



**Prevention Resource & Media Center**  
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**NEWS from the N.D. Department of Human Services**  
**600 E Boulevard Avenue, Bismarck ND 58505-0250**

FOR IMMEDIATE RELEASE  
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***April is Alcohol Awareness Month***  
**Department of Human Services Encourages ND Community Members to Utilize Substance Abuse Prevention Materials**

Bismarck, N.D. – April is Alcohol Awareness Month. The N.D. Department of Human Services’ Division of Mental Health and Substance Abuse Services encourages North Dakotans to take this time to educate themselves and others about substance abuse prevention.

The department’s Prevention Resource and Media Center (PRMC) provides free substance abuse prevention information and materials to help communities, schools, and individuals enhance local prevention efforts. The information is online at [www.nd.gov/dhs/services/mentalhealth/prevention/prmc.html](http://www.nd.gov/dhs/services/mentalhealth/prevention/prmc.html)

Parents can check out the “*Kids Daily Dilemmas*,” a collection of cards that helps their children develop and practice making good decisions in difficult situations. Games, DVDs, and substance abuse prevention curriculums are available for educators to use in the classroom. Community members can request pamphlets to distribute at local events.

“This month provides an opportunity to raise awareness of local substance abuse issues,” said Laura Anderson, PRMC administrator. “The PRMC has something for everyone from law enforcement officers, to counselors, to community members.”

The Prevention Resource and Media Center also distributes an e-newsletter throughout the year, which covers local substance abuse prevention efforts and other topics. To sign up for the e-newsletter, go online to [www.nd.gov/dhs/services/mentalhealth/prevention/newsletter.html](http://www.nd.gov/dhs/services/mentalhealth/prevention/newsletter.html)

Materials from the PRMC are free to North Dakota residents and can be shipped at no cost. For more information on Alcohol Awareness Month, contact the N.D. Department of Human Services’ Prevention Resource and Media Center at 701-328-8918, toll-free 1-800-642-6744, ND Relay TTY 1-800-366-6888, or visit the Web site at [www.nd.gov/dhs/prevention](http://www.nd.gov/dhs/prevention).

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