

**NEWS from the North Dakota Department of Human Services  
600 East Boulevard Avenue, Bismarck ND 58505**

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## **Department of Human Services announces promotions and behavioral health leadership reorganization**

BISMARCK, N.D. – The North Dakota Department of Human Services today announced the reorganization of behavioral health services including the promotions of Rosalie Etherington and Jeff Stenseth, and an expanded and collaborative state role for Medical Director Andrew McLean. Etherington, Stenseth, and McLean will assume their new roles on October 1.

The organizational changes affect the department's eight regional human service centers and the North Dakota State Hospital. Together, and with contracted community partners, the regional centers and State Hospital provide behavioral health services to people affected by addiction and mental illness. Services include outpatient treatment, case management, community residential services, crisis response services, and inpatient behavioral health care.

Department Executive Director Maggie Anderson said behavioral health needs are growing, and the changes in department structure and leadership roles will help meet emerging needs more effectively.

Anderson said, "According to the Substance Abuse Mental Health Services Administration, by 2020 mental and substance use disorders will surpass all physical diseases as the major cause of disability worldwide."

"The new structure and staff in the leadership roles within the department's behavioral health system will strengthen the services provided by the public behavioral health system. It will also increase our collaboration with partners and stakeholders statewide, as we work to ensure North Dakota has the necessary prevention, treatment, and recovery services available," she said.

### **Etherington named Chief Clinics Officer**

Anderson appointed **Rosalie Etherington**, Ph.D., Chief Clinics Officer. Etherington will provide overall leadership to the eight regional health service centers located in Bismarck, Devils Lake, Dickinson, Fargo, Grand Forks, Jamestown, Minot, and Williston. She will also continue to serve as superintendent of the 304-bed North Dakota State Hospital in Jamestown.

Anderson initially appointed Etherington State Hospital superintendent in May 2015. Etherington previously held the position of clinical director for inpatient services at the hospital. She has 22 years of experience in quality management, program development, and operationalizing regulations and requirements in a behavioral health setting.

Etherington has a doctorate in clinical psychology from the California School of Professional Psychology. She is a native of Center, N.D.

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## **Stenseth to manage regional human service center operations**

Regional human service center director **Jeff Stenseth** was appointed Statewide Clinics Operations Director for the department. He will report to Etherington and will assist her by overseeing operations of the eight regional human service centers to ensure that accreditation and projects such as strengthening treatment and recovery services are achieved. He will also continue to serve as director and manage the daily operations of Southeast Human Service Center (SEHSC) in Fargo.

Stenseth was appointed regional director of the Fargo and Jamestown regional human service centers in 2012. He has held other positions including supervisor of the serious mental illness case management team and admissions and regional intervention services team, director of the extended care unit, and assistant director at SEHSC. He also assisted in the statewide implementation of the Integrated Dual Diagnosis Treatment program, which began as a pilot in Fargo for people who have both chronic addictions and serious mental health issues.

Stenseth joined the department in 1998. He has a master's degree in counseling from Minnesota State University, and a bachelor's degree in psychology from California State University. He is a native of Crary, N.D.

Anderson said the department is reviewing regular on-site management responsibilities at South Central Human Service Center in Jamestown.

## **McLean accepts Chairmanship of UND Department of Psychiatry and Behavioral Science**

Anderson also announced that Medical Director Andrew McLean, M.D., MPH, has accepted an offer from the University of North Dakota (UND) to lead the medical school's psychiatry department.

She said he will continue to serve as medical director for the state agency and to provide some direct clinical care and support using telemedicine technology.

McLean said, "I am very pleased to have the opportunity to serve as chair of the UND School of Medicine and Health Sciences' Department of Psychiatry and Behavioral Science while continuing my work as medical director to serve North Dakotans who have behavioral health needs."

Both McLean and Anderson describe it as a unique opportunity they hope will align state agency and medical school efforts to enhance behavioral health awareness and care in North Dakota.

McLean joined the Department of Human Services in 1992 as staff psychiatrist and co-medical director at Southeast Human Service Center. He became medical director of the State Hospital, North Dakota Developmental Center, and Southeast in 2006 and accepted the position of medical director of the department in 2009.

A Hillsboro, N.D., native, McLean earned his medical degree from UND and completed his psychiatry residency at the University of Wisconsin. He also earned a master's degree in public health from the University of Minnesota. McLean has taught in the Department of Psychiatry at UND's School of Medicine and Health Sciences for over 20 years.