

**NEWS from the North Dakota Department of Human Services  
600 East Boulevard Avenue, Bismarck ND 58505**

**FOR IMMEDIATE RELEASE  
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For more information, contact: Heather Steffl at 701-328-4933 or LuWanna Lawrence at 701-328-1892

## **Recovery Month events raise awareness about treatment and recovery from addiction or mental health concerns**

BISMARCK, N.D. – The N.D. Department of Human Services and community partners are supporting local Recovery Month events in Bismarck, Fargo, Grand Forks, and Jamestown, Sept. 7-12, 2014, to raise awareness about the benefits of prevention, treatment, and recovery from mental health and substance abuse disorders.

“We are pleased to support four events this year,” said DHS Division of Mental Health and Substance Abuse Services Director JoAnne Hoesel. “Recovery Month is an opportunity for all members of our communities to recognize behavioral health issues and to reach out to help others, as well as themselves.”

Free Recovery Month public events include:

### **Bismarck**

- A **community celebration** including a **5k Run/Walk**, food, and family-friendly entertainment will be held Sunday, **Sept. 7**, from 2 to 5 p.m., at Cottonwood Park. Registration for the walk begins at 12:30 p.m. Organizers include the Heartview Foundation, New Freedom Center, and the department’s West Central Human Service Center.

### **Fargo**

- The Fargo Coalition of Treatment providers is hosting a free **picnic and walk** to celebrate Recovery Month on Friday, **Sept. 12**, 5-8 p.m. at Gooseberry Park, 100 22nd Ave. S., Moorhead, MN. The free event features live music, food, prizes and fellowship. Sponsors include: Prairie St. John’s, Center Inc., Red River Recovery, Positive Solutions, the department’s Southeast Human Service Center, Avail Psychological, Anchorage, Recovery Worship, Gull Harbour, First Step Recovery, Drake, and Lost & Found.

### **Grand Forks**

- Mountainbrooke Recovery Center, Start Somewhere Counseling, Prairie Harvest Mental Health, and the department’s Northeast Human Service Center are hosting the **Second Annual Rally for Recovery**, Friday, **Sept. 12**, 4:30-8 p.m., at Riverside Park Shelter, 100 First Ave. N. The event will include a scenic Serenity Walk, informational booths, healthy lifestyle demonstrations, live entertainment, and food and door prizes. There is no cost to enjoy the public event.

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## Recovery Month Events planned for Sept. 7-12

### Jamestown

- The James River Correctional Center is hosting a one mile **Recovery Walk** on Wednesday, **Sept. 10**, at 5:30 p.m. at the Sertoma Shelter in McElroy Park that will also provide food, music, fellowship, and other activities promoting substance addiction recovery.

Recovery Month events are funded by the federal Substance Abuse Mental Health Services Administration (SAMHSA) and sponsored by the N.D. Department of Human Services. Details are online at <http://recoverymonth.gov/Community-Events/Find-An-Event.aspx>.

View the Recovery Month proclamation signed by Gov. Jack Dalrymple online at <http://governor.nd.gov/media-center/proclamation/behavioral-health-recovery-month>.

In North Dakota, public and private professionals and organizations provide prevention, treatment, and support services promoting addiction and mental health recovery. To help people find treatment, SAMHSA has a mental health treatment program locator online at <http://findtreatment.samhsa.gov/MHTreatmentLocator/faces/quickSearch.jsp> and a drug and alcohol abuse treatment program locator at <http://findtreatment.samhsa.gov/TreatmentLocator/faces/quickSearch.jsp>.

During State Fiscal Year 2014, the N.D. Department of Human Services' eight regional human service centers provided substance abuse and mental health services to 19,612 individuals. Information about the regional human service centers is on the Web at <http://www.nd.gov/dhs/locations/regionalhsc/index.html>.

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