

NEWS from the North Dakota Department of Human Services

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FOR IMMEDIATE RELEASE

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Northern Plains Conference on Aging and Disability is Oct. 1-3 in Fargo

BISMARCK, N.D. – The 2013 Northern Plains Conference on Aging and Disability “*Unleashing the Power of Age, Health, and Gender*” will be held Oct. 1-3, 2013, at the Ramada Plaza Suites in Fargo. The conference features keynote presentations by Dr. Bruce Weinstein, “*The Ethics Guy*” on “Ethical Intelligence”; Viki Kind on “Making Choices for Those Who Can’t”; Dr. Cathy Breedon on “Hot Topics in Nutrition”; and Amy Goyer on “Caring for Loved Ones.”

Sessions include workshops on help for caregivers, steps to help families avoid probate court, serving diverse populations of elders, treatment options for obesity, impact of spirituality and religion on dementia care, sleep and its impact on quality of life, benefits of aromatherapy in dementia care, obsessive compulsive disorder, new research aimed at treating symptoms and preventing Alzheimer’s disease, and more. Conference programming also includes meals, refreshments, door prizes, exhibit booths, and the opportunity to network with a wide spectrum of attendees.

The three-day event is intended for caregivers, advocates, health and social service professionals, older individuals and people with disabilities, students, and others involved or interested in the field of aging-related services.

Individuals needing accommodations, auxiliary aids, or special dietary arrangements should call Sandy Arends at 888-342-4900 prior to the conference.

People can get a registration form and brochure online at www.northernplainsconference.com/. About 350 people attended the conference last year.

Major event sponsors include Dakota Medical Foundation, AARP North Dakota, Dakota Medical Foundation, Alzheimer’s Association MN-ND Chapters, Bethany Retirement Living, JD Legal Planning PLLC, Lutheran Social Service of Minnesota, N.D. Governor’s Committee on Aging, Ucare, United Way of Cass-Clay, and Valley Senior Services. Other sponsoring organizations include Blue Cross Blue Shield of ND (Flint Communications), the Coalition of Service Providers to the Elderly of Cass and Clay counties, Riverview Place, Touchmark at Harwood Groves, and Nor-Son, Inc.

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