



# **Overview of Services that Support In-home and Community Living for People with Disabilities**

*(For Professionals)*

- Home and Community – Based Services
- Older American Act Programs
- PACE
- Money Follows the Person
- Children with Medically Fragile Needs
- Medicaid Buy-In Program

# Home and Community-Based Services HCBS

**Services for Elderly & Physically Disabled  
Individuals within their Communities!**

**Programs are:**

Expanded Services for the Elderly & Disabled (EXSPED)

Service Payment for the Elderly & Disabled (SPED)

Medicaid State Plan – Personal Care (Level A or B)

Medicaid Waiver for Home & Community Based  
Services

Technology Dependent Medicaid Waiver



# Home and Community-Based Services

## HCBS

### Programs focus on:

Individual needs/ Choice of services/ Choice of who provides care/ and Maintaining as much independence as possible.

### Possible help with:

#### ADL's

Bathing, Dressing, Toileting, Transferring Bed/Chair, Continence, Eating/Feeding, Mobility Inside the Home

#### IADL's

Preparing Meals, Housework, Shopping, Managing Money, Laundry, Taking Medication, Transportation, Use of Telephone and Mobility Outside the Home

#### Plus

Care of eyes/teeth/nails/and skin, money management, exercise and temp/pulse/respiration/blood pressure, oxygen.



# Home and Community-Based Services

**Expanded Services for the Elderly and Disabled (EXSPED)**

**Service Payments for the Elderly and Disabled (SPED)**

## Services in Both Programs

- ✿ Adult Day Care   ✿ Adult Foster Care   ✿ Chore   ✿ Homemaker   ✿ Respite
- ✿ Environ. Mod.   ✿ Family Home Care   ✿ Emergency Response System
- ✿ HCBS Case Management

## **Additional Service under SPED**

- ✿ Personal Care Service

### **Functional Eligibility**

Not severely impaired in ADL's of: Toileting, transferring and Eating AND  
 Impaired in 3 or 4 following IADL's: Meal prep, housework, laundry, and med. assistance OR  
 Have health, welfare or safety needs, including requiring supervision or structured environment.

### **Functional Eligibility**

Impaired in 4 ADL's OR impaired in 5 IADL's.  
 18 yrs. old: screened for a nursing facility care. AND impairments must have lasted or are expected to last 3 months or more.

### **Financial Eligibility**

Medicaid Eligible

### **Financial Eligibility**

Income & Asset Based / Sliding Fee Scale  
 Resources \$50,000 or less

**Both programs cap at: \$1731.00**

# Home and Community-Based Services Medicaid State Plan Personal Care – Level C

## Service

- Personal Care Service

## Functional Eligibility

- Impaired in 5 ADL's
- No units allocated to the tasks of Laundry/ shopping or Housekeeping.

## And

- Screened for nursing Level of Care

## And

- Prior approval from the Department

Cap: 1200 units per month



# Home and Community-Based Services

## Medicaid State Plan Personal Care – Level A

### Service

- Personal Care Services

### Functional Eligibility

- Impaired in 1 ADL  
**or**
- Impaired in 3 of the following 4 IADL's: Meal Prep, Housework, Laundry, Medication Assistance

**Cap: 480 units per month**

## Medicaid State Plan Personal Care – Level B

### Services

- Personal Care Services

### Functional Eligibility

- Impaired in 1 ADL  
**or**
- Impaired in 3 of the following 4 IADL's: Meal Prep, Housework, Laundry, Medication Assistance  
**And**
- Screened for nursing facility Level of Care screening.

**Cap: 960 unit per month**

# Home and Community-Based Services

## Medicaid Waiver

### Services

Adult Day Care      Adult Foster Care      Adult Residential  
Chores      Emergency Response System      Homemaker  
Transitional Care      Family Personal Care      Extended Personal Care  
Respite      Environmental Modification      HCBS Case Management  
Non-Med Transportation      Supported Employment  
Specialized Equipment/Supplies      Home Delivered Meals

### Functional Eligibility

Screened for nursing facility Level of Care  
Age 16 and over and physically disabled

### Financial Eligibility

Medicaid Eligible

### Cap:

Limited to the highest monthly rate allowed to a nursing facility within the rate setting structure of the Department

# Home and Community-Based Services

## Technology Dependent Medicaid Waiver

### Service

- ▲ Attendant Care Service  
(Nurse Management/ Attendant Care Service Provider)
- ▲ Case Management

### Functional Eligibility

- ✓ Medically stable.
- ✓ Screened for nursing facility Level of Care.
- ✓ Vent dependent at least 20 hours per day.
- ✓ Has informal caregiver system for a contingency plan
- ✓ Age 18 and over and physically disabled or be at least over 65 years of age.

### Financial Eligibility

Medicaid Eligible

### Cap:

Limited to the highest monthly rate allowed to a nursing facility within the rate setting structure of the Department.

# Home and Community-Based Services

## What are the Services?

**Adult Day Care:** Group setting designed to offer support services during the day.

**Adult Family Foster Care:** provides a safe family living environment, 24 hrs per day in a state licensed setting.

**Adult Residential:** 24 hr a day living arrangement that offers an array of services to maintain or improve independence.

**Attendant Care:** includes a nurse manager to train an attendant care provider to complete specific tasks for a eligible individual who is on a ventilator.

**Case Management:** provides assistance in accessing services throughout the state.

**Chore Service:** includes snow removal and heavy cleaning.

**Emergency response system:** provides telephone emergency response.

**Environmental Modification:** modifies the home to enhance client independence.

**Extended Personal Care:** includes a nurse trainer to train a personal care service provider to complete specific tasks for a eligible individual.

**Family Home Care & Family Personal Care:** pay a family caregiver who meets the requirements and resides in a client's home.

**Homemaker Services:** includes house cleaning, laundry and/or meal preparation.

**Home Delivered Meals:** includes nutritional meals in home delivered settings.

**Non-Medical transportation:** a ride to get food, go to the post office, bank etc.

**Personal Care Services:** helps with bathing, dressing, transferring and toileting.

**Respite Care:** provides temporary relief to primary caregivers.

**Specialized Equipment:** provides special equipment to reduce the need for human help.

**Supported Employment:** on the job supervision and training.

**Transitional Care:** includes assisting and teaching daily living skills to promote independence



# Home and Community-Based Services

## Who Provides the Help

**Qualified Service Provider (QSP):** is an **individual** or **agency** that has demonstrated **competency in all of the standards** for enrollment as a provider and has been designated by the Department of Human Services as a QSP.

- **Individual Provider:** A **self employed** person who has been designated by the Department of Human Services as a QSP which allows that person to bill the Department of Human Services for services authorized and provided.
  - An Individual QSP can be a friend, neighbor, family member, or other individual who has met the standards for the service they provide.
- **Agency Provider:** An agency that enrolls with the Department of Human Services as a QSP, which allows that agency to bill the Department of Human Services for services authorized and provided.
  - Staff members employed by an Agency must meet all the standards for the service they provide .



# Home and Community-Based Services HCBS

To find the right program for you!



**START**

Contact



**START**

**Your Local County Social Service Office**

**Or**

**N.D. Aging & Disability Resource – LINK**

**1-800-451-8693**

**Or**

**[www.carechoice@nd.gov](mailto:www.carechoice@nd.gov)**

# Older Americans Act Programs

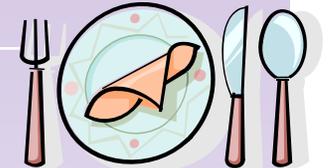
## Nutrition Services Program

### Services

Congregate Meals / Home-Delivered Meals/ Nutrition Screening  
Nutrition Education/ Nutrition Counseling

### Eligibility

- Individuals age 60 and over and spouse, regardless of age
- Volunteers under age 60 providing meal services during meal hours
- Individuals with a disability under age 60 in a housing facility primarily occupied by older individuals where there is an Older Americans Act meal site
- Individuals with a disability under age 60 who reside with an eligible client



### Program Income

Clients provided the opportunity to contribute to the cost of the service  
No client is denied service due to inability or unwillingness to contribute

Means test may not be used

Suggested contribution schedule that considers income ranges may be developed

# Older Americans Act Programs



## Supportive Services Programs

### Services

Health Maintenance

Outreach

Legal Assistance

Assistive Devices

\*Senior Companion

### Eligibility

Individuals age 60 and over

\*Senior Companion

Volunteers-individuals age 60 and over meeting income requirements at 125% of poverty or below with special consideration given to those at 100% of poverty

Recipients – individuals age 60 and over who are homebound; not living in a long-term facility

### Program Income

Clients provided the opportunity to contribute to the cost of the service

No client is denied services due to inability or unwillingness to contribute

Means test may not be used

Suggested contribution schedule that considers income ranges may be developed

# Older Americans Act Programs

## Family Caregiver Support Program

### Services

**Information** about local services and supports

**Assistance** from a trained Caregiver Coordinator to help caregivers assess needs and access support services

**Counseling, Support Groups and Training** for individual and family

**Respite Care** for caregivers

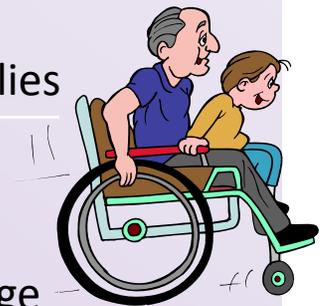
**Supplemental Services** to help with cost of equipment or supplies

### Offering Help to Caregivers Who Are:

➔ Caring for an adult age 60 or older

➔ Caring for an individual with dementia regardless of age

➔ Age 55 years or older and caring for grandchildren or other young relatives who are age 18 or younger



### Program Income

Clients provided the opportunity to contribute to the cost of the service

No client is denied service due to inability or unwillingness to contribute

Means test may not be used

# Older Americans Act Programs

## Ombudsman Program

### Services

Investigate and resolve complaints made by or on behalf of residents of long-term care and assisted living facilities

Community Volunteer Ombudsman assist regional ombudsman and provide on-going presence in assigned facilities



### Eligibility

Residents of nursing facilities, hospital swing beds, basic care, sub-acute and transitional settings and assisted living facilities

Community Volunteer Ombudsman must be 18 years of age or over; must complete initial and on-going training

### Program Income

Not applicable

# Older Americans Act Programs

## Vulnerable Adult Protective Services Program

### Services

Evaluation of alleged abuse, neglect, self-neglect, or exploitation

Assess need for referral or arrange for provision of services if vulnerable adult accepts/consents to services

Assist with the provision of surrogate decision making, if needed

### Eligibility

Individuals age 18 and over or a minor emancipated by marriage who has a substantial mental or functional impairment that compromises health, safety, or independent life style; does not include individuals residing in a long-term care facility or a group home for an identified population

### Program Income

Not applicable



# Older Americans Act Programs

## Contact Information

**N.D. Aging and Disability Resource-LINK**

**1-800-451-8693**

**[www.carechoice@nd.gov](mailto:www.carechoice@nd.gov)**

**OR**

**All Regional Human Service Centers**



# Program of All-inclusive Care for the Elderly PACE

- Program provides a comprehensive service delivery system which includes all needed preventive, primary, acute and long term care services so that individual can continue living in the community.
- A team of Health care professionals from different disciplines assesses each participant's needs, develops a care plan, and delivers all services.



NEW



NEW

# Program of All-inclusive Care for the Elderly PACE

## Who Can Participate?

- Anyone age 55 or older,
- Be eligible for nursing home level of care, and
- Live in a PACE service area.

## Where are they located?

Northland PACE Senior Care Services has two locations.

- Bismarck
- Dickinson



# Program of All-inclusive Care for the Elderly PACE

- An **Adult Health Center** providing services to the elderly to be minimally but not limited to:
  - primary care services
  - restorative therapies
  - supportive services
  - nutritional counseling
  - social services
  - personal care
  - meals
  - recreational therapy



## **Supplemented by:**

in-home and referral services

## **Can also include:**

acute care and nursing facility services

# Program of All-inclusive Care for the Elderly PACE

For information about PACE and how to enroll  
into the program

## Contact

Northland PACE Senior Care Services

Bismarck: 701-751-3050

Dickinson: 701-456-7262

Toll Free: 1-888-883-8959



# Money Follows the Person

## GOALS

To transition individuals from institutions to the community of their choice, by providing the coordination of services and resources to support their long-term independent living goals.

To increase the use of Home Community Based Services.

To eliminate barriers that restrict the use of Medicaid funds to institutions rather than providing support in the setting of the individual's choice.



# Money Follows the Person

## **Grant to assist:**

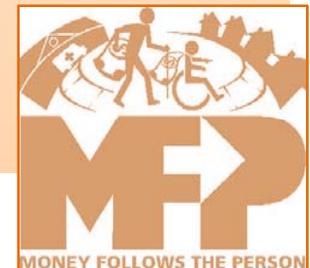
Individuals with physical disabilities and/or are elderly who reside in a nursing facility (NF)

Or

Individual with developmental disabilities who reside in a intermediate care facility (ICF/MR)

## **Move**

to a community of their choice!



# Money Follows the Person

## Eligibility for Interested Individuals

- ✦ Wants to return to community.
- ✦ Is Medicaid eligible.
- ✦ Meets Institutional Level of Care criteria.
- ✦ Has resided in institution for a minimum of 3 months.



# Money Follows the Person

## Eligibility for Individuals:

- ➔ Wants to return to community.
- ➔ Is Medicaid eligible.
- ➔ Meets Institutional Level of Care criteria.
- ➔ Has resided in institution for a minimum of 3 months

## Eligible Community Residence

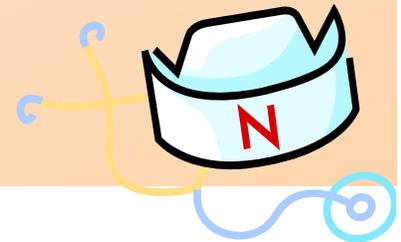
- ➔ A home owned or leased by the individual or the individual's family member;
- ➔ An apartment with an individual lease, with lockable access and egress, and which includes living, sleeping, bathing, and cooking areas over which the individual or the individual's family has domain and control; and
- ➔ A residence, in a community-based residential setting, in which no more than 4 unrelated individuals reside i.e. Adult Foster Care or Community Group Home



# Money Follows the Person

## Demonstration Service

- Transitional Coordination Services
  - Developmental Disabilities Program Manager
  - Center for Independent Living
- 24 Hour Back-up On Call Nursing Services



# Money Follows the Person

## Assistance with:

- ➔ Health and Safety Technology
- ➔ Security and Utility Deposits
- ➔ Home Modifications
- ➔ Adaptive Equipment
- ➔ Home/ Apartment Furnishings – linens, dishes, small appliances, furniture
- ➔ Assistive Technology Devices
- ➔ One Time Modifications for a vehicle owned by the individual



# Money Follows the Person

Jake Reuter, Program Manager

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Fax: 701-328-4875



E-mail: [jwreuter@nd.gov](mailto:jwreuter@nd.gov)

Website:

<http://nd.gov/dhs/info/pubs/mfp.html>

# Children with Medically Fragile Needs

Program to assist families in keeping their child home instead of placing them in a nursing home/hospital to receive needed care.



A “Parent Driven” program!

Meaning parents determine what their family can or cannot do and the parent identifies what it will take for the family to be able to keep their child at home.



# Children with Medically Fragile Needs



## Who is a Medically Fragile Child?



A child who has a serious illness or condition, which is anticipated to last at least 12 or more months.

A child who has medically intensive needs, and prolonged dependency on medical care and medical technology.

A child who at times, maybe medically stable; but still may require skilled nursing care to specialized medical equipment and supplies to enhance or sustain their lives at home.



# Children with Medically Fragile Needs

## Who is eligible?

- ✦ Child who qualifies for Medicaid
- ✦ Between the ages of 3-18
- ✦ Eligible to receive care in a nursing home
- ✦ Child is living in their legally appointed caregiver's home.

## Available Assistance in:

- Transportation,
- Dietary supplements
- Individ. & family counseling
- In-home support
- Equipment & supplies
- Environmental mod.
- Institutional respite
- Case management



# Children with Medically Fragile Needs

Program Manager at 328-3701  
1-800-755-2604



Applications found at:  
[nd.gov/forms/394](http://www.nd.gov/forms/394)



# Children with Disabilities Medicaid Coverage “Medicaid Buy-In”

- Families with income up to 200 percent of poverty can “buy in” to Medicaid coverage for a child with disability.



- Program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium.

# Children with Disabilities Medicaid Coverage

## To Qualify

- Child must be under age 19
- Child must be considered disabled by use of ND Social Security Administrations definition of disability.
- Family 's total net countable income cannot exceed 200 percent of the Federal Poverty Level



## Other Requirements

- If either of the child's parents has medical coverage available for the child through an employer AND the employer pays at least half of the premium, the child must be enrolled in the private coverage.
- Family can have any private coverage and qualify for the buy-in.
- There is no asset limit for this coverage.

# Children with Disabilities Medicaid Coverage



## Premiums



- Families of qualifying children pay a monthly premium equal to five percent of the family's gross countable income.
- If the child is covered by other health insurance, the premium for Children with Disabilities Medicaid Coverage will be reduced by the premium amount paid by the family for the other insurance.



# Children with Disabilities Medicaid Coverage

**Who to call !**



**For information/ enrollment or just a question?**

**Call Your**

**Local County Social Service Office**

