

NEWS RELEASE | **FOR IMMEDIATE RELEASE** | November 23, 2021

North Dakota Department of Human Services announces webinars to spotlight options for at-home care

BISMARCK, N.D. – The North Dakota Department of Human Services announced that it will be hosting webinars beginning this month to spotlight services it funds that give adults with physical disabilities and older adults options beyond nursing home care.

The first webinar is scheduled for Nov. 24, from 12 to 12:30 p.m. CST, and will focus on community supports and residential habilitation services that can include training to help people develop self-help and adaptive skills, as well as up to 24-hour daily support in qualifying individuals' home.

Community entities that work with adults with physical disabilities who need support to live in the community are encouraged to participate online or by conference call. Individuals who could benefit from services and their family members are also welcome to join the webinar.

Participation details are online at <https://bit.ly/30SaACc>. Webinars will be recorded and available for viewing at <https://www.nd.gov/dhs/services/adultsaging/>. Individuals who need disability accommodations to participate can contact Michele Curtis at 701-328-8679, 711 (TTY) or mimcurtis@nd.gov.

Approved during the 2019 legislative session, residential habilitation and community support are all-inclusive programs, meaning care is coordinated and includes a wide range of service options to meet individual needs. Services may include care coordination, homemaker services, meal preparation, personal care services such as dressing and bathing, medication management, supervision, transportation, help developing social skills and community connections and more.

Community entities must be enrolled as an agency qualified service provider (QSP) and complete required training to be paid to provide these in-home and community-based services.

The Aging and Adult Services Division works with partners to help older adults and adults with physical disabilities remain living in their own homes and communities. The division also acts to protect the health, safety, welfare, and rights of residents of long-term care settings and vulnerable adults living in the community.

North Dakotans can get help finding in-home and community-based long-term services and support by contacting the state's Aging and Disability Resource Link toll-free at 855-462-5465, 711 (TTY) or email carechoice@nd.gov. Individuals can also apply for these services online or search the online database at <https://carechoice.nd.assistguide.net/>.

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