

Health Tracks

(Early and Periodic Screening,
Diagnosis, and Treatment - EPSDT)

Preventive health care for children
and young adults under the age of 21.

Health Tracks may include:

- Physical exams
- Hearing and vision checks
- Glasses and hearing aids
- Vaccines (shots) and labs
- Dental care, braces, fluoride varnish
- Health education
- Behavioral health screenings
- Growth and development checks
- Nutrition counseling
- And other health services

Health Tracks benefits
may be available to
Medicaid members
at no charge.

Schedule an
appointment
today.

Contact
your human
service zone,
public health unit,
or primary care
provider.



Health Tracks

Screening is recommended at these ages:

- Newborn
- 2-5 days old
- 1 month
- 2 months
- 6 months
- 9 months
- 12 Months
- 15 Months
- 18 Months
- 24 Months
- 30 Months
- Every year from age 3 through 20

Dental Care

- First visit - after a child's first tooth appears or by age one, or sooner, if a problem occurs
- Checkups every six months

NORTH
Dakota
Be Legendary.™

Human Services

Learn more at:

www.nd.gov/dhs/services/medicalserv/health-tracks

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