Human Services and DeCoteau Trauma-Informed Care and Practice, PLLC partner to expand mental health services to North Dakotans impacted by the pandemic

Grant funding targets 17 counties, tribal communities and establishes new clinic in Dickinson

BISMARCK, N.D. – The North Dakota Department of Human Services’ Behavioral Health Division and DeCoteau Trauma-Informed Care and Practice, PLLC have partnered to expand access to mental health services for North Dakotans living in 17 counties and tribal communities who have been impacted by the COVID-19 pandemic.

Recently, the division awarded a $495,000 emergency COVID-19 grant to DeCoteau Trauma-Informed Care and Practice to provide pandemic-related mental health treatment and recovery support to adults living in Benson, Bottineau, Bowman, Burke, Burleigh, Dunn, McLean, McHenry, Mercer, Ramsey, Renville, Rolette, Sioux, Stark, Towner, Ward and Williams counties.

The grant funding will also help establish a third clinic in Dickinson, which is set to open on June 1. Currently, DeCoteau Trauma-Informed Care and Practice has clinics in Bismarck and Garrison. Individuals will be able to access mental health assessments and counseling services in person or by telehealth.

“We are honored to be a recipient of this grant. It will allow us to serve individuals in some of the most rural and COVID-impacted counties in the northern and western portions of the state,” said Dr. Tami DeCoteau. “As an outpatient mental health clinic provider, we are acutely aware of the need for accessible mental health care for people experiencing depression, anxiety or other mental health issues.”

The emergency COVID-19 grant is funded by the federal Department of Health and Human Services, Substance Abuse and Mental Health Services Administration.

“We are pleased to work with DeCoteau Trauma-Informed Care and Practice,” said Tami Ellison Conrad, the division’s mental health programs administrator. “Establishing a clinic in Dickinson and providing services in tribal communities will increase availability of mental health services in some of the most underserved areas of the state.”

To learn more about accessing these expanded mental health services, contact DeCoteau Trauma-Informed Care and Practice at 701-751-0443 or visit decoteauphysiology.com.

Anyone experiencing a behavioral health crisis should call 211 for immediate help 24-hours a day, 7 days a week, including weekends and holidays. Trained specialists offer support and counseling over the phone, initiate mobile crisis response if needed or can provide referrals to appropriate community resources.

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The department’s Behavioral Health Division is responsible for reviewing and identifying service needs and activities in the state’s behavioral health system to ensure health and safety, access to services and quality services. It also establishes quality assurance standards for the licensure of substance use disorder program services and facilities and provides policy leadership in partnership with public and private entities. Learn more about the work of the division at www.behavioralhealth.nd.gov.

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