcement Actions if a Parent Does Not Pay Child Support** – Many enforcement tools are available including intercepting tax refunds,

reporting to credit bureaus, suspending driver's and professional licenses, denying passports, and freezing and taking certain property.

- **Review and Adjustment** – Child Support will review the support amount every 18 months at the request of either parent.
- **Payment Plan, Employment Services, Autopay** – Available for the parent who pays support to help manage payments, and when necessary, help get caught up with any past due support.

Apply for Child Support services online at www.childsupportnd.com or call **701-328-5440** or **1-800-231-4255** and request an application.

ND Medicaid partners with NDQuits

If you use tobacco or vape, you've probably thought about quitting. NDQuits is a **free** service to help you quit.

To be covered by ND Medicaid, medications including those sold over-the-counter, require a prescription, PLUS an approved prior authorization. There are **seven medications covered by ND Medicaid** when you enroll with NDQuits:

- Nicotine patch
- Nicotine gum
- Nicotine lozenge
- Nicotine inhaler
- Nicotine nasal spray
- Bupropion (Wellbutrin)
- Varenicline (Chantix)

Here is what you need to do:

Call NDQuits (1.800.QUIT.NOW) to enroll in free telephone coaching.

Once enrolled, you will receive an enrollment letter and a Prior Authorization Form in the mail.

Contact your doctor to get a prescription for medication to help you quit.

Have your doctor or pharmacy fill out the Prior Authorization Form and fax the form, along with your enrollment letter, to 866.254.0761.

Be sure to include the quit date under Part IV of your Prior Authorization Form.

NDQuits
1.800.QUIT.NOW
www.ndhealth.gov/ndquits