

**NEWS from the North Dakota Department of Human Services  
600 East Boulevard Avenue, Bismarck ND 58505**

**FOR IMMEDIATE RELEASE  
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**Drayton to host Governor's Committee on Aging Educational Forum May 5  
*May is Older Americans Month***

BISMARCK, N.D. – The Region IV Council of the Governor's Committee on Aging is hosting an education forum on Thursday, May 5, 2011, from 11 a.m. to 4:30 p.m. in Drayton, N.D. The forum will feature presentations on healthy living, mental health wellness, rural healthcare, and more.

The festivities kick-off at 11 a.m. at the Drayton Senior Center, 200 North Main Street, with free blood pressure checks followed by a senior noon meal.

The event moves to the Tisdale Manor housing facility in Drayton, 509 West Almeron Avenue, at 1 p.m. for a presentation on rural health and health care. Brenda Monson, project coordinator for North Dakota Disability Health and North Dakota Senior Medicare Patrol, will share information on the Affordable Care Act and healthcare fraud.

The afternoon continues with presentations on the regional long-term care ombudsman program that serves residents of long-term care facilities, as well as mental health and diabetes wellness. The forum is free and open to the public.

"May is Older Americans Month. Events like this are being held across the state to provide useful information that can make a difference in the lives of older adults," said Jan Engan, director of the N.D. Department of Human Services' Aging Services Division.

The forum is sponsored by the Governor's Committee on Aging, Northeast Human Service Center's Aging Services Unit, Walsh County Nutrition Program, and Pembina County Meals and Transportation Program.

The suggested donation for the noon meal is \$4 for people over the age of 60, and \$6.75 for other attendees. Reservations are required and can be made by calling the Drayton Senior Center at 701-454-6586 by Wednesday, May 4, 2011.

For more information on the educational forum, contact Patricia Soli at Northeast Human Service Center at 701-795-3017, or toll-free 1-888-256-6742.

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